

Introduction to Topics in Theatre and Film Studies

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Many universities and colleges offer programs in theatre and film, sometimes under different departmental names like Performing Arts or Creative Arts. Regardless of the specific title, these departments generally follow a similar curriculum, introducing students to a range of courses that are then broken down into specific topics. This journal edition focuses on key topics within theatre and film studies, aiming to enhance understanding for both students and scholars. Given the vastness of the field, this edition presents a selection of topics, with the hope of expanding on these and introducing new areas of research in future publications editions

Courses in directing are a staple in the academic journey of theatre and film students, offered at various levels of their education. Furthermore, scholarly research is dedicated to exploring and documenting advancements in directing techniques within both theatre and film. This highlights the continuous evolution and importance of directing as a field of study and practice. In this journal edition, Oliogu Obado's article introduces directing for stage and screen in Nigeria as a dynamic blend of traditional African performance elements and Western techniques, shaped by its postcolonial history. Unlike the Western focus on the director as the sole creative authority, his contribution claim that Nigerian directing (stage and screen) emphasizes communal creativity and cultural heritage, an approach that integrates rituals, music, dance, and storytelling, creating a hybrid artistic environment.

Theatre history is another field of study that students and researchers must engage with. In this journal edition, Kester and Lugard's narration focuses on the evolution of drama and theatre from ancient time. The duo explained that the history of drama and theatre is traced back to ancient civilizations. They explain that drama and theatre were integral to rituals and celebrations in Africa, Asia, and Egypt. According to them, in ancient Africa, performances involved music, dance, and masks, connecting communities with the divine. They further extended their discussion to the Medieval European theatre which was heavily influenced by the church, with liturgical dramas and mystery plays teaching biblical stories. The Renaissance, according to them brought a revival of classical drama, exemplified by playwrights like William Shakespeare. The 18th and 19th centuries saw the rise of Romanticism and Realism, influencing theatre with dramatists like Henrik Ibsen and Anton Chekhov. They mentioned that Artistic movements such as Classicism, Neoclassicism, and Avant-Garde also shaped the development of drama and theatre, each responding to its cultural and historical context. They noted that Western drama originated in ancient Greece, particularly during the festival of Dionysus, with Thespis being the first known actor. Their paper extended to Roman drama which adapted Greek plays, adding musical elements and Roman flair. Coming to Africa, they narrated that traditional African drama, rooted in local cultures and traditions, features storytelling, religious festivals, and rituals. However, they stood with writers like Oscar Brockett and Hildy, F.J who believe that the earliest known permanent theatre was the Theatre of Dionysus in Athens. They also narrated key figures in the development of drama and theatre to include Aeschylus, Sophocles, Shakespeare, Carlo Goldoni, and Gotthold

Ephraim whose contributions have significantly shaped the art form. Their narration also touches the Renaissance period which saw a revival of classical themes, while the English Renaissance, particularly the Elizabethan era, produced ground breaking works by Shakespeare and Marlowe. And that Italian Renaissance drama included humanist drama and *commedia dell'arte*, while French Renaissance drama was influenced by neoclassical ideals. This article is a marvellous piece for students and researchers of theatre history. This article provides insights into the key transformations, influences, and significant milestones that have shaped the theatrical landscape over centuries. It serves as a valuable resource for students and researchers seeking to understand the rich and complex history of theatre.

In theatre, an actor's body serves as a vital instrument of communication, while in film, tools like camera angles, editing, lighting, and sound design accentuate non-verbal cues. Ultimately, non-verbal communication shapes narrative meaning and emotional depth in both theatre and film, functioning alongside or even in opposition to spoken language. It is on this basis that Jonathan Arum and Cornelius Eze Onyekaba contributed an article: Non-verbal communication in theatre and film. In it, they stated that Non-verbal communication is a crucial aspect of human interaction, particularly in theatre and film, where it often conveys more meaning than spoken language. In these visual mediums, elements like facial expressions, body language, gestures, posture, spatial relationships (proxemics), costumes, and silence become powerful tools for storytelling. Their article mentioned that non-verbal expression has been central to performance, evolving from the exaggerated masks of ancient Greek theatre to the subtle facial expressions which is now captured in modern cinema. The article mentioned that the effectiveness of non-verbal communication lies in its dynamic interaction with other aesthetic elements such as lighting, costume, sound design, and *mise-en-scène*. While non-verbal communication is neither universal nor fixed, its interpretation is mediated by cultural and contextual frameworks. The work explored key components of non-verbal communication to include kinesics, proxemics, haptics, chronemics, appearance, and paralinguistics. Also, the article acknowledges major proponents like Konstantin Stanislavski, Jerzy Grotowski, Antonin Artaud, Rudolf Laban, Charlie Chaplin, Jacques Lecoq and Peter Brook whose works have significantly contributed to understanding non-verbal communication in theatre and film.

Josephine Awele Odunze explored Choreography and Kinesthetic in her article where she highlighted that choreography, the art of structuring movement, is fundamental to dance and other performance arts, stating further that it relies heavily on kinesthetics, the awareness of body movement and position, which is crucial for both performers and audiences. She defines choreography as a form of "movement writing" that combines artistic vision, cultural codes, and physical vocabulary, and Kinesthetic as the awareness that allows individuals to sense and interpret movement internally and externally, fostering a visceral connection between performers and spectators. Her historical exploration shows that choreography was embedded in ritual and communal performances, serving as a mode of cultural transmission. Noting that modern pioneers like Rudolf Laban, Martha Graham, and Merce Cunningham expanded choreography into a scientific study of movement and an avant-garde artistic practice. Her article also mentioned that in African contexts, choreography is intertwined with rhythm, communal participation, and symbolic gestures, encoding history, spirituality, and collective memory. However, that contemporary discourse examines choreography and kinesthetics through embodied cognition and phenomenology, highlighting their role as practical skills and theoretical frameworks. She explains in the paper that the diversity of choreographic practice is evident in traditional, classical,

modernist, contemporary, and digital forms, stating that traditional choreography serves religious and communal purposes, while classical and modernist forms prioritize individual artistry. Contemporary choreography on the other hand emphasizes improvisation and inter-disciplinarity. While Digital choreography, popularized by social media, democratizes movement creation. She narrated that choreography serves multiple functions, including artistic expression, communication, social cohesion, education, political activism, and therapy. An art form that organizes movement to evoke beauty, convey narratives, foster social bonds, enhance learning, express political views, and promote healing. The article further explicate that choreography is structured through the elements of body, space, time, energy, and relationship. The body is the instrument of movement, space defines pathways and orientations, time encompasses rhythm and tempo, energy dictates movement quality, and relationship involves connections between bodies and environments. One area of strength of Josephine's paper is the listing of key figures like Rudolf Laban, Martha Graham, Merce Cunningham, and Germaine Acogny who have shaped choreography through their innovative techniques and theories, and by mentioning that in Nigeria, Hubert Ogunde and Peter Badejo have integrated choreography into theatre and theorized African dance as an intellectual practice.

Playwriting: The Essentials by Juliana Omoifo Okoh and Obire, U. Dennis explored playwriting as a unique form of creative writing that involves crafting compelling stories, developing characters, and formatting scripts specifically for live performance. While sharing similarities with other storytelling mediums like novels, film, and radio, stage plays have distinct characteristics. Key differences lie in the live performance aspect, audience proximity, reliance on dialogue, and limited locations. Different drama genres exist, including tragedy, comedy, tragicomedy, melodrama, farce, fantasy, opera, historical drama, and docudrama, each with its own style and conventions. In their article, they explain that playwriting process involves brainstorming ideas, developing a synopsis and outline, and incorporating stage directions. Also stating that formatting a play script is crucial for clarity and professionalism, including elements like a title page, cast list, setting, and properly formatted dialogue and stage directions. The article mentioned that plays can take different forms, such as one-act, two-act, or three-act plays, each with varying lengths and complexities, and that plot structure typically follows a pattern of exposition, rising action, climax, falling action, and resolution. Noting that conflict is a driving force, and elements like foreshadowing and suspense enhance the dramatic action. Characters and characterization are essential, with various character types like dynamic, static, and archetypal characters, each serving specific functions. Language and dialogue are critical, conveying character, advancing the plot, and revealing subtext. Concluding that finalizing a play involves rewriting, editing, and seeking feedback to refine the script for production.

Obire Dennis and Ogboru Rita's contribution introduced absurdism as a philosophical and artistic movement that reflects the belief that human existence is inherently meaningless and chaotic. Originating around the 1940s, particularly after World War II, absurdism found expression in drama through the Theatre of the Absurd. This theatrical form challenges conventional dramatic structures and explores themes of hopelessness and the futility of human efforts to find order in a disordered universe. Key figures like Albert Camus and playwrights such as Samuel Beckett and Eugène Ionesco are highlighted for their contributions. Their paper also touches on how Nigerian playwrights like Wole Soyinka and Ola Rotimi have explored absurdist concepts in their works. The core elements of absurdism, including illogical plots, nonsensical language, ambiguous

characters, minimalist settings, and tragicomedy, are examined in detail, using examples from plays like Elo Ibagere's *Random Talks* and Beckett's *Waiting for Godot*. Their paper concludes by emphasizing how these elements collectively convey the meaninglessness of human existence and challenge traditional theatrical norms.

From ancient Greek dramas to modern cinema, music has evolved to enhance narrative depth and emotional impact. In theatre, live orchestration and vocal performances shape the mood and pacing, while in film, scores guide audience perception and emotional response through techniques like leitmotifs and synchronized scoring. Arum Jonathan, Akpojivi Ogbe, and Morione Joan's article travelled music as a fundamental element in theatre and film, serving as more than just background noise; but a crucial tool for storytelling, emotional expression, and audience engagement.

Tekena Gasper Mark's article investigated the importance of understanding genres in both theatre and film. It emphasizes that a solid grasp of genre is crucial for students and scholars, aiding in the interpretation and categorization of artistic works based on shared themes, styles, and structures. The article highlights that genre theory provides a framework for understanding how texts and performances are organized, interpreted, and circulated, thereby mediating relationships among creators, texts, and audiences. While the stability of genres is debated, it is generally accepted that genres evolve through repetition, adaptation, and innovation. The article traces the origins of theatre genres to classical antiquity, where tragedy and comedy were established as foundational forms. Film, shaped by industrial and technological advancements, further expanded this evolution. Mark examines specific theatre genres, including tragedy, comedy, and farce, as well as modern hybrid forms like tragicomedy and melodrama. He also acknowledges the existence of culturally specific genres, such as the Alárinjọ theatre in indigenous African traditions. Finally, the article touches on film genres like melodrama, slapstick, and Westerns, noting their established narrative formulas.

Ovunda C. Ihunwo's article, "Introduction to the Art of Acting" stressed the enduring significance of stage acting as a foundational skill, even as screen acting gains popularity. The article emphasizes the need for 21st-century actors to be versatile across stage, screen, and radio, as the fundamental acting principles remain consistent. Ihunwo defines acting beyond mere imitation, framing it as living truthfully under imaginary circumstances. He identifies four key obstacles to effective acting: self-consciousness, self-righteousness, the pressure to be perfect, and cynicism. The article also highlights the collaborative nature of successful performances, emphasizing the importance of a strong script, talented co-actors, a visionary director, comprehensive rehearsals, and effective technical elements like lighting and set design. Ihunwo stresses the importance of the actor's primary tools: the body and the voice, advocating for flexibility, awareness, expressiveness, and physical fitness. He also touches on vocal training techniques, including breathing exercises, articulation practice, and resonance development.

Parents and students who study theatre and film in universities and colleges often ask questions about career opportunities for graduates. For celerity of career choices and progression for theatre and film graduates, Onyekaba Cornelius, Alao Barakat and Adegbola Mitchel contributed an article on Career Opportunities for Theatre and Film Arts Graduates in Nigeria where they stated that the Nigerian creative industry, particularly theatre and film, significantly contribute to the nation's economy and cultural identity. Stating that Nollywood's global recognition and the resurgence of stage productions highlight the demand for skilled professionals.

They however, stated that Theatre and Film Arts graduates face challenges in translating academic training into sustainable careers due to rapidly evolving industry demands. Their article, explores career opportunities for these graduates in Nigeria, examining how personal attributes align with professional roles within the creative economy. It identifies key practitioners in various fields, including acting, directing, production design, and academia, providing insights into building successful careers. The article stated that career paths for Theatre and Film Arts graduates include performance and acting, directing and scriptwriting, technical direction and production, arts administration, and academia. Noting that each path requires a unique blend of skills and adaptability to the evolving creative landscape. Their contribution further emphasizes the need for curriculum enhancement, internships, mentorship programs, and stronger industry-academia collaboration.

The contribution of Blessing Adjeketa provides an introduction to the field of Digital Humanities (DH), addressing the fundamental question of its definition and exploring its scope and impact, particularly in the context of its emerging recognition in places like Nigeria. It begins by defining the core components: the humanities, the concept of digital, and the process of digitalization. The humanities, rooted in the study of human culture and civilization, are undergoing a transformation through the integration of digital technology, influencing research methodologies, funding opportunities, and interdisciplinary collaboration. The article traces the evolution of DH from Humanities Computing, highlighting its interdisciplinary nature and the ongoing debate surrounding its definition. The paper made it clear that DH involves applying digital tools and methodologies to humanities research, enabling scholars to explore questions in innovative ways. His paper emphasizes the collaborative nature of DH projects and the use of computational methods to analyze large datasets of cultural information. It also highlights the opportunities DH presents for re-evaluating the role of humanities in society and connecting with the past in new and immersive ways. Ultimately, his paper contribution shows that DH broadens understanding of global cultures, fosters intellectual exchange, and compels scholars to revisit core questions about knowledge creation and pedagogical approaches.

No doubt that this special edition of the AHABA Journal of Creative Arts focuses on topics vital to the fields of theatre and film. It emphasizes the importance of these topics in fostering learning, critical thinking, and artistic growth. This edition serves as a valuable resource, providing a repository of ideas, theoretical perspectives, and references for scholars and practitioners alike.

Directing for Stage and Screen in Nigeria

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INTRODUCTION

Directing for stage or screen goes beyond placing actors, arranging sets, or controlling lights. It is a creative and cultural process in which stories are shaped through performance to engage an audience. In parts of the world, directing has been shown through European theories such as Stanislavski's psychological realism and Brecht's epic theatre, where the director acts mainly as an interpreter of the script (Stanislavski; Brecht).

In Nigeria, however, directing has developed a different character. Nigerian directors work within a hybrid artistic environment, combining elements of traditional African performance such as ritual, music, dance, and storytelling with adapted Western techniques and postcolonial aesthetics (Soyinka 27). Unlike Western traditions that often focus on the director as a single creative authority, Nigerian directing is strongly influenced by communal creativity and the idea that performance belongs to the community (Ngugi 58). This makes directing both a continuation of cultural heritage and a space for innovation (Boenisch 102).

This approach is rooted in Nigeria's history. Although Western theatre and cinema arrived through colonialism, Nigerian practitioners did not simply imitate them. They indigenized these forms by incorporating masquerade, praise-singing, ritual symbolism, and other African performance traditions. This aligns with Soyinka's Fourth Stage, which views African performance as a link between the spiritual and social worlds (Soyinka 27).

Today, Nigerian stage and screen directing reflects this dual heritage. It is a dynamic blend of Western and traditional presentation that allows directors to address Nigerian realities while still producing work that resonates globally (Boenisch 102). In this way, the Nigerian director becomes both an innovator and a custodian of culture (Soyinka 27; Ngugi 58).

Forms and Types of Directing

Directing in Nigeria takes a variety of forms which reveal the cross of tradition, postcolonial reality, and international influences on art. Although the general objective is storytelling, the stylistic approaches of the Nigerian filmmakers demonstrate a deliberate compromise between imported Western patterns and local African aesthetics. We can broadly classify these forms as stage directing, screen directing, and hybridised directorial practices that swing across the borders between theatre and cinema.

A) Stage Directing

Nigeria - Nigerian stage directing is entrenched in ritual and community based performative arts. In contrast to the proscenium-arch theatre prevalent in Europe, the traditional form of African theatre has always been held outside in open-air areas where the crowd is considered to be part of

the show (Stanislawski; Brecht). This tradition is frequently reinstated by Nigerian stage directors who incorporate ritualistic elements into the Western patterns of drama. Ola Rotimi concept of total theatre is a blend of music, dance, chants, and dramatic text and is the whole performance in the production of *The Gods Are Not to Blame* (Rotimi). In a like manner, Segun Adefila and his Crown Troupe use ritualized performance that incorporates community storytelling, improvisation, masking, and satire-reaffirming theatre as a participatory performance art (Adefila).

B) Screen Directing

Nigerian film industry- Nollywood has created new arenas of directing, which have big differences with that of the stage. Directing on the screen is predetermined by the technological possibilities and limitations and focuses on the camera grammar, editing, and visual narration. An example would be the work of Obi Emelonye, who, in a series of productions, employs the cinematic theatre: dramatising social problems with theatrical intensity and using cinematic spectacle and narrative control, such as *Last Flight to Abuja* (Emelonye). Nollywood filmmaking is stylistically elastic, ranging between realist films and experimental films that integrate music-video aesthetics and fast production patterns characteristic of the sector.

C) Hybrid and Multimedia Styles

Hybridity is a peculiarity of the modern Nigerian directing. It is customary that directors go across stage and screen borders to produce both theatrical and cinematic productions. This is demonstrated by Bolanle Austen-Peters, who utilizes massive musicals and multimedia performances like *Saro the Musical*, which include massive sets, choreography, live music, and projection to show how directing in Nigeria is being integrated into a multimedia form of practice (Austen-Peters). This hybridity can also be viewed as a more general postcolonial aesthetics: combining ritual and realism, spectacle and intimacy, the Nigerian directors break down the notions of traditional and modern and shift to the development of new ways, where culture and globalization can find common ground (Ngugi 58; Soyinka 27).

Functions of Stage and Screen Directing

Stage and screen directing in Nigeria is not only focused on the mechanics of performance, but on cultural identity, political opposition, social learning, and entertainment. Directing in the Nigerian context is not a technical process but a cultural practice that reflects the experiences of the people who live and serve as the intermediary between the modern and the traditional. Its activities could be divided into artistic, social and political levels.

A) Artistic Functions

Directing in Nigeria arranges the numerous aspects of performance: actors, space, music, dance, technology, into a sensible unity that conveys meaning. Nigerian filmmakers prove their creativity by intertwining the traditional forms with the Western dramatic structure. Considering the case of Ola Rotimi, *The Gods Are Not to Blame* is a Sophoclean tragedy reconfigured in Yoruba cosmology, thereby converting a western canonical text into an African story (Rotimi). In a comparable measure, cinema storytelling methods are employed by Nollywood practitioners such as Obi Emelonye in dramatizing the realities of Nigeria to the local and international audiences, a demonstration of how directing as an aesthetic innovation (Emelonye).

B) Social Functions

Directing is also a social instrument in that it helps people to interact collectively and to have a sense of community. In Nigeria performance is seldom distanced by the audience; instead, audiences are stakeholders in the meaning-making process. This is the case with the Crown Troupe led by Segun Adefila, who has been performing ritualistic shows in open areas and has removed the distinction between the two: the actor and the audience (Adefila). This role refers to the theory of the fourth stage by Soyinka where performance is a group ritual that brings together spiritual, social and metaphysical life (Soyinka 27). Directing is thus entertaining besides a group cultural experience that strengthens identity and linkage among groups.

C) Political Functions

Most significantly, perhaps, directing is a way of political criticism and protest in Nigeria. Theatres and film have always been an important tool of postcolonial African performance to question authority and social injustice. Ngugi wa Thiong'o reiterates that performance is an instrument of decolonization of culture and politics (Ngugi 58). This is the same direction that Nigerian filmmakers have taken through cinema and theatre to deal with corruption, inequality, and national crises. An example of re-enacting the life of Fela Anikulapo-Kuti that is not merely entertainment is *Fela and the Kalakuta Queens* (Austen-Peters). With these kinds of works, directing serves as advocacy, activism, and voice of the disenfranchised.

D) Leisure and Universal Attraction

Directing also plays the role of entertainment simultaneously by attracting different audiences. Nigerian directors have become global narrators as Nollywood, one of the largest film industries in the world, makes films that are consumed by the diaspora and Africa (Boenisch 102). This entertainment role does not make the messages delivered in the works any less serious, on the contrary, it proves the versatility of directing in Nigeria to inform, entertain, and inspire at the same time.

Elements in Directing

Nigerian art of directing can be characterized by certain aspects that combine classical rules of theatre with African taste and modern technology. Where Western theories emphasize plot, character, space, and spectacle as some of the most important elements of directing (Aristotle 13; Stanislavski), Nigerian practice modifies and extends such categories. These factors of Nigerian directing are space, time, technology, ritual and music, communication with the audience, and symbols.

A) Space

The Nigerian concept of space is not a geographical place, but rather a cultural and symbolic place of communication. The form of traditional performance in Africa has been the practice of open-air performances conducted in a market square, courtyard or open field where performers and audiences are not separated by strict borders (Ngugi 58). The latter tradition is followed by modern stage directors such as Segun Adefila with their performances in unusual locations eliminating the barriers between the actors and the audience (Adefila). Other screen directors such as Obi Emelonye, manipulate cinematic space with framing, camera angles, mise-en-scene, but tend to

inject local environments, like the streets of Lagos, with their visual narrative and to turn space into a character in its own right (Emelonye).

B) Time

Directing time in Nigeria is quite loose, combining a linear narrative progression with a cyclic vision of time through the African cosmology. Whereas the Western tradition of stage and screen performance is inclined towards chronological organization, Nigerian directors often interlace past, present, and future within one actor. According to Soyinka, this theory is depicted in the Fourth Stage, which focuses on the use of ritual as a mode that concretizes historical time into the mythical and spiritual time (Soyinka 27). The Ovonramwen Nogbaisi films cover historical events and also respond to new politics in Nigeria and how the Nigerian directing system invents time, creating a continuum between the past and the present (Rotimi).

C) Technology

Technology has emerged as an important aspect and this has come at the time of Nollywood and commercial stage productions. Bolanle Austen-Peters and other filmmakers are using expensive light, projecting mapping, and sound amplification to convert multimedia spectacles to match up the standards of Broadway (Austen-Peters). Directors use digital cinematography and editing effects to realize narrative fluidity and international appeal in film (Boenisch 102). Technology has been used, however, to support cultural identity as opposed to obliterating it- such as by overlaying traditional motifs, masks and music in techno-sophisticated forms.

D) Ritual, Music, and Dance

In contrast to Western theatre, where dialogue is frequently the primary emphasis of performance, ritual, music, and dance become central to Nigerian directing. These features are not a form of decor and bearers of meaning and cultural memory. The methods of drumming, chants and masquerade used by Adefila in her drama and Afrobeats and highlife by Austen-Peters in her musicals (Saro the Musical) and caress the border between entertainment and cultural affirmation (Adefila; Austen-Peters). This is in line with Ngugi when he posits that there is no way music and ritual can be separated in relation to African performance traditions (Ngugi 58).

E) Audience Interaction

The most impressive aspect of the Nigerian directing is probably the active audience. In Yoruba performance, viewers improvise, sing or even engage in the performance (Soyinka 27). This culture is still living in modern-day productions: call-and-respond is still encouraged in live theatre in Lagos, whereas Nollywood movies oftentimes use melodramatic signals to trigger foreseeable emotional reactions in viewers (Rotimi; Emelonye). Directing in both instances is more akin to dialogue than dictation in the relationship between performer and audience.

F) Symbolism and Allegory

Lastly, the use of symbolism is still one of the fundamental aspects of Nigerian directing. Allegorical storytelling is commonly used by directors both to avoid censorship and to make political commentary in ways that are culturally appealing. One such use of myth to speak of chance and corruption is *The Gods Are Not to Blame* by Rotimi, but the films of Emelonye are more likely to be written metaphorically to dramatize such anxieties of nationalism as migration,

insecurity and government (Rotimi; Emelonye). This is where directing is seen as both aesthetics and culture at the same time.

Some Nigerian Directors and their output

Nigerian directing has developed through a series of figures who have influenced its aesthetic values as well as its cultural meaning. Their work demonstrates the way in which Nigerian directing has ceased to ape western traditions in order to declare a particular postcolonial voice. The prominent examples are Ola Rotimi, Segun Adefila, Bolanle Austen-Peters, and Obi Emelonye, and the theorists Wole Soyinka, Ngugi wa Thiong'o, and Hans-Thies Boenisch.

A) Ola Rotimi and Total Theatre

Ola Rotimi (1938-2000) is one of the gurus of the modern Nigerian theatre. His total theatre was a pointed rejection of the Western view of the theatre as a fragmented compartmentalization where music, dance, and dialogue function as distinct elements of the play (Rotimi). Rather, Rotimi defined performance as a cultural ceremony consisting of music, dance, mime, chants, spectacle, and dramatic text created as a whole. An example of this philosophy can be seen in his work *The Gods Are Not to blame* (an adaptation of Sophocles *Oedipus Rex*): by reinterpreting a Greek tragedy through Yoruba cosmology, Rotimi indigenized a foreign text without overemphasizing its focus on universal human experiences with fate and destiny (Rotimi).

The contribution made by Rotimi goes beyond the field of aesthetics to pedagogy. As a director, he has trained generations of theatre practitioners in Nigeria to regard performance as an art and cultural responsibility. His overall theatre formed a pattern of directing with a focus on cultural truth, audience participation and duty. This style was also used as a denunciation of colonialism cultural hegemony in a postcolonial setting and also as a way of asserting African tradition as an acceptable basis of theatre in modern times (Soyinka 27).

B) Ritualized Performance by Segun Adefila

Segun Adefila of the Crown Troupe of Africa embodies the revival of theatre as a grassroots, community based activity. Adefila, unlike Rotimi, whose works tend to base their production on literary adaptations, is concerned with performance as living ritual and street-level activism. His approach to direction resurfaces Yoruba traditional practices like drumming, masquerade, and improvisation, and puts them in modern settings that directly address urban Nigerian viewers (Adefila).

The performances of Adefila usually occur not in the frames of the classic theatres, but in the open air, in the streets of Lagos, in the community square, and in markets. This makes his directing easy and participatory and turns theatre into an art of the people and not a high culture hobby. His input is that directing as a survival and resistance tool is reframed and that theatre is not an institution but flourishes in communities. His ritualized directing brings back the communal ethos of African theatre traditions by blurring the distinction between performer and the audience (Ngugi 58).

C) Bolanle Austen-Peters and Multimedia Theatre

Bolanle Austen-Peters is said to have commercialised the Nigerian theatre. She has produced musicals through her company called Terra Kulture; these include *Saro the Musical*, *Wakaa!*, *Fela* and the *Kalakuta Queens*, *The Musical*. The directing style of Austen-Peters is based on

multimedia spectacle, using grand sets, computer projection, live orchestration, and choreography. Her work is sold to the Nigerian market as well as to overseas theatre stages, with productions including the West End in London (Austen-Peters).

She has made two contributions to the Nigerian directing. First, she has increased the infrastructure and exposure of theatre, turning Lagos into a performance centre with advanced production values. Second, she has shown that Nigerian theatre can be commercial and cultural. In her visual-enriching performances, Austen-Peters fills the gap between entertainment and learning by dramatising Nigerian social history, including the life of Fela Anikulapo-Kuti. By doing so, she is not alone as Boenisch addresses postdramatic theatre in which theatre is treated as a multimedia and immersive experience as opposed to a textual experience (Boenisch 102).

D) Obi Emelonye and Cinematic Theatre

Obi Emelonye is one of them; he has taken Nollywood to the world of screen directing. His movies, such as *The Mirror boy* or *Last Flight to Abuja*, can be seen as illustrations of what can be termed as cinematic theatre: films, which maintain the same level of dramatic intensity and symbolic profundity as those found in theatrical performances, though they use cinematic elements like close editing, visual effects and conventions of global narrative (Emelonye).

Emelonye has made his contribution in the rebranding of the aesthetic value of Nollywood. Poor productions and melodramatic acting were commonly found in early Nollywood, but Emelonye brought professionalism, global collaboration, and better cinematic language to the industry. Still he preserved Nigerian themes and his stories were based on migration, spirituality and national crisis questions. His direction thus brings out the issue of how Nigerian film can appeal to audiences around the world yet still be culturally specific. He is a perfect example of what Ngugi has maintained in his statement that postcolonial performance should not be erased by returning to local voices in the world arena (Ngugi 58).

E) Theoretical Anchors: Soyinka and Ngugi and Boenisch

Theoretical knowledge is added to the practical contributions of these directors. The concept of the fourth stage by Wole Soyinka theorizes African theatre as existing between the mortal and the metaphysical and implies that African practice in directing inevitably incorporates ritual and spirituality (Soyinka 27). The theory put forth by Soyinka justifies the ritual aspects of both the work of Rotimi and Adefila.

Ngugi wa Thiong'o stresses theatre as a decolonizing weapon and believes that culture should not be subdued by colonial rule and indigenous languages and forms should be revived (Ngugi 58). His theory is close to the grassroots performances of Adefila and the desire of Emelonye to narrate Nigerian stories in Nollywood cinema.

Lastly, Hans-Thies Boenisch places the directing in Nigeria in the broader context of postdramatic theatre, in which spectacle, multimedia, and hybridity are subverting the primacy of Western text-based traditions (Boenisch 102). His model helps to see the multimedia musicals of Austen-Peters and the experiments of Emelonye as the state of the art in the global practices, rather than a derivative one.

Conclusion

The historical development of stage and screen directing in Nigeria exhibits an aesthetic ambivalence which cannot be easily reduced to either Western or indigenous. As this paper has argued, Nigerian directing is a negotiated cultural arena, in which European naturalism, postcolonial resistance and African performance customs meet (Soyinka 27). In contrast to Western traditions that mostly separate theatre and cinema, Nigerian filmmakers embrace a less rigid practice where ritual performance, spectacularity, and realism converge to represent the cultural multiplicity of viewers (Boenisch 102).

The works of the critical personalities demonstrate this mixture. One example of total theatre indigenizing global classics was Ola Rotimi, adapting them into Yoruba cosmological systems and showing how traditional forms could question modern problems, like leadership and destiny (Rotimi). Segun Adefila's ritual drama revived grass-root performance to include masquerade performance, improvisation, and theatre became a civic dialogue tool through participation and politics (Adefila). With multimedia musicals like *Saro the Musical* and *Wakaa!*, Bolanle Austen-Peters brought Nigerian stagecraft into commercial markets internationally, addressing African tropes without compromising production values to meet international levels (Austen-Peters). Similarly, the cinematic theatre under Obi Emelonye replaced the Nollywood by incorporating theatrical fervour and cinematic subtlety to film works that were not only dominant in this area but were also recognised in other countries (Emelonye).

Their importance is also supported by the theoretical basis of the practices. In the Fourth Stage, Soyinka situates the Nigerian directing in a ritual continuity of myth and modern realities crashing on the stage with both cultural assurance and social commentary (Soyinka 28). The decolonial aesthetics of Ngugi wa Thiong'o establishes performance as a response to cultural domination, an approach that justifies the populist and activist appeal in the work of Adefila and Rotimi (Ngugi 58-59). The concept introduced by Boenisch, the postdramatic theatre, can be a helpful way to comprehend how the elements of multimedia spectacle and immersion in the senses employed by Austen-Peters and Emelonye relegate the role of text to the background in favor of performance as experience (Boenisch 104).

Combined, these works indicate that Nigerian directing has outgrown its focus on copying Western paradigms. Rather, it has grown into a powerful artistic practice of its own, bearing the stresses of a postcolonial, multicultural nation struggling with political instability, cultural diversity and global ambitions (Ngugi 60). Through the combination of ritual, community involvement, spectacle, and new movie technologies, Nigerian directors have established a local aesthetic that is simultaneously national and global (Soyinka 29; Emelonye).

Nigerian directing demonstrates that creativity flourishes when traditions meet, when cultural past interacts with new technologies, and when performance is still a reflection of society (Rotimi; Adefila; Austen-Peters). The future of directing in Nigeria will further be based on this mixed trend--one that is uniquely Nigerian, but has the potential to influence the theatre and film worlds around the globe (Boenisch 106).

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A Brief History of Drama and Theatre

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INTRODUCTION

Drama and theatre are fundamental aspects of human culture, with roots stretching back to ancient times. Drama specifically refers to the written script or text that forms the basis of a performance. In contrast, theatre encompasses the complete live performance, integrating elements such as acting, directing, stage design, and audience engagement. This overview explores the historical evolution of drama and theatre from their origins up to the 19th century, highlighting significant contributors and developments along the way.

(A). Origins: Ancient Times

The origin of drama and theatre is traceable to various ancient civilisations. In ancient Africa, drama and theatre were deeply rooted in traditional rituals, storytelling and community celebrations. These performances often involved music, dance and masks, serving as a way to connect with the divine and ultimately honour ancestors. In ancient Asia, theatre forms like Noh theatre in Japan and Kathakali in India emerged, characterised by intricate dance movements and elaborate costumes. These forms were often tied to mythology and religious themes. In ancient Egypt, drama and there were integral to rituals and festivals. The “Opening of the Mouth” ceremony, for example, involved dramatic reenactments of mythological stories.

(B). Medieval Period (5th-15th Century)

During the Middle Ages, European theatre was largely influenced by the church. In Europe, Liturgical dramas and mystery plays became popular, often performed in churches or marketplaces. These performances were used to tell stories from the bible to teach morals. In Asia, traditional forms like “Peking Opera” in China and “Kabuki” in Japan continued to evolve, incorporating music, dance and acrobatics.

(C). Renaissance to 19th Century

The Renaissance brought significant changes to European Theatre. In the 16th to 17th Century Europe, the revival of classical drama led to the emergence of playwrights like William Shakespeare. Theatre became a popular entertainment form with the construction of playhouses such as the Globe Theatre. In the 18th to 19th Century, the development of Romanticism and Realism influenced theatre with dramatists like Henrik Ibsen and Anton Chekhov. The Industrial Revolution and subsequent urbanisation also impacted theatre, leading to new themes and styles. By the 19th century, drama and theatre had evolved significantly, serving as reflections of societal changes and cultural shifts. The stage was therefore set for modern theatre with its diverse forms and styles continuing to captivate audiences globally.

Chronologically, the evolution of drama and theatre started in ancient Greek circa 3rd century BCE. The 5th century BCE however, witnessed the emergence of Greek tragedy and comedy with playwrights like Aeschylus (tragedy), Sophocles (tragedy), Aristophanes, (comedy) and Euripides (tragedy). Around the same 3rd century BCE, the Romance theatre was heavily influenced by Greek theatre but also incorporated elements of Roman culture and entertainment. Playwrights like Plautus and Terence wrote comedies that were popular in Rome. The Roman tragedy was also influenced by Greek tragedy with the works of playwrights like Seneca.

During the Medieval period, 5th to 15th Century, European theatre was heavily influenced by the church. Hence there was Liturgical drama which involved plays being performed in churches, based on biblical stories and themes. There were also mystery plays that equally told stories from the bible.

The Renaissance period witnessed a resurgence of interest in classical drama as well as the emergence of new playwrights, including William Shakespeare and Christopher Marlowe. Shakespeare's plays are still widely performed and studied up till this day.

The Restoration drama (17th CE), refers to the period of English theatre following the restoration of the monarchy in 1660. During this period, playwrights like William Wycherley and George Etherege wrote witty plays that satirised the upper class while playwrights like John Dryden wrote tragedies that explored themes of power and morality. Each of these periods saw significant developments in drama and theatre, thus shaping the art form into what we have and know today.

(D). Evolutionary Thread

The history of drama and theatre is marked by a series of artistic movements, each responding to the cultural, social and historical context of its time. This paper will therefore, examine the development of drama and theatre, tracing the evolution of movements like classicism, neoclassicism, romanticism and avant-garde.

Classicism is synonymous with creative works that have attained artistic superiority, excellence and being classified as belonging to an established literary tradition. Such plays or creative works focus on the nobility of character and birth. Classicism holds that the language of expression creative works must be elevated, sublime and that plays must not be last more than one revolution

of the sun, meaning that the length of any play must be within twenty four hours. Plays written during the age of classicism were therefore, deemed more classical, superior and artistically excellent than plays of later periods. Classical drama refers to plays of ancient Greeks and Romans. Similarly, plays with Greek or Roman subjects as exemplified by Shakespeare's *Coriolanus* is also a classical drama. Classicism also refers to modern tragedies written under the "influence of the critical doctrines of classicism or modeled on Greek or Roman dramatic tradition. Plays like *Gorboduc* (1562) written by Sackvillle and Norton or Ben Johnson's *Cataline* are described as classical because they are either written on Senecan tragic tradition or based on Roman themes". (Nwabueze, 21)

In summary, classicism has its roots in ancient Greek and Roman religion and cultures. As a literary and artistic movement, it was premised on ancient Greek and Roman ideals of balance, harmony, restraint and order. In drama, classicism preached strict adherence to basic structural principles such as unity of time, place and action. Every Greek classical drama that emerged in ancient Greece circa 5th century BCE was tied to Dionysian festivals. Classical tragic plays explored the themes of human fate, gods and moral dilemmas. Plays used choruses, masks and were performed in amphitheatres.

In Greek theatre, the chorus was made up of a group of performers who sang, danced and commented on the actions of the play. The chorus served to provide background information in a narrative context, on plays. It also provided or offered reflections on the play's themes or characters' actions. The chorus also helped to heighten emotional impacts of the play through songs and dance. The relevance of the chorus was summarily to provide a connection between the audience and the play's themes thereby, shaping the dramatic structure. Quoting Nwabueze, the importance of the chorus in Greek tragedy lies in their functions which include "building up the tragic atmosphere of the action of the play; they help to serve as moderator, modulating the tone of the play; because of the fine poetry in the choral songs, they help to bring poetic relief to very high emotions; they provide social and historical background of the play, filling pertinent gaps in time and space; since the members of the chorus are usually composed of the good citizens of Greece, the chorus serves as the spectator of the play and the interpreter of the action of the play". (27)

Neoclassicism

Neoclassicism was an artistic and literary movement that arose in the 17th century, France, during the reign of Louis XIV (1643-1715). This period featured the works of renowned playwrights like Racine and Moliere. It was marked by clarity of poetic language. Neoclassicism emphasised verisimilitude, otherwise, plausibility or likeness to truth, in drama. This concept of verisimilitude was based on truth in the concept of the three goals of reality, morality and generality. The rules of the movement included the unities of time, place and action, otherwise, the three unities, the aim being to enhance dramatic plausibility and coherence. Neoclassicism therefore, emphasised decorum, purity of dramatic forms, the main purpose of drama, the five-act structure.

Romanticism

Romanticism as artistic movement began to emerge in Europe around 1770s -1780s (late 18th century). But it flourished in the early 19th century. Its emphasis was on emotion, nature, individualism and sometimes, the supernatural or the exotic. The key figures of the Romantic movement in England include William Wordsworth, Samuel Taylor Coleridge, Lord Byron Percy Bysshe Shelley and John Keats. In France, we have Victor Hugo and Francois Rene de Chateaubriand. In Germany, there are writers like Goethe and Schiller who played key roles in early Romantic movements.

Romanticism started in Germany in the late 18th century. It had exponents like Johann Wolfgang von Goethe and Friedrich Schiller. Their literary circle is known as *Storm* and *Stress*. Romanticism is a revolt against classism and its choking rules. It advocates freedom of expression and liberation of the artistic genius. For the duo, the writer should not be constrained by the three unities but should follow the promptings of the rules. Another major characteristic of the Romantic spirit is its creation of idealised heroes who lives in perfect harmony and symbiosis with nature and who have no human failings as it were. What is the fault of Romeo and Juliet? Nothing! That is about the perfect character. Shakespeare in his time did not conform to any rules. Romanticism made conscious inroads into England with the writings of the English genius, Wordsworth, Coleridge and others.

The themes of Romantic literature include the celebration of nature's beauty and power; emphasis on feelings and intuition; focus on the individual experience and the importance of creativity and imagination.

France equally got a taste of the Romantic movement with the writings of Victor Hugo, notably his *Hernani* (1830), a pivotal play in establishing Romantic drama in France. It helped to shape French Romantic theatre, highlighting drama's emotional and historical aspects. This is apart from boosting Hugo's fame arising from the controversy generated by the play's premiere between Classicists and Romantics.

Another important contributor to the Roman spirit was Richard Wagner. He initiated the form called total theatre or music drama which is also known as total artwork, blending music, drama and visual arts. He therefore sees his theatre as the art form of the future, as he conceives of ultimate truth as being perceivable only through the evocative functions of music.

Avant-Garde:

Avant-Garde is a French coinage used in military circles to stand for advanced guard but was adopted by the theatre and is used to stand for any intellectual, literary or artistic movement which advocates for a break with tradition. In other words, Avant-Garde emphasised breaking with conventions, experimenting with forms in arts like visual arts, literature and music. Avant-Garde is an all-embracing term for all the 20th century experimental movements.

The movement's key features include pushing boundaries, experimenting with new forms, new techniques; challenging traditional norms in art, literature and music. It also laid emphasis on

originality and innovation. Avant-Gardism manifested in various forms like Surrealism, Dadaism and Cubism.

(E). The Birth of Western Drama:

The origins of Western drama are rooted in ancient Greece, specifically in the festival of Dionysus. In the 6th century BC, a pivotal moment in the history of theatre occurred when a chorus member known as Thespis stepped out of the procession and mounted the altar stone, assuming the role of Dionysus. By doing so, Thespis transformed the storytelling and praise chant into a dramatic performance, becoming the first known actor in history.

The festival of Dionysus was an annual event held in honour of the Greek god of fertility and wine. The performance, featuring a chorus of fifty men singing and dancing to the dithyramb, was a key part of the festival. The audience, comprising over 15,000 citizens of Athens, would gather in the Theatre of Dionysus, situated on the south side of Acropolis.

Thespis' audacious move to assume the role of Dionysus marked a significant turning point in the evolution of drama. By impersonating the god and engaging with the chorus, Thespis created a new form of storytelling that would lay the foundation for Western drama. His innovation paved the way for the development of tragedy, comedy and other dramatic forms that flourished in ancient Greece, leaving a lasting impact on the world of theatre. As the first actor therefore, Thespis set the stage for future generations of performers, playwrights and directors who would continue to shape the art form. The legacy of Thespis lives on in the countless dramatic performances that continue to captivate audiences around the world.

Roman drama was heavily influenced by Greek drama, with Roman playwrights creatively adapting Greek originals, infusing them with musical elements and Roman flair. For instance, Plautus reworked Greek comedies, adding witty wordplay and humour, while Terence refined adaptations that showcased suspense, irony and complex characters. Some notable Greek plays that were adapted by Roman playwrights include Aeschylus' works entitled *Prometheus Bound*, a tragedy that explores the themes of power and rebellion and *The Persians* which is a historical drama that recounts the Persian wars; Sophocles' plays *Ajax*, a tragedy that tells the story of the hero, Ajax's fall, *Antigone*, a tragedy that explores the conflict between individual conscience and state law and *Oedipus the King*, a tragedy that unravels the mystery of Oedipus' past. By blending Greek ideas with Roman sensibilities, these playwrights created innovative works that entertained Roman audiences and left a lasting impact on Western drama. The period of Renaissance saw resurgence in theatre, with the development of Commedia dell'arte and the works of Shakespeare. The 18th up to the 19th century therefore, saw the rise of sentimental comedy and melodrama while the 19th century was marked by the development of Romanticism and Realism in theatre.

(F). Origin of Traditional African Drama

The notion that Africa had no drama and theatre is fictitious. The most common form of drama and theatre in Africa is the traditional drama and theatre, popularly referred to as folk drama or theatre. In the traditional setting, story-telling is a predominant feature. The stories told were not inherited from foreign traditions, cultures and fables. This is because in the African setting when

families assemble during moonlit nights, there is dramatic pattern with the head of the family as the story teller and the chief actor while the other members of his family-his wives and children, and even his neighbours and their families are members of the audience or the spectators. These stories have their social functions and are not told for the mere fun of it.

Traditional African drama refers to indigenous African performing arts rooted in local cultures, traditions and community practices. While these forms have historical roots and distinct characteristics, they may have evolved over time and could incorporate various influences, including interactions with other cultures. The roots of African drama and theatre are mainly in religious festivals, ritual and folklore. However, unlike the modified European theatre which has distanced itself from its functional roots, African drama and theatre live alongside modernity, consistent, yet relevant while relying on dance and mime which helps it to possess and retain its freshness that is an emergent outcome of its distinctive use of other independent performing art forms. The roots of African drama lie in various religious rites, rituals, festivals and artistic practices across Africa. Early humans sought to understand and influence their surroundings, grappling with natural phenomena. With limited written records on ritual drama, it is thought that the desire to connect with and appease the supernatural led people to bridge the spiritual and physical worlds. They envisioned supernatural beings in human-like terms-with emotions, thoughts and a mysterious, invisible presence.

Early humans believed incomprehensible events were controlled by superior forces (gods). Each natural element, phenomenon or human activity had a governing god. To gain the favour of that god, people made efforts to please and accommodate what they thought the god wanted or desired. For example, before war they would do a mock battle to guide the god toward their desired outcome. For a good harvest or hunt, they would repeat actions from past successes. Since gods were invisible, people used dances, stylised movements, poetry and songs to get their attention. These acts of appeasement evolved into a kind of theatre. With repeated performances based on need, these acts became ritualised; rituals, after all, are repetitive actions.

Religious rituals are actions people perform to create a space where humans and spirits meet, so gods or spirits act on human requests and concerns. These rituals were serious and solemn, potentially impacting the tribe's future. Because rituals deal with uncontrollable forces that inspire reverence and awe, people used tried-and-trusted methods to connect with and get the gods' attention. If a request was not answered, like a sick son not recovering, early humans might blame the situation on a faulty ritual earlier performed to appease the gods. They would then repeat the ritual, carefully following established procedures.

Drama, no doubt evolved from imitation of action (mimesis). Man is therefore, a mimetic being. He likes to be someone else. Available literature on the origin of mimesis in African drama or in the African context has it that mimesis is tied to traditional practices like rituals, festivals and storytelling where actions, movements and narratives mimic or represent aspects of life, nature or the supernatural. Mimetic elements like mimicking hunting movements to ensure a successful hunt or reenacting battles for spiritual favour. These mimetic practices in rituals and festivals laid groundwork for dramatic performances in African contexts.

In Africa, stories about animals abound. However, most of these stories serve didactic functions or purposes, especially stories involving tricky animals like the tortoise, hare, spider, as the protagonists in such stories. The actions of these animals are similar to the actions or behaviours of humans. In the real sense however, their actions are used to ridicule or critique human actions. Storytelling in African cultures is a vital part of African traditions. It is used as a vehicle to transmit or pass down history, morals, myths and other cultural values from generation to generation. The dramatic elements involved in storytelling are the voice which can be modulated during storytelling, gestures, mimicry and audience interaction. These elements have the capacity to blur the line between narration and performance. Storytelling has contributed to the development of African drama with stories being told and enacted or performed in ways that engage the audience. There is the single narrator in African drama who sometimes acts out the roles, switching from character to character as he tells the story. The more a story is able to perform this task of role switching, the more proficient he is said to be.

Festivals are significant to the evolution of African drama. Festivals are significant in many African cultures where harvests, gods, ancestors or community events are celebrated. Festivals involve music, dance, storytelling and often times, dramatic performances. Festivals incorporate certain elements like masquerades, enactments of myths or re-enactments of historical events blending entertainment with cultural and spiritual significance. These festivals contributed to the evolution of traditional African drama with dramatic performances emerging from or being part of festival celebrations. Festivals are the most common communal activities in Africa, up till the recent times. There are different kinds of festivals which include festivals of rites of passage, feast of the farming season (new yam festivals) and festivals of ancestor veneration and deity worship.

The functions of traditional drama include religious functions, educational functions, moral functions, political functions, entertainment functions and social functions.

(G). Evolution of the Physical Theatre

The earliest known permanent theatre was built in Athens, Greece, in the late 6th Century BC. Called the Theatre of Dionysus, it hosted dramatic competitions like the City Dionysia, where Thespis is said to have won the first recorded prize for tragedy in 534 BC. The City Dionysia festival was an annual event which held in March. Later, plays known as Lenaea were added to the Athenian festival calendar and typically held in January, every year. The earliest physical theatres of this period were constructed with wood which were usually renovated and admirable changes added to the architectural designs before the festival. By the 4th Century BC, and with advent of modern architecture, the faces of the theatres were transformed from wood to marble and stone.

The ritual dithyramb, a performance method that had no recorded date in the history of Greek theatre held in this theatre. It was the performance method that produced Thesis when he suddenly stepped out of the procession, assumed the role of the god, Dionysus, in whose honour the dithyramb was organised. That was the beginning of imitation or mimesis and impersonation in theatrical enactments. According to Nwabueze, "... the best preserved Greek theatre is the theatre

of Epidarus, the theatre of Dionysus is the most historically ubiquitous. This is a result of its historical link with the great Greek playwrights : Aeschylus, Sophocles and Euripides”. (15)

(H). Major Pioneers and Proponents of Drama and Theatre

The evolution of drama and theatre has been shaped by numerous influential figures who have made significant contributions to the art form and have left indelible mark on the art form, shaping its development and influencing generations of artists till date. They include:

Aeschylus (525/524 BCE-456/455 BCE)-Father of Greek Tragedy

Aeschylus is renowned for his groundbreaking works in Greek tragedy. His plays, such as *The Persians* and *The Oresteia* showcased his mastery of dramatic storytelling and exploration of complex themes. Aeschylus’ innovative use of the second actor expanded the possibilities of dramatic interaction, paving the way for future generations of playwrights.

Sophocles (496 BCE-406 BCE)-Master of Dramatic Complexity

Sophocles built upon the foundations laid by Aeschylus, introducing the third actor and further enriching the dramatic landscape. His iconic plays, which include *Oedipus Rex* and *Antigone*, continue to captivate audiences with their intricate plots and nuanced character development. Sophocles’ works often probe the human condition, exploring the tensions between fate, free will and individual conscience.

William Shakespeare (1564 CE-1616 CE)-The Bard of the English Language

William Shakespeare is widely regarded as one of the greatest writers in the English language. His plays such as *Romeo and Juliet*, *Hamlet*, and *Macbeth*, are timeless masterpieces that have continued to inspire and influence artists to this day. His works are characterised by their poetic language, complex characters and exploration of universal themes such as love, power and mortality.

Carlo Goldoni (1707 CE-1793 CE)-Comedy Maestro

Carlo Goldoni was a celebrated Italian playwright and librettist known for his witty comedies. His plays such as *The Servant of Two Masters*, showcased his ability to craft engaging characters, clever dialogue and humorous plot twists. Goldoni’s works often satirised the social conventions of his time, offering insightful commentary on the human experience.

Gotthold Ephraim Lessing (1729 CE-1781 CE)-German Literary Giant

Gotthold Ephraim Lessing was a German playwright, critic and philosopher. He played a significant role in shaping German literature. His plays such as *Nathan the Wise*, promoted tolerance, wisdom and humanity while his critical works like *Laocoon* explored the relationship between art and literature. Lessing’s contributions to drama and theatre have continued to inspire artists and scholars alike.

(I). Renaissance Drama and Theatre

Renaissance drama and theatre thrived between 16th and 17th centuries in Europe. Renaissance drama saw a revival of classical Greek and Roman themes and forms. The term Renaissance therefore, refers to a period of great intellectual and outstanding achievements. In the French language, Renaissance means “rebirth”. When applied to drama and theatre therefore, it means a period of cultural rebirth, marked by the rediscovery of past heritage, with emphasis on the Greek and Roman civilizations. The age of renaissance was a period that witnessed a number of technological inventions such as the printing machines which facilitated the printing of Classical literature; establishment of Universities and the fall of Constantinople which occurred in 1453 when the Ottoman Empire conquered Constantinople, now known as Istanbul. The fall is historically said to have influenced trade routes as Europeans sought alternatives to Ottoman-controlled path while its influence on European politics had significant geo-political implications for Europe. The fall is sometimes linked to spurring Renaissance exploration and learning as scholars fled to Europe. The year 1349 being the year of the production of *Philologia* by Petrarch marked the beginning of the Renaissance age in literature. The Renaissance period was a period for the re-examination, re-assessment or reviewing of life, hence the emergence of the spirit of humanism which is usually associated with the age of Renaissance.

(J). Italian Renaissance

Italian Renaissance took place from the 14th to the 17th century. Activities during this period were concentrated in Italy, particularly in the cities of Florence, Venice and Rome. The Italian Renaissance’s areas of focus were on human potential, individualism and classical learning. Other areas of emphasis include artistic innovations which enabled Leonardo, Michelangelo, and Raphael to push boundaries in art. In Science, scientists like Galileo proved their mettle and made their marks while in literature, writers like Petrarch influenced literature. Economically, city-states like Florence thrived, fostering culture. Many events led to the emergence of the Italian Renaissance. The events include economic prosperity which led to increased economic activities in city-states like Florence and Venice. The discovery of classical text made access to Greek/Roman literary text possible and in turn fueled humanism. Artists and scholars had the support of wealthy families like Medici. During economic activities earlier referred to, Henry the Navigator led Portuguese explorations along Africa’s coast. This made it possible for people to meet, interact and cross-fertilise ideas. In 1492, Johann Gutenberg invented the movable type printing machine which enhanced the availability of texts and other materials from Classical sources.

In Italian Renaissance, there were two main types of dramatic forms: the humanist drama which was literary in form and was dominated by the elites and the popular theatre also known as *commedia cellaret*. Despite political fragmentation among city-states like Venice and Florence, the Italian Renaissance witnessed significant cultural achievements in drama and literature.

(K). Humanist Drama

Italian Renaissance Humanism revived interest in classical Greek/Roman drama. Its focus is individual characters, emotions, dilemmas. Dramatists explored themes of human potential,

morality and politics; they also imitated the Greek satire plays, renaming them pastorals which was popularised by Torquatto Tasso's *Aminta* (1590), Giovanni Battista Guarini's *The Faithful Shepherd* (1590), Lodovico Ariosto's *Orlando Furioso* and Giangiorgio Trissino's *Sofonisbosa*. It is recorded that the most skillful comedy of that era was Niccolo Machiavelli's *The Mandrake*. Comedies of Italian Renaissance had three characteristics of *Improvisation*, *Spontaneity* and *Characterisation*.

Improvisation: Comedies involved actors improvising lines/dialogue based on a scenario (canovaccio), thereby allowing for creativity and resourcefulness, even when actors had to work from a plot outline that was made up of both dialogue and action.

Spontaneity meant that plays that had elements of spontaneity had the capacity to engage audiences with lively, dynamic performances since acting was fresh, spontaneous, requiring a great deal of concentration.

Characterisation meant that comedies featured stock characters like Pantalone in *Commedia dell'Arte*, with distinct traits. Characters were people with great looks and witty, with a great fashion sense. They wore no masks. It will instructive to note that characters are categorised into masters and servants. The captain, a braggart and a coward made the three types of masters.

The first known poet and scholar of the Italian Renaissance age was Francesco Petrarch. He was a key figure in Italian Renaissance. It is believed that Petrarch's humanistic play entitled *Philologia*, a masterpiece of art, ushered in the Italian Renaissance. He was only preceded by the globally acclaimed Medieval poet, Dante, whose work, *Divine Comedy* was reputed to have championed several advanced ideas on the physical aspects of the earth, heaven and hell. The Renaissance age was "explosive, diverse, created a host of outrageously different individuals, each straining for effect". (Nwabueze, 40)

The main theme of Italian Renaissance drama was romance, even though it was obscene to treat such a subject matter. Italian comedies mainly featured issues like mistaken identities and disguise, thus giving us insights into the Italian society of that era. It is also instructive to note that costumes used in Italian Renaissance theatre were richly decorated and formed part of the setting. The Italian Renaissance theatre underwent robust changes in the areas of well developed theatre architecture, improved scenic designs and advancement of the opera.

(L). The Commedia

The Commedia being a public and professional theatre can be described as the progenitor of street theatre. It was a truly developed theatre that catered for the entertainment needs and demands of common audiences. Thus we had *Commedia dell'arte* (otherwise comedy of professional players), *Commedia al'improvviso*, (learned comedy), *Commedia a soggetto* (comedy developed from a plot, theme or subject), and *commedia erudite* (comedy for the learned). These dramatic performances dealt with social and political issues. The plays for instance, treated the theme of man's inner conflict that pits his personal selfish desires against his sense of social responsibility. They addressed the interests of all categories of people in the society, ranging from the poor masses to the learned aristocratic class. For the aristocratic audiences, performance for them was during

social functions or occasions. It was however, very popular with all categories of audience. The major sources of commedia included the Atellan farce, said to be a preservation of medieval wandering mimes; the Byzantine mimes, which practitioners fled to the West after the fall of Constantinople in 1453. The last source of the commedia was the improvisations of the comedies of Plautus and Terence featuring characters like Zannis, comic characters, the Magnificent-a comic old man also referred to as Pantalone; the Dottier, usually a Doctor of Laws but also sometimes referred to as the Gratian and the Captain, a Spanish captain, a braggart warrior who always boasts of his valour, conquests, and skillful use of arms. Costume was standardised with masks that were distinct from others.

(M). The Intermezzi

Intermezzi were simply musical entertainments between acts of plays or ceremonies in Italy. It was a between-the-acts entertainment performed during operas and full length plays of the Italian Renaissance. The Intermezzi developed from the need to entertain the audience while set changes were going on. This was known as the interlude. Interludes are short dramatic pieces that were usually performed between courses of a banquet in England in the Middle Ages.

(N). Opera

Opera is a unique blend of drama and music, where music takes the centre stage, but often without spoken dialogue. This art form was born in the late 16th century, with Jacopo Peri's (1561-1633) *Dafne* in 1597, marking a pivotal moment. However it was Claudio Monteverdi who crafted one of the earliest and most influential operas. The genre gained popularity with the establishment of the first public opera house in Venice in 1637, paving the way for opera's enduring impact on the world of performance.

(O). The English Renaissance

The English Renaissance started in late 15th to early 17th century, but flourished significantly during the reign of Elizabeth I (1558-1603). The era saw groundbreaking works by Christopher Marlowe and Shakespeare, shaping English literature.

Shakespeare's plays remain the cornerstone of English literature and theatre, studied and performed globally. Marlowe's works like *Doctor Faustus* shaped Elizabethan drama and influenced later playwrights. Both playwrights' enduring relevance lies in their explorations of human nature, power and morality have continued to resonate.

(P). Elizabethan Drama

The Elizabethan era (1558-1603) witnessed a boom in English theatre. During this period, great and renowned playwrights like William Shakespeare and Christopher Marlowe wrote and created complex and impactful plays which themes that explored politics, love, tragedy and history. Other notable playwrights that emerged during the period were Ben Jonson, John Ford, Thomas Middleton and Beaumont and Fletcher.

Elizabethan drama ushered in innovative plays like romantic comedies, history plays, revenge and murder dramas, court comedies and pastoral plays. In conclusion, the Elizabethan age introduced enduring novelty in dramatic literature.

(Q). Jacobean and Caroline Drama

The successors of Elizabeth 1 who passed away in 1603 were James 1 and Charles 1. The reign of these two successors provoked some fundamental changes in dramatic literature and is integrated into a single Age that is known as the Jacobean and Caroline Age. Jacobean drama (1603-1625), produced playwrights like John Webster who wrote dark, intense plays of post-Elizabethan era while Caroline drama (1625-1649) saw drama becoming more refined and court-oriented under Charles 1.

(R). The French Renaissance

The French Renaissance took place in the 16th century. The period witnessed growth in arts, literature and humanism. There were two main types of drama during the French Renaissance Age. One was the mysteries that dramatised sermons on the teachings of the Bible while the second was Medieval Farce which softened the sermons of the mysteries, using the Farce technique. The first recorded drama of the French Renaissance Age was *Cleopatre Captive* published in 1552 and written by Etienne Jodelle. It had few characters and made extensive use of the chorus. The publication in 1561 of the *Poetics Libri Seplem* (otherwise, *Seven Books of the Poetics*) by Julius Scaliger which introduced the Aristotelian influence on the French theatre, paving the way for French neoclassical ideal; and the introduction of the National Theatre by Alexander Hardy are the major two factors that contributed to the development of French drama during the Renaissance. The French neoclassical Age was associated with the period of censorship and subjecting dramatic literature to strict rules and regulations. The three most important scholars and playwrights of the Neoclassical Age were Pierre Corneille (1606-1684), Jean-Baptiste Poquelin (1622-1673) and Jean Racine. Poquelin later assumed the stage name of Moliere.

Conclusion

The historical odyssey of drama and theatre from ancient times to the 19th century testifies to the power of human creativity and the enduring impact of performance on the society. From the tragedies of ancient Greece to the realism of the 19th century, drama and theatre have evolved, adapted and transformed, reflecting the values, norms and concerns of their time. Drama and theatre remain potent mirrors to human experience, captivating and provoking audiences with their timeless relevance. Their lasting impact is a testament to the profound and transformative influence of performance, continually reshaping man's perceptions of himself and the world. As drama and theatre continue to evolve, their relevance as powerful mirrors of the society and catalysts for change and human expression remain unwavering.

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Non-Verbal Communication in Theatre and Film

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INTRODUCTION

Non-verbal communication is a foundational aspect of human interaction, often conveying more meaning than verbal language. In the expressive worlds of theatre and film, where visual storytelling dominates, non-verbal cues such as facial expressions, body language, gestures, posture, spatial relationships, costumes, and even silence become powerful tools for communication. These elements allow actors and filmmakers to transcend linguistic barriers, conveying complex emotions and intentions without spoken dialogue. Historically, non-verbal expression has been central to performance, from the exaggerated masks of ancient Greek theatre, which communicated character archetypes and emotional states, to the nuanced facial expressions captured in modern cinematic close-ups.

As the anthropologist Ray L. Birdwhistell observed, "no more than 30 to 35 percent of the social meaning of a conversation or interaction is carried by words" (45). This suggests that a significant portion of human communication relies on non-verbal signals, a reality that is deeply integrated into both theatrical and cinematic traditions. In theatre, where performers must reach audiences without the benefit of editing or camera focus, actors exaggerate physical and facial expressions to ensure clarity and impact. Conversely, in film, directors use close-ups, camera angles, lighting, and editing to highlight subtle non-verbal cues, allowing for more intimate and restrained performances.

This study explores the multifaceted role of non-verbal communication in theatre and film, focusing on how it enhances narrative structure, deepens character portrayal, and strengthens emotional engagement. By comparing the use of non-verbal strategies across these two art forms, this study highlights their respective roles in communication and the ways in which non verbalised gestures, visual symbols, and embodied actions shape audience understanding and experience.

Theatre and film are artistic forms that rely heavily on communication beyond spoken language, making non-verbal elements indispensable to meaning-making. Non-verbal communication in these mediums encompasses facial expressions, gestures, body movement, posture, proxemics, and visual symbolism as tools for narrative expression. These non-verbal cues not only support dialogue but often transcend it, creating layers of meaning that words alone cannot convey. Birdwhistell asserts that "no human interaction is completely devoid of body motion communication," emphasizing that physical signals are integral to the semiotic system of performance (45). Thus, non-verbal communication operates as a powerful narrative device that defines character, expresses emotion, and guides audience interpretation in both theatre and film.

Furthermore, the effectiveness of non-verbal communication lies in its dynamic interaction with other aesthetic elements such as lighting, costume, sound design, and miseenscene. In silent films, for instance, actors employed exaggerated gestures and facial expressions to compensate for the absence of spoken dialogue, establishing a visual language that shaped cinematic storytelling conventions (Knapp 102). Similarly, stage actors utilize kinesic patterns, proxemic arrangements, and symbolic actions to embody character psychology and relationships, often reinforcing or subverting verbal texts. Schechner highlights that performance is “restored behavior,” where meaning is generated through both verbal and non-verbal signs embedded in culturally constructed codes (77). This interplay underscores the interdependence of verbal and non-verbal elements in constructing dramatic and cinematic narratives.

However, non-verbal communication in theatre and film is neither universal nor fixed; its interpretation is mediated by cultural and contextual frameworks. Gestures, eye contact, and bodily postures that signify intimacy or respect in one culture may suggest aggression or impropriety in another. For example, while sustained eye contact is often associated with honesty in Western performance traditions, in certain Asian theatrical forms, such as Noh drama, averting the gaze signifies humility and reverence (Schechner 134). Consequently, the study of non-verbal communication in performance requires an interdisciplinary approach that combines semiotics, performance theory, and intercultural communication to decode these complex sign systems. This conceptualization positions non-verbal communication as a central, not supplementary, dimension of meaning-making in theatre and film, essential for understanding character embodiment, cultural specificity, and audience reception.

Non-Verbal Communication

Non-verbal communication encompasses all forms of human expression that do not rely on spoken or written language. It is a multifaceted system of conveying messages through bodily cues, spatial behavior, time management, physical appearance, and vocal characteristics. As scholars Mark L. Knapp and Judith A. Hall explain, non-verbal communication consists of several core components: kinesics, which refers to gestures, facial expressions, posture, and other body movements; proxemics, the use and perception of physical space; haptics, or the communicative function of touch; chronemics, the use and structuring of time in interaction; appearance, including clothing and grooming; and paralinguistics, which involves vocal elements such as tone, pitch, loudness, and speech rate that accompany spoken language but are not linguistic in themselves (Knapp and Hall 8).

Examples of Nonverbal Communication

A key study, “An Analysis of Non-verbal Performance in Theatre” by Pan, Alizadeh, and Suboh (2024), explores non-verbal elements through a semiotic and communicative lens. Nonverbal communication encompasses a wide range of expressive behaviors that convey meaning beyond spoken words. These include body posture, vocal tone, environmental cues, and symbolic objects, all of which play significant roles in human interaction.

- **Gestures:** They are purposeful movements of the hands, arms, or head that often reflect our emotional state. For instance, rapid or frequent gestures may indicate excitement or

enthusiasm, whereas the absence of movement may signal sadness or withdrawal (Anderson 45).

- **Body language:** It further reveals internal states through posture, stance, and orientation. A person who is feeling down may exhibit closed posture – arms crossed, head lowered, while someone who is confident may maintain an upright posture, shoulders back, and direct eye contact (Knapp and Hall 83).
- **Paralinguistic cues:** This involves tone, pace, and fluency of speech, pitch, volume, which function as nonverbal indicators. Hesitations, stammering, or inconsistent speech patterns can reveal discomfort, nervousness, or even deception during a conversation (Guerrero et al. 112; Kendra 1).
- **Environmental features:** It includes how one arranges or decorates a personal space, communicate individual preferences, cultural values, and aspects of identity. The design of a room or workspace, for example, can reflect creativity, discipline, or openness (Burgoon, Guerrero, and Floyd 137).
- **Personal artifacts and appearance:** This includes clothing, accessories, tattoos, or piercings which serve as extensions of the self. These items signal affiliations, personal values, and even social or philosophical beliefs about modesty, identity, and expression (Knapp and Hall 129).
- **Facial Expressions:** A universal form of non-verbal communication, conveying emotions such as happiness, anger, surprise, or sadness, frequently preceding speech (Kendra 1) (Hall, Horgan, Terrence, Murphy, Nora 4). In visual media, the face – especially in close-up shots, serves as a powerful conduit for emotional storytelling.
- **Eye Behavior/Oculesics:** Covers eye contact, gaze direction, pupil responses, and eye movements, powerful tools for expressing intimacy, truth, deceit, or internal conflict (Stefan, Martijn, Theeuwes 679). In cinema, oculesics are amplified through framing and editing to enhance emotional resonance.
- **Appearance, Props, Makeup, Costume:** These visual elements signal character traits, status, era, or mood. In theatre, costume and makeup shape audience perception; in film, such design is integral to visual storytelling, often without verbal exposition (Pan, Alizadeh, and Suboh 1) (Alexandru 26).
- **Sound, Music, and Lighting (Environment & Atmosphere):** While not always categorized in classic non-verbal schemes, lighting and sound (including music and effects) reinforce mood, pace, and psychological tone, especially effective in theatre and film (Pan, Alizadeh, and Suboh 1).
- **Tactile communication:** This refers to non-verbal messages conveyed through physical touch, such as handshakes, hugs, linking arms, or a pat on the shoulder. These gestures carry culturally specific meanings. For instance, while the Romanian culture assigns particular interpretations to these gestures, other cultures vary greatly in their understanding. In Japan, a nod of the head can substitute for a handshake, whereas among the Inuit, a gentle shoulder tap may function as a greeting. Additionally, some individuals are uncomfortable with physical touch entirely. The intensity and type of contact are influenced by variables such as age, cultural background, relationship status, and the context of interaction (Tanase 15).
- **Personal Presence:** Non-verbal cues related to personal presence include body shape, attire, scent, and accessories. These elements communicate implicit messages about the

individual's identity, status, and personality. Societal norms shape expectations based on body types, as classified by Birkenbihl into three main categories: ectomorphous (slender and tall), endomorphous (short and round), and mesomorphous (athletic and muscular). These types are associated with varying personality traits; for instance, ectomorphous individuals are often perceived as nervous and ambitious, while mesomorphous figures are seen as assertive and confident (Birkenbihl 5).

- **Proxemic Communication (Language of Space):** The spatial aspect of communication involves five dimensions: size, intimacy, height, proximity, and the inside-outside dynamic. Each individual maintains a personal space zone, which adjusts depending on the relationship and communication context. According to Stanton, four main spatial zones can be identified:
 - i. **Intimate Distance (0-0.5 meters):** Used in romantic or very close relationships. While acceptable in some cultures (e.g., European women), it may be deemed inappropriate among men or unfamiliar individuals.
 - ii. **Personal Distance (0.5-1.3 meters):** Suitable for friends and acquaintances; allows privacy during conversation.
 - iii. **Social Distance (1.2-3.5 meters):** Used in professional or casual interactions. It can also signify dominance or social hierarchy.
 - iv. **Public Distance (3.5-8 meters):** Reserved for formal public interactions, such as political speeches or lectures, where separation emphasizes authority (Stanton 29).

Space also reflects social power – larger offices, podiums, or elevated desks signify higher status. For example, managers who distance themselves physically from others may favor autocratic leadership styles (Salanick and Pfeffer). Smaller, enclosed environments tend to feel more intimate and welcoming, while expansive, elaborately furnished rooms project authority and influence.

Color as a Communicative Tool

Color conveys psychological and cultural meaning. Warm colors like red stimulate communication, while cool colors tend to suppress it. Preferences in color can also reflect personality traits – extroverts lean towards bright hues, while introverts often favor subdued tones. Cultural interpretations differ widely: red symbolizes happiness in China but aggression in Japan; black signifies evil in some African cultures yet mourning in Europe; yellow may denote jealousy in Europe, intellect in the United States, and purity in Asia (Knapp and Hall 129; Stripp and Weiss 10).

Chronemics (Language of Time)

Time communicates values such as respect, power, and attention. Being punctual or tardy can suggest status differences or attitudes toward the recipient. For example, arriving late to a meeting may be interpreted as disrespectful or arrogant. Being made to wait often leads to feelings of inferiority, indicating the speaker's perceived superiority (Dinica 106). Moreover, time as a finite resource is a form of non-verbal expression. Prioritizing time for someone suggests importance, while neglect may communicate disinterest. The frequency of interaction also enhances relationship quality. Time symbolism is observed in daily routines and rituals (e.g., fixed mealtimes, seasonal holidays), which structure communication and behavior.

Functions of Non-Verbal Communication

In this section, we will address five important functions that our nonverbal communication serves in interactions: we use it to convey meaning and provide information, regulate interactions, express our identities, indicate relational standing, communicate emotions, and express status and power. We use nonverbal communication to complement, substitute for, modify, or contradict verbal messages (Pamela, Heidi, and Murphy 6).

- **Complement:** We can use nonverbal communication to complement the accompanying verbal message. Obvious examples include a head-nod or a head-shake to complement the verbal messages of “yes” or “no.” If a friend tells us that they recently received a promotion and a pay raise, we can show our enthusiasm in a number of verbal and nonverbal ways. We can exclaim, “Wow, that’s great! I’m so happy for you!” while at the same time using our nonverbal communication to complement what we are saying by smiling and hugging them.
- **Substitute:** We can also use nonverbal communication to substitute for a verbal message. If someone asks you a question, instead of a verbal reply “yes”, you may choose to simply nod your head without the accompanying verbal message. When we replace verbal communication with nonverbal communication, we use nonverbal behaviors that are easily recognized by others such as a wave, head-nod, or head-shake.
- **Modify:** While nonverbal communication can complement verbal communication, we also use it to modify the meaning of verbal communication by emphasizing certain parts of the verbal message. For instance, you may be upset with a family member and state, “I’m very angry with you.” To accent this statement nonverbally you might say it, “I’m VERY angry with you,” placing your emphasis on the word “very” to demonstrate the magnitude of your anger. In this example, it is your tone of voice (called paralanguage) that serves as the nonverbal communication accenting the message
- **Regulate Interactions:** We can use our nonverbal communication to regulate interactions. For example, if we are talking to someone and we want to show them we are interested in what they are saying and that they should continue, we can make eye contact, lean forward, and/or nod our heads. We do not generally end conversations by stating, “I’m done talking to you now” unless there is a breakdown in the communication process. However, if we are trying to get the other person to stop talking so that we can exit from the interaction, we might look at our phones or angle our bodies away from theirs.

Elements of Nonverbal Communication

Nonverbal communication consists of several key elements that complement or substitute verbal messages. These are:

- **Kinesics:** This includes body movements, gestures, posture, and facial expressions. Kinesics plays a crucial role in signaling attitudes, emotions, and reactions during interpersonal interactions (Knapp and Hall 57).
- **Proxemics:** It involves the use of space to convey meaning, such as maintaining personal distance for intimacy or expanding space to signify authority (Burgoon et al. 104).

- Haptics, or communication through touch: This communicates warmth, support, or dominance depending on the context and cultural norms. These elements highlight that much of human communication occurs beyond spoken language.
- **Paralanguage:** It encompasses vocal features like tone, pitch, and volume that modify the meaning of verbal messages without changing the actual words (Knapp and Hall 61).
- **Appearance and artifacts:** This includes clothing, hairstyle, and personal objects. It sends strong social and cultural signals, influencing how individuals are perceived in professional and social settings.
- **Chronemics, or the use of time in communication:** This can signify respect, status, and relational dynamics; for example, punctuality often reflects professionalism, while delays might suggest disregard (Ekman 12). Together, these elements - kinesics, proxemics, haptics, paralanguage, appearance, and chronemics form the foundation of nonverbal communication, shaping meaning and interaction in both personal and public contexts.

Major Proponents of Non-Verbal Communication in Theatre and Film

The study of non-verbal communication in theatre and film has been shaped by influential theorists who explored how gestures, facial expressions, proxemics, and visual symbols convey meaning beyond spoken dialogue. Major proponents such as Konstantin Stanislavski, Jerzy Grotowski, Antonin Artaud, Rudolf Laban, Charlie Chaplin, Jacques Lecoq and Peter Brook contributed groundbreaking techniques that emphasize the actor's physicality and visual storytelling as essential tools for audience engagement and narrative expression.

1. **Konstantin Stanislavski (1863 - 1938):** Stanislavski's system emphasized the actor's use of physical actions, gestures, and facial expressions to convey inner emotions. He believed that non-verbal behavior should arise naturally from a character's objectives, making performances believable and truthful. His ideas laid the foundation for method acting, where non-verbal cues (like posture and movement) are as vital as dialogue in creating authentic characters.
2. **Jerzy Grotowski (1933 - 1999):** Developed the concept of "Poor Theatre", which focused on the actor's body and voice as primary tools of expression, rather than elaborate sets or costumes. Grotowski encouraged the use of ritualistic gestures and body language to communicate meaning. He shifted attention to physicality and non-verbal storytelling, influencing experimental theatre worldwide.
3. **Antonin Artaud (1896 - 1948):** Known for the "Theatre of Cruelty", Artaud advocated for a theatre that communicates through physical gestures, sound, and movement, breaking away from reliance on text. His aim was to impact the audience's senses directly. His theories encouraged directors and actors to use non-verbal elements like screams, symbolic gestures, and movement to evoke emotional and psychological reactions.
4. **Rudolf Laban (1879 - 1958):** Rudolf is a movement theorist who developed "Laban Movement Analysis" (LMA), a system for analyzing and notating human movement. His work has been essential for choreographers and actors in understanding how movement conveys meaning. His ideas underpin much of physical theatre and actor training, helping performers explore expressive movement beyond spoken language.
5. **Charlie Chaplin (1889 - 1977):** A pioneer of "silent film", Chaplin mastered the art of storytelling through facial expressions, body language, and mime. His work showed how

complex emotions and narratives can be conveyed without dialogue. Chaplin proved that non-verbal performance can be universally understood, shaping early cinema's reliance on physicality.

6. **Jacques Lecoq (1921 - 1999):** Lecoq founded an influential school of physical theatre and focused on mime, movement, and gesture as central to dramatic expression. His pedagogy taught actors to embody roles through dynamic physicality. Lecoq's training methods strongly impacted modern theatre, especially in devising and physical performance styles.
7. **Peter Brook (1925 - 2022):** Brook emphasized "visual imagery, silence, and movement" in storytelling, believing theatre communicates on a non-verbal and metaphoric level. His productions often minimized words to highlight gesture and space. His work demonstrated the power of non-verbal dramaturgy in both traditional and experimental theatre.

Non-Verbal Communication in Theatre

Theatre's dependence on non-verbal communication can be traced back to its earliest forms, long before spoken dialogue became central to performance. In ancient Greek theatre, actors wore large, stylized masks and employed exaggerated body gestures to amplify emotional expression and make characters visible and comprehensible even to those seated far from the stage. These masks not only signified character types but also facilitated emotional projection through non-verbal cues (Schechner 112). Likewise, in traditional Asian performance forms such as Japanese Noh and Indian Kathakali, elaborate costumes, makeup, and intricately codified movements, particularly hand gestures or mudras - conveyed nuanced meanings and emotional states. These gestures operate as a non-verbal language system, allowing performers to narrate complex stories without uttering a word (Schechner 113).

Physicality and Expression

In live theatre, an actor's body serves as a vital instrument of communication. Through posture, movement, gesture, and facial expression, performers construct character and mood in ways that often transcend spoken language. Peter Brook articulates this well when he asserts, "a single gesture on stage can evoke a world" (34). Physical theatre genres, such as mime and movement-based performances, exemplify this principle. Companies like Crown Troupe of Africa and Kiniso Theatre Company and many emerging avant garde theatre companies across Nigeria create performances where physicality assumes narrative prominence, with actors using the body to express psychological and social complexities in the absence or near absence of verbal dialogue. These forms emphasize that meaning in theatre can emerge from visual and kinetic expression as much as, if not more than, verbal articulation.

Space and Proxemics

The spatial arrangement of actors on stage - how they occupy, move through, and relate to the space around them, communicates unspoken messages about relationships, emotional states, and narrative tension. The concept of proxemics, introduced by anthropologist Edward T. Hall, is particularly relevant in theatre, where physical proximity or distance between characters can suggest intimacy, alienation, dominance, or submission. Anne Bogart and Tina Landau, in their Viewpoints approach, identify spatial relationships and architecture as fundamental tools for creating meaning and dynamics on stage. According to them, "the tension between bodies in space,

and their relation to the architecture of the stage, generates emotional and narrative resonance” (Bogart and Landau 54). For example, a character standing isolated in a vast, empty space may communicate loneliness or exile, while tightly clustered actors might suggest unity or conflict, depending on their posture and energy.

Non-Verbal Communication in Film

Film, as a visual medium, employs a range of tools such as camera angles, editing, lighting, and sound design, to accentuate non-verbal communication. These elements allow filmmakers to manipulate the viewer’s attention and emotional response in ways that are distinct from live performance. One of the most significant tools in this respect is the close-up, which isolates a character’s facial expression, intensifying its emotional impact. Slow motion can draw attention to subtle movements, such as a lingering glance or trembling hand, while montage sequences can juxtapose images to suggest relationships and emotions without spoken dialogue.

Film theorist Bela Balazs emphasizes the power of facial expression in cinema, famously asserting that “the language of the face is the most subjective form of visual communication” (Balazs 100). This concept was especially prominent during the silent film era, when actors relied entirely on gestures, expressions, and movement to convey character and plot. The medium’s ability to capture the minutiae of facial shifts and bodily cues gives it a unique advantage in portraying internal states non-verbally.

From “Meaning and Nonverbal Communication in Films” (Ewata, 2016), we learn that Actors in film simultaneously employ tone, gesture, facial expressions, and other non-verbal cues to convey meaning, frequently across cultural boundaries (Ewata 3). Such multimodal nonverbal communication acts as meta-communication, providing layers of meaning beyond dialogue, but can be counterproductive if misused or culturally misinterpreted (Ewata 3).

Iconic Examples

One of the most enduring examples of non-verbal storytelling is Charlie Chaplin’s *City Lights* (1931). In this film, Chaplin’s character, the Tramp, navigates love and hardship with little or no dialogue, using only his expressive face and choreographed physicality. The film’s final scene, where the Tramp’s expression subtly transitions from anxiety to hope upon being recognized by the blind girl he loves, remains a powerful testament to the narrative capacity of non-verbal performance.

Contemporary cinema also demonstrates the potency of physical expression. In *There Will Be Blood* (2007), Daniel Day-Lewis delivers a performance characterized by intense non-verbal cues. His character, Daniel Plainview, often communicates menace, desperation, and ambition through micro-expressions, posture, and physical silence. The restrained use of dialogue in several key scenes forces the viewer to focus on Day-Lewis’s physicality, revealing complex emotional undercurrents without a single word.

Mise-en-scene and Symbolism

Non-verbal communication in film extends beyond actors' expressions and gestures to encompass mise-en-scene, the deliberate arrangement of visual elements within the frame. This includes everything from lighting and costume to color and spatial composition. These elements act as symbolic tools that guide interpretation and evoke emotion. Steven Spielberg's *Schindler's List* (1993) provides a poignant example of this technique. The film is predominantly shot in black and white, but the presence of a young girl in a red coat, seen wandering through the Krakow ghetto, stands out as a striking visual symbol. Her red coat, one of the film's few colored elements, represents innocence and becomes a haunting metaphor for the lives lost during the Holocaust. This visual cue carries enormous emotional weight and functions entirely without dialogue, exemplifying how non-verbal elements can define a film's thematic message (Spielberg 8).

Conclusion

Non-verbal communication in theatre and film is not merely an aesthetic addition; it constitutes a core element of performance that shapes narrative meaning and emotional depth. It functions in tandem with, or even in opposition to, spoken language to produce multidimensional storytelling. In theatre, codified gestures, spatial dynamics, and corporeal expressiveness convey intent and subtext, often transcending linguistic barriers. As Schechner observes, "performance must be understood as a broad spectrum of activity, in which gesture and embodiment play crucial roles" (112). Similarly, in film, tools such as close-ups, camera movement, and editing underscore the importance of silent expression. Bela Balazs underscores this by noting that "the language of the face" is a primary communicative force in cinema, capable of conveying interiority without dialogue (100).

These forms of non-verbal expression are not static; they evolve with technological innovation and shifting cultural paradigms. The rise of motion capture, virtual reality, and AI-enhanced performance tools indicates a future where bodily nuance and visual semiotics will take on even greater significance. Yet at their core, these techniques tap into a universal human sensitivity to gesture, rhythm, and presence. As Birdwhistell famously argued, only a small percentage of meaning in human interaction is transmitted through words, with the remainder expressed through non-verbal channels (Birdwhistell 47). Thus, whether in the ritualized choreography of a Noh performance or a single sustained cinematic glance, non-verbal communication remains an enduring and foundational language of performance.

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Basic Choreography and Kinesthetic: Foundations, Forms, and Functions in Creative Arts

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INTRODUCTION

Choreography is the backbone of dance, the art of crafting movement to convey emotion, tell stories and evoke powerful expressions. At its core, choreography relies on kinesthetics which is the awareness of body movement and position. Understanding kinesthetics is essential for any dancer, choreographer or movement artist. This section discusses the foundational principles of choreography kinesthetics, exploring the forms and functions that shape creative movement. It will examine the intricate relationship between body, space and time and how these elements combine to create meaningful dance expressions. From modern to contemporary, ballet, to hip hop, every dance style relies on a deep understanding of kinesthetics. By grasping the basic of movement, dancers can unlock new levels of expressions, creativity, and connection with their audience. Through exploration and dance practice, we hope to develop a deeper understanding of choreography kinaesthetic, empowering individuals to create and communicate through movement.

Conceptualisation

Choreography and kinesthetic awareness form the bedrock of creative expression in the performing arts. At its simplest, choreography refers to the structured arrangement of movement in time and space, often associated with dance but equally applicable to theatre, film, music videos, and performance art. It embodies both the artistic vision of the choreographer and the physical realisation of the performer. As Banes and Copeland note, choreography is not simply a technical activity but a form of “movement writing” that combines artistic creativity, cultural codes, and physical vocabulary into coherent structures (Banes and Copeland 14).

Closely connected to choreography is the concept of kinesthetic or kinesthetics, which emphasises the awareness of body movement, posture, and spatial orientation. The term derives from “kinesis” (movement) and “aesthesia” (perception), suggesting a perceptual and sensory dimension to bodily experience. Kinesthetic awareness refers to the individual’s ability to sense and interpret movement both internally (within their own body) and externally (in relation to other bodies or the environment). Foster argues that kinesthetic empathy enables viewers to “feel through” a dancer’s movement, creating a visceral connection between performer and spectator

(Foster 7). Thus, kinesthetic awareness is not only crucial for performers but also for cultivating affective responses in audiences.

The intersection of choreography and kinesthetic awareness is particularly significant in the broader field of creative arts. In theatre, choreographic principles govern blocking, gesture, and the physical rhythms of performance. Scholars such as Sheets-Johnstone have highlighted that movement is a primordial form of thinking; that is, an embodied cognition through which humans make sense of the world (Sheets-Johnstone 56). By situating choreography and kinesthetics within creative arts, one appreciates how they transcend dance to function as universal modalities of expression.

A historical perspective underscores this conceptualisation. Early choreographic practices were embedded in ritual and communal performance, from African masquerade dances to Greek chorus movements. These were not merely aesthetic activities but embodied modes of cultural transmission, education, and spirituality. In the modern period, pioneers such as Rudolf Laban, Martha Graham, and Merce Cunningham reframed choreography as both a scientific study of movement and an avant-garde artistic practice. Laban's system of movement notation, for instance, remains a cornerstone for analysing the kinesthetic dimensions of performance (Newlove and Dalby 29). His theories bridged the gap between body mechanics and expressive movement, offering tools for both artistic creation and therapeutic application.

In African contexts, choreography has always been intertwined with kinesthetic awareness through its emphasis on rhythm, communal participation, and symbolic gesture. The Nigerian scholar and choreographer Peter Badejo stresses that African dance is not only physical but also kinesthetic knowledge, in which body movement encodes history, spirituality, and collective memory (Badejo 22). Similarly, Germaine Acogny's African contemporary dance integrates traditional Senegalese forms with modern choreographic vocabularies, exemplifying the fusion of embodied cultural heritage with innovative aesthetics. Such practices reinforce the view that choreography is not a static art but a dynamic negotiation between body, culture, and imagination.

In contemporary discourse, choreography and kinesthetics are increasingly examined through the lenses of embodied cognition, phenomenology, and interdisciplinary performance studies. Theories of embodied cognition suggest that thought is not detached from the body but fundamentally shaped by it (Varela, Thompson, and Rosch 173). This resonates with the practice of choreography, where creative ideas are generated and explored through physical improvisation rather than abstract planning. Similarly, phenomenological approaches stress the lived experience of movement, framing kinesthetic awareness as a mode of being-in-the-world (Legrand and Ravn 31). Such perspectives position choreography as both an aesthetic and philosophical practice, one that illuminates the relationship between body, mind, and society. It is safe to state therefore, that the conceptualisation of choreography and kinesthetics within creative arts highlights their dual nature as practical skills and theoretical frameworks.

Choreography and Kinesthetic Practice -Forms/Types/Styles

The diversity of choreography and kinesthetic practice in creative arts manifests through multiple **forms, types, and styles**, each shaped by cultural traditions, aesthetic philosophies, and

social contexts. While choreography may be broadly defined as the design of movement, the way it materialises depends on whether it emerges from ritual, artistic experimentation, social function, or digital innovation. Understanding these variations is crucial for appreciating the full spectrum of choreographic practice and its embeddedness in human creativity.

One of the earliest and most enduring forms is **traditional and indigenous choreography**, where movement serves religious, communal, and cultural purposes. In traditional African societies, for example, dance is inseparable from social identity, with choreographic patterns reflecting community values, rites of passage, and ancestral worship. As Adinku explains, African dance emphasises collective participation, rhythmic complexity, and symbolic gestures that embody cultural narratives (Adinku 34). Similar functions are found in other world traditions, such as Indian classical dance, where codified gestures (*mudras*) convey spiritual and mythological meanings (Vatsyayan 41).

In contrast, **classical and modernist choreographies** prioritise individual artistry and technical mastery. Ballet, originating from Renaissance courts and codified in France and Russia, epitomises this form. Its emphasis on verticality, symmetry, and aesthetic beauty established a global standard of choreographic discipline. The 20th century, however, saw radical departures from this classical model. Martha Graham in the United States developed a modern dance technique based on contraction and release, foregrounding emotional intensity and psychological depth (Graham 112). Merce Cunningham, on the other hand, introduced chance procedures and abstract movement, emphasising the independence of dance from music and narrative (Copeland 78). These innovations expanded the vocabulary of choreography beyond tradition, paving the way for hybrid and experimental styles.

Contemporary and experimental choreographies build upon these modernist foundations but often reject rigid technique in favour of improvisation, inter-disciplinarity, and the integration of everyday movement. Choreographers like Pina Bausch blurred the boundaries between dance and theatre, while in Africa, Germaine Acogny fused traditional Senegalese dance with contemporary techniques, creating a unique style of African contemporary choreography (Acogny 59). These experimental approaches highlight choreography as an evolving practice, open to cross-cultural exchange and political expression. They also demonstrate kinesthetic sensitivity, where performers' awareness of their bodies in relation to space, audience, and environment becomes as important as technical form.

The field of dance/movement therapy, pioneered in part by Marian Chace, exemplifies how choreographic methods can be adapted for therapeutic purposes (Levy 23). These pedagogical and therapeutic forms foreground the functionality of choreography as a tool for growth and transformation rather than as a purely aesthetic product.

Another emerging type is **digital and social media choreography**, which reflects the technological shifts of the 21st century. Platforms like TikTok and Instagram have popularised short, repeatable dance routines that spread globally within hours. These forms democratise choreography, enabling non-professional dancers to create and participate in shared movement vocabularies. Digital choreography blurs the lines between art and popular culture, creating a new form of kinesthetic community across virtual spaces (Bragin 91). Similarly, in contemporary

Nigerian contexts, Afrobeats music videos employ choreography as a central element of visual culture that blends traditional motifs with modern aesthetics for global consumption (Adeyemi 64).

Functions of Choreography and Kinesthetic

Choreography and kinesthetic awareness serve multiple **functions** within the creative arts, that extend beyond aesthetic pleasure to encompass cultural, social, educational, political, and therapeutic roles. Because movement is a universal human expression, choreographic practices embody meanings that transcend verbal language, making them essential to human communication and community life. The functions of choreography thus reflect its capacity to mediate between the individual body and the collective imagination.

One of the primary functions of choreography is **artistic and aesthetic expression**. At its core, choreography provides a means of organising movement into forms that evoke beauty, harmony, tension, or abstraction. The stage, gallery, or screen becomes a canvas on which the body inscribes artistic meaning. According to Carter, choreography transforms ordinary motion into symbolic artistry, allowing movement to function as a visual language (Carter 47). Kinesthetic awareness deepens this aesthetic function by enabling performers to embody emotion, rhythm, and spatial dynamics in ways that resonate with audiences. This function affirms choreography as not only a craft of movement design but also an art form that enriches human experience through beauty and creativity.

Choreography also functions as a **mode of communication and storytelling**. Long before the invention of writing systems, communities used movement as a narrative tool to convey myths, histories, and values. In African traditions, dances often tell stories of origin, migration, or spiritual encounters that blend music, gesture, and costume into a holistic performance (Ajayi 18). Similarly, ballet narratives like *Swan Lake* or contemporary dance-theatre works articulate complex themes through choreographic sequences. Kinesthetic empathy allows audiences to “read” these narratives viscerally, making choreography a vital medium for transmitting stories and collective memory across generations.

Beyond its artistic and narrative roles, choreography serves important **social and cultural functions**. In many societies, choreographic practices are central to festivals, rituals, and community celebrations. They foster social cohesion by allowing individuals to embody collective identities. Nwakanma explains that in Igbo masquerade dances, choreographic patterns symbolise social order, spiritual mediation, and community solidarity (Nwakanma 65). On a global scale, contemporary social dances such as hip hop, salsa, or Afrobeats routines, function as markers of identity and belonging, affirming cultural pride while facilitating intercultural exchange. Choreography, in this sense, becomes a living archive of culture, encoding the values and practices of a people within bodily movement.

Choreography and kinesthetics also perform significant **educational and developmental functions**. In creative arts pedagogy, movement exercises cultivate students’ kinesthetic intelligence, critical thinking, and collaborative skills. Schools and universities often integrate choreography into drama, music, or art curricula as a way of promoting creativity and holistic

learning. Hanna notes that dance education enhances spatial awareness, emotional expression, and problem-solving, making it a vital component of 21st-century education (Hanna 74). Beyond the classroom, community-based choreographies such as Theatre for Development (TfD) projects in Africa, uses participatory movement to engage citizens in dialogue about health, governance, and social change (Abah 53). These functions underscore choreography's role as a pedagogical tool that fosters both personal and communal development.

The **political and activist function** of choreography has gained prominence in recent decades. Movements such as South Africa's toyi-toyi or the United States' Black Lives Matter protests have employed choreographed gestures and marches as embodied forms of resistance. Dance scholar Chaleff argues that choreography can function as a "politics of visibility," making marginalised voices and bodies central to public discourse (Chaleff 29). In Nigeria, choreographed performances during national celebrations or protests often articulate political critique, using bodily movement as a means of reclaiming public space. This function demonstrates that choreography is not merely aesthetic but also a powerful tool for activism and social transformation.

In addition to the above-discussed ones, choreography fulfils important **therapeutic and healing functions**. The field of dance/movement therapy has shown how structured movement can address psychological trauma, physical disability, and emotional imbalance. By engaging kinesthetic awareness, therapy sessions enable participants to reconnect with their bodies, release tension, and foster healing. Karkou and Meekums highlight how dance therapy contributes to mental health by integrating movement with psychological insight, particularly in contexts of trauma recovery (Karkou and Meekums 112). In indigenous African traditions, dance rituals also serve therapeutic purposes, invoking spiritual forces and communal participation to heal individuals and restore harmony within the community.

Elements of Choreography and kinesthetic

Choreography is structured through fundamental **elements of movement** that enable both performers and choreographers to articulate meaning, organise form, and cultivate kinesthetic awareness. While the terminology and emphasis vary across cultures and traditions, most frameworks converge on five interrelated elements: **body, space, time, energy, and relationship**. These elements are not isolated components but dynamic dimensions that interact to shape the choreographic experience. Understanding them is essential for appreciating how movement functions as both an artistic language and a mode of embodied communication.

- **Body:** The first element is the **body**, which serves as the instrument of choreography. All movement originates from bodily articulation, whether through the extension of limbs, gestures of the hands, or expressions of the face. Laban emphasised that the body is a multidimensional instrument with parts that can move in isolation or in coordinated harmony (Laban 32). In African dance traditions, the polycentric nature of the body, where different parts move simultaneously in distinct rhythms, is a defining feature (Nketia 87). Kinesthetic awareness of the body allows performers to harness posture, balance, and alignment as expressive tools, transforming physicality into artistry.

- **Space:** The second element is **space**, referring to the spatial pathways, directions, levels, and orientations through which the body moves. Space can be personal (the kinesphere surrounding the performer) or general (the stage, arena, or environment). The manipulation of space in choreography creates visual patterns, symbolic meanings, and aesthetic balance. In theatre, blocking and stage design often depend on choreographic spatial awareness, while in dance, the use of levels, from grounded floorwork to elevated leaps, produces dynamic contrasts. As Foster notes, choreographic space is not neutral but “charged with meaning through the body’s occupation and transformation of it” (Foster 41).
- **Time:** This is another fundamental element, encompassing rhythm, tempo, duration, and phrasing of movement. Whether aligned with music or independent of it, choreographic timing shapes the flow and perception of performance. Traditional African choreographies often emphasise polyrhythmic structures, where dancers respond to layered drum patterns with complex timing (Adinku 66). In contrast, Cunningham’s experiments with chance procedures revealed that choreography could operate independently of musical rhythm, foregrounding time as a flexible and abstract dimension (Copeland 92). Kinesthetic sensitivity to time enables performers to synchronise, contrast, or suspend movement, creating tension and release that engage audiences.
- **Energy:** Sometimes referred to as force or dynamics, energy refers to the quality of movement, whether sharp or smooth, sustained or percussive, light or heavy. Energy infuses movement with emotional texture and communicative power. Graham’s modern dance technique, based on contraction and release, exemplifies how energy dynamics can embody psychological intensity (Graham 124). In ritual dances, shifts in energy often mark transitions between sacred and secular dimensions, signalling changes in meaning. Kinesthetic awareness allows performers to modulate energy consciously, enhancing expressivity and affective impact.
- **Relationship:** It refers to the connections between bodies, objects, and environments within choreography. Movement gains meaning when situated in relational contexts: between performers (duets, ensembles), between performers and props, or between performers and audiences. Bausch’s Tanztheater, for instance, explored relationality by blending gesture, spoken text, and scenography in ways that emphasised human interactions (Servos 56). In African masquerade performances, relationships between dancers, musicians, and spectators blur traditional performer–audience boundaries, creating a participatory choreographic field (Ajayi 78). This element underscores that choreography is not only individual expression but also relational dialogue mediated through movement.

These five elements - body, space, time, energy, and relationship - constitute the **building blocks of choreography**.

Major Proponents and their Contributions

The history and practice of choreography and kinesthetics have been shaped by the pioneering contributions of choreographers, theorists, and practitioners who expanded movement vocabularies, developed analytical systems, and bridged cultural traditions. These figures provide the theoretical and practical foundations upon which contemporary creative arts rest. Their contributions illustrate the global nature of choreography, while also highlighting African and Nigerian innovators who have brought indigenous movement traditions into dialogue with modern aesthetics.

1. Rudolf Laban

(1879–1958): This is Perhaps the most influential theorist of choreography/ His work transformed the study and practice of movement. Laban developed a comprehensive system of analysing and recording movement, known as *Laban Movement Analysis (LMA)*, which categorises movement in terms of body, effort, space, and shape (Laban 44). His invention of *Labanotation* offered a written system for choreographic documentation comparable to musical notation. Laban's theories not only shaped modern European dance but also found applications in theatre training, psychotherapy, sports, and education. By emphasising kinesthetic awareness, Laban positioned movement as a universal human language, influencing generations of artists and educators.

2. Martha Graham (1894–1991)

In the United States, **Martha Graham** revolutionised modern dance with her emphasis on emotional expression and psychological depth. Her technique of “contraction and release” used the body's core as the source of movement, producing choreography that conveyed inner conflicts and human struggles (Graham 128). Works such as *Appalachian Spring* exemplified her fusion of abstract movement with narrative, making choreography a vehicle for exploring cultural identity and social themes. Graham's legacy lies in her integration of kinesthetic intensity with dramatic storytelling, positioning choreography as a serious modern art form.

3. Merce Cunningham (1919–2009)

Merce Cunningham challenged conventional approaches to choreography by separating movement from music and narrative. Through the use of chance procedures and computer software, Cunningham foregrounded the autonomy of dance as an independent art form (Copeland 95). His collaborations with visual artists and composers such as John Cage redefined choreography as an interdisciplinary practice, emphasising the openness of movement to experimentation. Cunningham's work demonstrated that kinesthetic structures could exist without fixed storylines, reshaping contemporary understandings of choreography's possibilities.

4. **Germaine Acogny (b. 1944)**

In the African context, **Germaine Acogny** is often hailed as the “mother of contemporary African dance.” She developed a technique that combines traditional Senegalese dance with modern movement principles, creating a unique African contemporary choreography that has gained international recognition (Acogny 63). Through her École des Sables in Senegal, Acogny has trained generations of dancers across Africa, emphasising kinesthetic knowledge as rooted in both cultural heritage and modern innovation. Her work demonstrates the capacity of African choreography to serve as both a preservation of tradition and a platform for global dialogue.

In Nigeria, several choreographers have made notable contributions to integrating choreography within the broader creative arts. **Hubert Ogunde (1916–1990)**, often regarded as the father of Nigerian theatre, incorporated dance and choreography into his travelling theatre productions, blending traditional Yoruba forms with modern performance structures (Adedeji 52). His choreographic practices highlighted the centrality of dance in Nigerian theatre, influencing subsequent generations of performers.

Similarly, **Peter Badejo (b. 1949)** has been instrumental in theorising African dance as both an artistic and intellectual practice. His research and performances stress that African choreography encodes philosophical and spiritual knowledge through kinesthetic expression (Badejo 38). Badejo’s contributions bridge scholarship and practice, advancing the recognition of choreography as a legitimate academic and cultural discourse.

Contemporary Nigerian choreographers such as **Qudus Onikeku** have further expanded the field by combining Yoruba dance, hip hop, and contemporary improvisation. Onikeku’s work explores memory, identity, and postcolonial realities, positioning choreography as a form of embodied philosophy (Ogunleye 77). His international performances and workshops demonstrate the global reach of Nigerian choreographic creativity.

Other figures such as **Pina Bausch** in Germany and **Alvin Ailey** in the United States also deserve mention for their contributions. Bausch’s Tanztheater combined choreography with theatrical narrative, redefining the relationship between movement and drama (Servos 59). Ailey, through his company Alvin Ailey American Dance Theatre, showcased African American cultural identity and heritage, particularly in works like *Revelations* (DeFrantz 112). Both choreographers highlighted the social and political dimensions of kinesthetic expression, making choreography a medium for cultural affirmation and critique.

Case Studies

To illustrate the intersections of choreography and kinesthetics, this section presents selected case studies drawn from global and African contexts. Each case demonstrates how choreography operates as both aesthetic practice and cultural expression, while kinesthetic awareness grounds creativity in embodied knowledge.

Alvin Ailey's "Revelations" (1960)

Alvin Ailey's *Revelations* remains one of the most performed modern dance works worldwide. Inspired by African American spirituals, gospel, and blues, the choreography embodies resilience, hope, and cultural memory (DeFrantz 102). Ailey employed expansive gestures, grounded movement, and ensemble patterns to express collective identity. The kinesthetic power of the work resides in its accessibility, audiences "feel" the rhythms and emotions regardless of cultural background. *Revelations* illustrates choreography as both a celebration of heritage and a universal language of the human body.

Germaine Acogny and the École des Sables (Senegal)

Germaine Acogny's work at École des Sables represents a landmark in the fusion of African traditional dance with contemporary techniques. Through choreographic pieces such as *Yewa* and *Fagaala*, Acogny incorporates Yoruba and Senegalese forms while engaging modern compositional structures (Acogny 69). Her pedagogy emphasises kinesthetic listening, teaching dancers to internalise rhythm, space, and flow as cultural archives. This case underscores the role of choreography in cultural preservation and innovation, positioning African dance within the global canon.

Qudus Onikeku's "Spirit Child" (2019)

Nigerian choreographer Qudus Onikeku's *Spirit Child* interrogates postcolonial identity and memory by blending Yoruba dance, hip hop, and improvisation. The work engages kinesthetic energy to evoke ancestral presence, creating an embodied dialogue between past and present (Ogunleye 75). Onikeku's choreography demonstrates how movement can carry philosophical depth, enabling dance to function as a site of decolonial critique. The audience's empathetic engagement reflects kinesthetic knowledge as relational, transcending mere aesthetics.

Pina Bausch's "Tanztheater Wuppertal"

Pina Bausch's Tanztheater productions, such as *Café Müller* (1978), fused theatrical narrative with choreographic invention, creating emotionally charged experiences. Through repetition, fragmented gestures, and dramatic staging, Bausch revealed the kinesthetic as affective resonance, audiences sense vulnerability through the dancers' bodies (Servos 118). This case highlights choreography as dramaturgy, where movement structures human emotions and social commentary.

Hubert Ogunde and Nigerian Theatre

Hubert Ogunde's travelling theatre integrated dance and choreography as a central element of storytelling. Productions like *Yoruba Ronu* (1964) used choreographed sequences rooted in Yoruba ritual performance to advance socio-political critique (Adedeji 54). Ogunde's case demonstrates the African theatrical model, where choreography and kinesthetics are inseparable from music, drama, and cultural commentary. His contribution provides a template for interdisciplinary creativity in the Nigerian context.

Conclusion

The exploration of choreography and kinesthetics in the context of creative arts underscores their centrality as both foundations and dynamic forces of artistic expression. Choreography, understood as the conscious structuring of movement, provides order, rhythm, and thematic coherence to artistic creation, while kinesthetics, embodied awareness of motion, grounds this structuring in the lived experience of the human body. Together, they reveal dance not simply as entertainment but as a communicative practice, a cultural archive, and a form of embodied knowledge.

The chapter has shown how diverse **forms, types, and styles** of choreography, from classical ballet to contemporary African dance, demonstrate the adaptability of movement vocabularies across contexts. Similarly, the **functions** of choreography and kinesthetics are multiple: they preserve cultural memory, foster identity, educate communities, and provide therapeutic, aesthetic, and spiritual enrichment. As explored through the **elements** of space, time, energy, and flow, choreography is not merely a set of steps but a compositional grammar of embodied meaning.

Ultimately, the synergy between choreography and kinesthetics affirms that movement is knowledge, an embodied epistemology that communicates beyond verbal language. For creative arts, this recognition broadens the field's interpretive frameworks, enabling scholars and practitioners to understand performance as both artistic product and lived experience. By situating choreography and kinesthetics at the heart of cultural expression, the chapter provides a foundation for appreciating dance as a vital mode of inquiry, identity-making, and human connection in the 21st century and beyond.

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Playwriting: The Essentials

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INTRODUCTION

Playwriting is a special kind of creativity. It involves the crafting of compelling story, developing characters and formatting the script for performance. Stage plays have a lot in common with novels, film, television and radio stories. They all involve story telling. But they have some important differences. Though every writer is different in his approach to storytelling, however the following broad tips may be helpful in developing your own writing process. So, in this article we shall discuss the following:

- i. The difference between Script for Stage, Screen and Radio
- ii. Drama Genre
- iii. Brain storming
- iv. Synopsis, Outlining and Stage Direction
- v. Formatting a Play Script
- vi. Different Forms of Play.
- vii. Plot Structure
- viii. Characters and Characterization
- ix. Language and Dialogue
- x. Finalizing Your Play
- xi. Conclusion

I Scriptwriting for Stage, Screen and Radio

Writing play for stage differs significantly from writing for film, television or radio. They all involve storytelling through action and dialogue, but theatre presents unique constraints and opportunities

i. Live Performance

Theatre offers a different kind of experience for an audience as it shows in real time and live. There is no camera movement. CGI or post production to consider. Instead everything must be conveyed through acting, dialogue, set design and lighting. Everything must unfold in one take unlike film and television where the cast and crew have multiple takes to get things right.

ii. Audience Proximity

With live performances comes an audience in very close proximity to the action. While movies and television shows are consumed passively in a dark theatre or in the comfort of our living rooms, in live theater the audience is only a few feet from the stage. There is an increased level of intimacy and immediacy when watching a play that can't be found in a movie theatre. Playwrights use this to their advantage and to heighten the dramatic effect of their work

iii. Dialogue

On stage, it is the dialogue that must carry the emotional weight and narrative momentum, but film has the advantage of camera angles and shots, a simple glance or cutaway can communicate volumes. In plays, the art of saying a lot with a little. Like screenplays, play scripts are written in the present tense.

iv. **Limited Locations**

Playwrights must be creative in creating scenes that feel dynamic but a static space at times. When you are writing movie, you're limited only by your imagination. You can get as fantastical as you like. You can have buildings explode, helicopter chase, giant creatures, and pretty much anything else you can think of. There is no limit. While set changes are totally viable in a play, they typically take place in a limited number of settings. Since a play takes place on a stage with live actors, there's only so much you can do. While there are some elements of setting that can be accomplished on a stage, every fantastic element that goes into your play means a bigger budget for the production. This is the reason why most plays are character-driven stories. You generally won't see a play that takes place in more than two or three locations, and usually, these locations are fairly common, such as offices or home. So, it's advisable to keep these set changes to a minimum. This is usually due to budget and logistical constraints. So as you think about the idea for your play keep this in mind.

II. Drama Genre

Before you go into playwriting, it is important that you know that there are different types of drama, classified according to the mood, tone, and action depicted in the plot. Each type has its own unique style. Some of the most popular types include: Tragedy, Comedy, Tragi-comedy, Melodrama, Farce, Historical Drama, Fantasy, Opera, and Docudrama

i. Tragedy: Classical tragedy originated in ancient Greece. It is serious in nature and it explores serious issues like fate, death, disaster, human suffering, and betrayal, and vengeance, ethical and moral issues. It usually depicts the downfall of a noble character often due to a personal flaw (hamartia) or circumstances beyond his control. It has an unhappy ending and aims to evoke the feeling of pity and fear (catharsis) in the audience. According to Aristotle in his Poetic, tragedy involves the reversal of fortunes of a protagonist, a powerful person who falls from grace to grass, due to a flaw in his character (hamartia) He also wrote that a tragedy must create a sense of pity

and fear in the audience which can then lead to catharsis, Tragedy creates a strong mood of unhappy and sad feeling among the audience. However, modern dramatists such as Arthur Miller have argued that tragedy can also be written about common people. For the viewer may more easily relate to this type of tragedy and thus feel a greater sense of fear and pity

EXAMPLE: *King Oedipus*, by Sophocles. *Hamlet* by Shakespeare, *The Death of a Salesman* by Arthur Miller, *Death and the King's Horseman* by Wole Soyinka

ii. Comedy: Comedy is light in nature and creates a very funny and happy ambience. Comedy typically places ordinary characters in unusual or humorous situations and generally conclude with a happy or satisfactory resolution, such as a wedding or reconciliation. It portrays social institution and persons as corrupt, and ridicules them. It pokes fun at their vices. It exposes the foibles and follies of individuals and society by using comic elements. It always has a happy ending. The primary function of comedy is to amuse, entertain and to make the audience to relax. Comedy can also be sarcastic, poking fun at serious topics. There are also several sub-genres of comedy such as sentimental comedy, romantic comedy, comedy of manners, and dark comedy (plays in which characters take on tragedy with humors in bringing serious situation to a happy endings).

Example: *As You Like It* by William Shakespeare, *The Miser* by Moliere, *The Trials* by Julie Okoh

iii. Tragi-Comedy: This hybrid genre blends elements of both tragedy and comedy. It may contain serious or dark themes but incorporates humorous elements or ends happily. The purpose is to reflect the dual nature of reality, where both joy and suffering can coexist

iv. Melodrama: Melo, the root part of melodrama comes from the Greek word, melos meaning song. Melodrama was originally a stage play that had an orchestral accompaniment and was interspersed with songs. Music is used to increase emotions or to signify characters. It is mainly judgmental drama where good always triumphs over the evils. Melodramas are an exaggerated form of drama that appeal to the heightened emotions of the audience. They often feature clear-cut, one-dimensional characters such as noble heroes, suffering heroines, and evil villains, and sensational plots where good eventually triumphs over evil. Everything from dialogue to costume is shown in a larger than life pattern.

Function: Melodrama is a genre of drama that exaggerates plot and characters with the intention of appealing to the emotions

EXAMPLE: *The Glass Menagerie* by Tennessee Williams, *Run* by Lynn Nottage

v. Farce: This is an extreme form of comedy. Funny and hilarious in nature, It relies heavily on physical humour, intentional overacting, absurd situations, and improbable plot twists to generate maximum laughter. It combines stereotyped characters and exaggeration to create humor. Characters intentionally overact and engage in slapstick or physical humour. It also contain improbable coincidences, and generally mock weakness of humans and society. It is a play that has only funny elements and no human values.

FUNCTION: Main objective is to create great laughter to entertain the audience.

EXAMPLE: *The importance of Being Earnest* by Oscar Wilde. *Waiting for Godot* by Samuel Beckett,

vi. Fantasy: This is a type of drama that portrays characters in a Medievalist setting and there are elements often associated with medieval legends such as king, queens, princesses, dragons, knights, unicorns, and so on. It has fairy tale type of characters. It shows how some magic or powers that have no scientific bases yet verified by repeatable evidence.

FUNCTION: It serve to fuel our imaginations, and satisfy our longing for adventure. Thus fantasy directly relates to our deepest desires and dreams. That is why they are important for increasing power of imagination in growing minds.

EXAMPLE: *Midsummer Dream Night Dream* by William Shakespeare

vii. Opera: A dramatic genre which involves the artful combination of theatre, dialogue, music, and dance to tell a grand story of tragedy or comedy. Since characters express their feelings and intention through song rather than dialogue, performers must be skilled actors and singers. A composition in which all parts are sung to this drama genre combines instrumental accompaniment, it includes arias, choruses and recitatives, and that sometimes includes ballet.

viii. Science Fiction drama: This incorporates elements of magic, mythic creatures, or futuristic science and technology into a dramatic structure

Political Drama Focuses on political issues, power struggles, and their impact on characters and society.

ix. Historical: Drama: Plays or films that focus on dramatic events in a specific historical period, often involving elaborate period costumes and settings

x. Docudrama: This is a relatively new genre. It involves the dramatic portrayal of historic events or non-fiction situation. More often presented in movies and television than in live theatre.

III. Brainstorm Ideas:

This means before you begin to write, you must ask yourself some questions. What do you want to write about? Have you a story you want to tell? Do you have something you passionately want to talk about?

- i. Playwriting starts with determining the subject matter. Dramatic writing explains our opinion on a subject matter such as love, politics, religion, power
- ii. Try to sum up the idea in a sentence or two.
- iii. Think about the message you want to convey to your audience.
- iv. Identify the type of main character that would best interpret your message. Stage story are largely character driven story. Research the main character's world: his goals, traits and backstory, to create a believable and authentic story.

- v. Give your main character an urgent reason to resolve the central conflict of your play. Then think of the obstacles he might encounter.
- vi. Who is your audience: Although you don't want to pigeon hole yourself into writing for one group, its good idea to think about who you want your play to address and what their experience may be. Is the play for children, youths or adults? Is it for the general public or for special group of people?
- vii. Choose a genre. You need to determine the right genre for the subject matter of your play. Is is tragedy, comedy, romantic drama, murder mystery, science fiction
- viii. Determine the setting. The overall setting of a dramatic work is the general locale, historical time and social circumstance in which its action occurs. The setting of a single episode or scene within the play is the particular physical location in which the action takes place. It could be an office building, a home, a hotel, battlefield, a bus, a living room, etc. Whichever setting you choose, it needs to support the mood and themes of your story.
- ix. Briefly describe the time. This includes whether it is day or night and whether it takes place in the present day, the past or the future. Whether it is raining season or dry season.
- x. Consider how all these can be represented on stage, keeping in mind the limitations and possibilities of live performance.
- xi. Brain storm some endings for your play script.
- xii. Brainstorm on the theme of the play. This is the general message you want to communicate to the audience. Themes are not explicitly stated, but are woven into the fabric of the narrative. They can be identified by examining the story's central conflicts, character arcs, and recurring motifs or symbols.

IV. Synopsis/Outlining/Stage Direction

i. Synopsis

After brainstorming, write a brief synopsis. Synopsis otherwise known as the logline, is a brief summary of a story. A synopsis should summarise your story in full but shouldn't be longer than a page. A good logline should:

- 1. Introduce the protagonist
- 2. Establish the central conflict or problem
- 3. Highlight the stakes or consequences
- 4. Pique the reader's interest

Loglines are commonly used in film, television, and literature to concisely convey the essence of a story and entice others to read or produce it.

ii. Develop Your Story by Outlining Your Ideas.

Write out the outline. Outlining your play by separating it into acts and scenes. Write down the beginning middle and end, including major story beats, and plot points surrounding your main conflict. Separate your plot points into their respective acts, following the pattern of rising action, leading to the climax, and falling action leading to the resolution keep your act break compelling to retain the interest of the audience, making them anxious to know what's going to happen next. Include a subplot or two to help develop your characters

Once you've written the outline, you are ready to write the dialogue. Compose the play script from beginning to the end, keeping the narrative arc in mind,.

iii. Stage Direction

Stage directions in play entail everything from setting to movements of actors and their body language. But since plays are a group effort and each actor will bring their own unique touches to their characters, you don't need to go overboard with stage directions. If you were writing a novel or a short story, you would describe important things in fairly vivid detail. But when writing a play, you need not go into great detail. Instead, a few words here and there will do for stage direction. But if something is really important to the story, like a prop or a location and you want to emphasize it, it is accepted to go into more detail.

V. Formatting a Play Script

Formatting a play script is crucial not just for clarity, but for professionalism. However, it is important to note that there is no one right play script format. As you're reading plays, you'll probably see several different formats used across different plays. Really, you can choose one. Just remember to be consistent with your play format throughout the entire play.

Play script format is similar in many ways to screenplay format, but there are some key difference to be aware of. A standard play script format include:

- i. Title Page (title, writer's name, contact details and a brief synopsis)
- ii. Cast List (a brief description of each character including age, roles and defining traits)
- iii. Setting and Time (a note about where and when the action takes place)

In writing the body of the script itself:

- i. Character Names (all in capitals, centered or left aligned)
- ii. Dialogue (underneath the character name, single-spaced or the character name, colon then dialogue.
- iii. Stage directions (in italics or parentheses often indented if it involves several lines)

The Title Page

The title of your play should be in the middle of your title page. Underlined and in all capital letter. Below, write your name. Like this:

THE PLAY TITLE

By

Playwright's Name

In the bottom left corner, print your address, phone number, and email address.

The Dramatis Personae (Cast of Characters)

On this page, list each of your characters along with a very brief description of them. This can include age, sex, and notable physical attributes.

Next, start with Act I and scene1. All act and scene setting should be centered

All character names should be in all caps. And those about dialogue should be centered. Character names in the stage directions won't be centered. But the stage directions themselves should be indented once and italicized.

VI. Different Forms of Play:

Most conventional plays are divided into acts and scenes. Acts are the major structural divisions in the story, while scenes mark changes in time and location. Most stage plays follow one of these three primary conventional framework: One-Act, Two-Act, and Three-Act. Each with multiple scenes that move the story forward. It is important to know the difference and their general characteristics to enable you make a choice when writing your play.

i. One-Act Plays:

- a) One-act plays can be anywhere between ten to forty-five minutes long. Most one-act plays are presented as part of a series. For example a theatre company might put up a performance of four or five One-act plays written around a common theme (human rights, friendship, drug abuse, or child abuse etc), the combined length of all the plays being between 90 to 120 minutes. As a result, they are less complex than the longer plays. A fifteen – page script is about a fifteen minutes play. It is roughly one page per minute.
- b) Introduce your characters and the problem they face as quickly as possible in the first few lines of your play. A good one-act play features only a handful of characters, consisting about 2 to 7 characters.
- c) One-act play is propelled by a sense of urgency. So, to create a sense of urgency, give your main character an urgent reason to resolve the conflict swiftly or face the consequence. Choose a central conflict and move swiftly from action to action with a beginning middle and end that holds the audience attention throughout the play.
- d) One-act play is generally limited to a single location. Hence there are no set changes, costumes, or scenes change, and it moves to a swift resolution.
- e) Due to time constrain, one-act play is based on a simple storyline without complexity. They have few or no subplot, no intermission but with a punchy ending. It doesn't have to be a happy ending but it should be something dramatic and memorable.
- f) One-act plays are shorter than the two or three-act plays. They show the same common plot structure and follow the same rules as the two-act play or three act, but in a more compact form and are faster.

ii. Two-Act Plays:

- a) Two-Act Plays follow the same pattern as one-act play.
- b) They are longer than the one-act plays, they range from an hour to two hours. Hence they may feature an intermission.
- c) They often integrate multiple set pieces or locations.
- d) They may have a large cast of characters, and more character development

iii. Three-Act Plays:

- a) These are the longest type of drama, sometimes ranging up to three hours or more.
- b) In the past they could have two or more intermissions, but these days, most Three-Act Plays often have only one intermission. Moreover, they often have large cast, multiple storylines, and many set changes.
- c) Some contemporary stage drama are written in DRAMA, PHASES or in PARTS depending on the intention of the playwright

One-Act Play is ideal for Festival with a running time of around 10 to 45 minutes.

It is important to choose your structure base on your story's needs. For example if you wish to convey a single powerful moment, this may be better suited as a one-act play, while an epic family

drama may demand a full-length play. It is also important to note that these ‘acts’ are not really the same thing as the acts in plot structure.

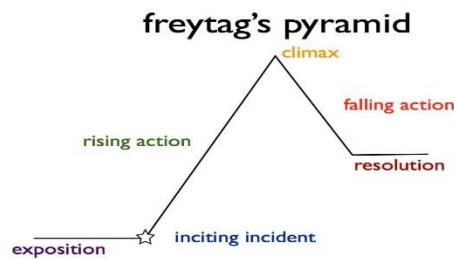
VII. Plot Structure

Every play, no matter the length, has a beginning, middle and end. This idea has its roots in Aristotle’s Poetics, where he describes this form as one of the elements of tragedy. Although it is more than two thousand years old, it laid a foundation for today’s storytelling Aristotle emphasized that any story is composed of beats that follow each other consecutively and that events occur in a sequence connected by cause and effect chain of action.. Nothing happens haphazardly. Everything is the direct result of what occurs before, leading to conclusion. So, understanding the basic elements of plot can help you keep your reader engaged within your story from beginning to end.

What are the five basic elements of a plot?

The basic elements of plot come from Freytag’s Pyramid, named after the 19th century German novelist and playwright Gustav Freytag. Freytag’s Pyramid is a visual representation of the structure of a literary work such as a play, short story or novel. It helps author and readers understand the fundamental structure of a narrative and how it progresses from beginning to end. The triangular diagram outlines the key components of a conventional plot structure and is divided into five parts:

- i. Exposition
- ii. Rising action
- iii. Climax
- iv. Falling action
- v. Denouement or Resolution



i. Exposition: This is the beginning part of a story. It is where crucial background information is introduced before any major events or conflicts unfold. It provides the audience with essential details about the setting, characters, backstory, and initial situation and context. It also foreshadows future events. Exposition serves as a starting point or baseline, setting the stage for the upcoming

developments in the narrative arc. Exposition is crucial, as it provides the reader with the necessary context to understand the characters, their world, their relationships, and the conflicts they faced as the story unfolds. It serves as the foundation upon which the rest of the plot is built.

ii. **Rising action:** This is the next important part of plot. It is where the narrative takes off from its initial setting. After character introductions it launches straight into conflict, tension, and character development. This phase builds the momentum that propels the story forward. The key elements of rising action are inciting incident, character development, complications, escalating obstacles, building tension and setting the tone.

Briefly, the rising action is the bridge that connects the introductory elements of the story to the heightened conflicts, revealing the characters' strength and weaknesses as they embark on their journey toward resolution. The end of the rising action can keep audience anxiously anticipating the resolution of the story's central conflict

iii. **Climax:** This is the dramatic high point of a story, the moment of greatest tension, where the central conflict reaches its peak. This is where the story's major questions are answered, and the main character faces their ultimate challenge. It is also the turning point of the story.

Some key points of the climax include: a) Highest point of tension, b) Central conflict resolution, c) Character transformation, d) Revelations and decisions, e) Resolution, f) Turning point, g) Reader engagement, and h) Conflict showdown.

In action driven stories, the climax frequently features a confrontation between the protagonist and the antagonist.

Briefly, the climax is a critical element of plot structure. For, it provides the narrative's emotional peak, leaving a lasting impact on the reader or viewer and setting the stage for the story's resolution. It is where everything comes together and the story's central conflicts are addressed

iv. **Falling action:** This segment of the story comes after the climax and leads to the story's resolution. It is where the intense conflicts of the climax are winding down and the story is moving towards closure. During this series of events, the central conflict begins to find its resolution, and loose ends are tied up.

The major traits of falling action include: a) Conflict resolution, b) Falling action, c) Final revelations, d) Character development, e) Wrapping up, d) Emotional impact, e) Setting the Stage for the end

The falling action functions as a narrative cool place after the intensity of the climax, guiding the story towards its ultimate conclusion. It ensures that all necessary questions are answered, and the reader gets a satisfying sense of closure.

v. **Denouement or Resolution:** This is the end of the story. It follows the falling action. During this phase, the story's central conflicts are ultimately resolved and the reader gains a sense of closure. The resolution provides answers to any lingering questions, ties the loose ends and offers insight into the characters' futures. The denouement generally includes: a) Conflict resolution,

b).Closure, c) Closing the subplots, d)Narrative epilogue, e)Lasting impact, f)Final emotional tone.

The resolution is a critical component of storytelling as it provides a sense of fulfillment to the reader and ensures that the story is brought to a satisfying and meaningful conclusion. It allows the reader to reflect on the characters' journeys and the broader themes of the narratives, leaving a lasting impression.

vi. **Other salient elements of plot structure:** These include conflict, foreshadow, flashback, suspense and surprise. They all serve to propel the movement of the dramatic action

Conflict: Conflict is the driving force that propels a story forward, creating tension and intrigue. Aristotle refers to it as the soul of plot structure. For, it is a fundamental element in storytelling that introduces obstacles, challenges, and problems for the characters to overcome. Without conflict, a narrative would lack depth and struggles, making it uninteresting and flat. However, conflicts are resolved by the end of a story.

There are two main types of conflict that can be present in a story. These are Internal Conflict and External Conflict. Internal conflict occurs within a characters' mind as they grapple with their emotions, doubts, or decisions. It often involves personal struggles, moral dilemmas, or inner turmoil. But External Conflict involves a character's struggle against an external force. This type of conflict includes: a) character versus character, b) character versus society, c) character versus nature, d) character versus technology, e) character versus fate or destiny.

VIII. Character and Characterization

Characters and characterization constitute key elements of playwriting. Characters are individuals who participate in the action of a play. Although Aristotle in his Poetics says that plot is the soul of drama, characters play crucial role in drama. Every play revolves around its characters. And, it is the actions and reactions of characters that propel the dramatic movement in a play. Similar to their film and TV counterparts, characters in plays are the lens through which the audience experiences the narrative.

What is Characterization? This is the process of creating and developing characters in a play, revealing their personalities, motivation, and desires through dialogue, action, and interaction with other characters.

To create fully fleshed out characters, you need to understand the physical, psychological, and emotional dimensions of each major character. This includes defining their physical appearance, quirks, and mannerisms, but more importantly, it means understanding their psychological make-up.

Furthermore, the interactions and relationships between characters play a significant role in the story's development. The dynamics between characters can create tension, provide comic relief, or evoke emotional responses. These relationships are influenced by the characters' unique personalities and backgrounds. Here are the types of characters commonly found in narratives

i. **Types of Characters:** These include Dynamic, Static, Stock, Prototype, Archetype

- a) **Dynamic:** Round characters. They undergo significant development and change throughout the story, displaying depth and complexity. The action of the play circulates around them. They are subject for Tragedy.
- b) **Static:** They are flat characters. They remain unchanged throughout the story in terms of their personality and beliefs
- c) **Stock:** They are stereotyped characters. They embody stereotypical traits that are readily recognizable in various stories. They are laughable characters and are mostly subjects for comedy
- d) **Prototypes:** First of its kind in literary work, representing a group of people. Eg, Nora in Ibsen's *A Doll House* represents assertive women, William Lorman in Arthur Miller's *Death of the Salesman*, represents the common man in tragedy..
- e) **Archetypes:** Universal symbols and characters, that recur across culture and stories. They represent universal human experience and emotions. Eg: The sacrificial lamb, The wicked step mother and The Trickster

ii. **Functions of Characters:** Characters play different roles in drama. These include: Protagonist, Antagonist, Villain, Foil, Adjuvants, Mentor, and Confidant.

- a) **Protagonist:** The main character. He is often the hero or the central figure who drives the plot forward. The protagonist faces challenges, embarks on a journey, and he undergoes significant development throughout the play.
- b) **Antagonist:** The character or force that opposes the protagonist, creating conflict and tension in the story. He is not a completely bad person. His opposition may be for the good of the protagonist.
- c) **Villain:** This is a completely bad person. He is evil, skirmish and egocentric. His opposition is for his self-interest. Classical example is Iago in Shakespeare's *Othello*, and Casca in Shakespeare's *Julius Caesar*.
- d) **Foil:** A character whose qualities or attributes contrast with those of the protagonist. This is to highlight an important trait and characteristic in the protagonist. He/She serves either as an analogy or antithesis to the protagonist. Classical examples: Ismene/ Antigone in Sophocle's *Antigone*, Shylock/Antonio, Portia/Jessica, Bassanio/ Shylock in Shakespeare's *Merchant of Venice*
- e) **Adjuvants:** These are characters who, in one way or the other, help the protagonist to achieve his ambition.
- f) **Mentor:** Usually an older person who advises and helps the protagonist in his growth and achievements.
- g) **Confidant:** The bosom friend of the protagonist, in whom he confides his secret thoughts and worries. Classical examples: Horatio in Shakespeare's *Hamlet*, The ramenesin Jean Racine's *Phaedra*
- h) **Secondary:** Supporting characters who contribute to the plot but are not the main focus

iii. Characterization Techniques:

- a) **Dialogue:** Characters' words and speech patterns reveal their personalities, background and motivations
- b) **Action and Behaviour:** Characters' action and behaviour demonstrate their traits and characteristics.
- c) **Comment by Others:** Comment by other people are sources of character revelation
- d) **Description and Stage Directions:** Physical appearance, posture, and movement encoded in the stage directions can convey character traits.
- e) **Interaction with other Characters:** Relationships and interaction with others reveals character's personalities and dynamics
- f) **Thought:** Personal thoughts such as soliloquies and Asides help to reveal character traits

iv. Crafting Your Characters

You create complex, relatable characters by giving them distinct voices, clear motivations and backstories. By having distinct voices, we mean that the characters should have a unique way of speaking, reflecting their background, education and personality. Also focus on character development, Keep your character active, you also achieve character development by letting your characters drive the plot, and ensuring that each scene reveals something new about them. Invent a central conflict that underscore what you want to say. Craft a compelling antagonist to bring conflict to the main character. Character motivations inform their actions and decision. Create narrative arc in the story. Above all, create characters that are unique, relatable, believable, three dimensional, with flaws and strengths that make them human.

These techniques help to make characters memorable and engaging.

ix. Language and Dialogue

Drama depends heavily on spoken dialogue to keep the audience informed about the character's feelings, personalities, motivations, and plans. Dialogue is the key to a play, carrying the majority of the emotion and meaning behind the story. It reveals character, advances the plot, and conveys subtext. Since audience sees characters in drama living out their experience without any explanatory comments from the author, playwrights often create dramatic tension by having their characters deliver strong dialogues, purposeful, layered and authentic to each character's voice. Craft authentic, concise dialogue that reveals character traits and advances the plot. Dialogue should be conversational. The dialogue between characters should tell the bulk of the story. Always aspire to write realistic dialogue, but manipulate subtext, soliloquies, and asides to give profundity to meanings. Subtext in playwriting is very important. The audience should be able to read between the lines. Subtlety and nuances are required here in composing dialogues for drama.

x. Finalizing Your Play: Rewrite

Editing and rewriting are vital parts of any creative endeavor. Many professionals suggest getting your first draft down, and then put it aside for a week or a month before you pick it up again with fresh eyes. When editing, try to see the play from the audience's perspective, think about your ideal audience member and what you want them to get of it. Then use this to rewrite and edit ruthlessly until you have a play that is as good as you can possibly make it. Read through the play several times trying to remain objective. Reading the script aloud will enable you to identify areas for improvement. It can also reveal awkward phrasing and pacing issues. Collaborate with actors or peers to refine your script and make it production ready. Keep in mind technical limitations, because writing a scene with explosions or complex effects may not be suitable or practical for smaller venues. Join a local playwriting group or theatre workshop to receive feedback from actors and directors. Hearing your play performed even informally brings it to life in a whole new way.

Conclusion

Every story, no matter its length, should have a beginning middle, and end. It should have a clear conflict, rising action, and a climax that facilitates a conclusion. Create conflict and tension in your play. Use conflict to propel the story forward and keep the audience engaged. Whether you are writing for stage, screen or radio, make each scene important. Each scene in the play needs to have a purpose. Write a strong first draft. Focus on getting the story down, without worrying too much about formatting or perfection. Then revise and edit. Refine your script through multiple drafts, cutting out unnecessary scenes and lines. When editing the draft, if a scene does not seem to add value to the play, you expunge it. The best preparation you can do before writing a play is to read and watch as many plays as you can. This will not only hone your instincts but you'll be more attuned to structure, emotional resonance, character arcs and scene transitions. Study the experts and most importantly keep writing.

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Absurdism in Theatre: An Introductory Statement

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INTRODUCTION

A man wakes up in the morning with excitement, takes his shower, prepares for work and hurriedly enter into his car. He starts the car and stays inside for over three hours without driving out. After some time, he steps out and sits on the burnet of the car pondering on his daily routine for the past twenty five years. Few minutes later, he says “what a life of endless struggle.” This analogy is a picture of an absurd situation. It presents a motionless and helpless state of man in a universe devoid of direction and meaning. Absurdism is the belief that human beings live in a chaotic and aimless cosmos. It focuses on the idea that humans would directly clash with this cosmos if they attempt to find order. Because the universe is not wired to be orderly, there should be no pursuit of order in a chaotic environment (Lasisi 37). It emphasizes the meaninglessness, hopelessness, and helplessness of man’s existence in a universe that is disorderly, disoriented, and full of despair. According to Adjeketa, it is a “state of derailment in deeds, behaviours, and living from the normal to the abnormal” (104). In spite of the chaos in the world, human beings must in one way or the other try to create meaning and this in itself is a contradiction that results in the ridiculous. Since absurdism implies that people may create their own meaning via their own decisions and actions, even when life may not have any intrinsic purpose, it is in close alignment with existentialist philosophy (“Absurdism–Intro to Humanities”).

Absurdism found expression around the 1940s where humanity was battling with the effects of World War II. Through an ironic portrayal of humanity's place in the universe, the absurdist addressed the issue of life in a post-Hiroshima world. Their plays, which featured clown-like, alienated, and aimless antiheroes, portrayed the futility and seeming pointlessness of the individual's existence in a world without fate (Mambrol). Absurdism as a concept has a link with modernist perception, a time when man saw no hope in existence. Modernism as it were, was a reaction to the quick changes brought about by urbanization, industrialization, and the emergence of mass media. It was a time when people felt that the traditional method of doing things was no longer applicable. In drama, modernism signified a significant break from conventional theatrical norms. According to Nwahunanya, one important feature of modern drama is “the propensity towards experimentation” (170). In modernist theatre, forms are experimented with. It analyzes social and political issues, opposes realism, emphasizes the individual, and uses innovative methods, and so on. A variety of movements, including epic theater, realism, expressionism, surrealism, symbolism, theater of the absurd, among others, influenced the ideological horizon of modern theatre. According to Ebewo, the theatre of the absurd, “which is an arm of the avant-garde, is one of the most modern movements” (153).

Albert Camus put forward absurdism in the 1940s, although it was impacted by a variety of philosophical and creative trends, such as Franz Kafka's writings and avant-garde art. The style and methodology of avant-garde art had an impact on absurdism. The play *Ubu Roi* by Alfred Jarry is a significant starting point for the Theatre of the Absurd (Allen). Brockett and Ball, documents that to the absurdist, truth consisted of "chaos and lack of order, logic or certainty and their plays embodied this vision in a structure that abandoned cause-and-effect relationships for associational patterns reflecting illogic and chance" (204).

Some playwrights and artists who contributed to modernist ideas, challenged theatrical conventions and explored new thematic frontiers include; Eugene Ionesco, Jean Genet, Henrik Ibsen, August Strindberg, Samuel Beckett, Luigi Pirandello, Bertolt Brecht, Eugene O'Neill, Edward Albee, Harold Pinter, Anton Chekhov, Tennessee Williams, Sigmund Freud, Friedrich Nietzsche, Henri Bergson, and so on. Apart from Western thinkers, some Nigerian playwrights have explored the absurdist concept via their plays. Wole Soyinka's *King Baabu*, Ola Rotimi's *Holding Talks*, among others are examples of plays that align or follow the absurdist ideology.

Theatre of the Absurd

From the classical era, to the modern era, writers, artists and so on, have tried to figure out how to contribute their quota artistically and express their ideologies towards life. In the words of Anigala, the dramatist creates "the work of art or directs a play or participate in a production with the intention of expressing himself and promoting a basis for improvement on the human condition" (23). Following the emergence of Greek drama, absurd elements initially appeared in Aristophanes' plays as wild humor and old-fashioned comedy. Therefore, morality plays from the middle Ages might also be considered a forerunner of the Theatre of the Absurd, which addressed existential and metaphorical issues that the average person faced. Dramatists such as John Webster, Cyril Tourneur, Jakob Biederman, and Calderon depicted the world as a mythological archetype throughout the Elizabethan period (Sarkar).

Martin Esslin coined the word "absurdism" in his 1960 book "Theatre of the Absurd," which explained a new genre of plays that were popular in Europe at the time and were influenced by the existentialist ideas of French authors Jean-Paul Sartre and Albert Camus. It was a theatrical approach that fused revolutionary, avant-garde dramatic form with existentialist philosophy. The critic Martin Esslin referred to it as the theatre of the ridiculous, despite the fact that it was not a formal movement. Esslin noted that the playwrights in this group share two characteristics: they believe that a large portion of life's events are illogical or absurd and cannot be rationally explained; they also think that dramatic action should demonstrate this absurdity or ridiculousness (Wilson & Goldfarb 348). The theatre of the absurd's underlying idea presents people as always trying to understand the existential nature of humanity. It refers to a human condition that is out of tune and out of harmony with reason; it is a scenario that is deemed irrational and inconsistent with a logical and reasonable existence (Dibia 92).

The French philosopher, dramatist, and writer Albert Camus (1913–1960) described the human predicament as ludicrous in his essay collection 'The Myth of Sisyphus' (Barranger 122). Existential philosophy was a major influence on Absurdist Theatre, and it was most compatible with the philosophy of Albert Camus's 1942 essay 'The Myth of Sisyphus' in which Camus tries to provide a rational defense of why man should not end his life in the face of a pointless, ridiculous existence (Alsharadgeh 176). The reference to the story of "The Myth of Sisyphus" as documented

by Barranger (2002) and Alsharadgeh (2018) and other writers, presents Albert Camus's attempt to describe the helpless and hopeless state of man in a world full of despair as he struggles with the issues of life. Sisyphus, who was condemned by the gods to an eternity of futility, is asked to push a boulder or stone as the case may be up a hill, only to watch it roll back down, and this exercise is repeated without any head way invariably representing the futility of existence.

The Theater of the Absurd believes that people illogically try to force order and meaning onto their lives, yet the universe is fundamentally meaningless. The movement's impact continues to pervade the current theatrical environment, encouraging playwrights to experiment with form and content and question audiences' sense of reality. Playwrights such as Samuel Beckett, Eugène Ionesco, and Jean-Paul Sartre have challenged the very idea of what the performing arts can be in the Theater of the Absurd, where absurdity is a mirror that forces you to face your own desires and fears and see them in a different light (Reynolds 2024). Apart from the Western playwrights who tried to project the concept of absurdism in their works, there are a few other playwrights who have also contributed to the absurdist ideas.

Elements of Absurdism

The idea that human beings are in desperate search for intrinsic meaning in a universe that provides none is usually captured in absurdist plays. Absurdist playwrights often challenge conventional dramatic norms in order to express this central notion, by creating a distinctive "irrational" and "illogical" style. Theatre of the Absurd, as it were, is known or noticed for its conscious rejection of conventional dramatic structures and techniques. Barranger observed that the common elements that are visible in the absurdist plays of people like Eugene Ionesco, Samuel Beckett and others "are unrecognizable plots, mechanical characters, situations resembling dreams and nightmares, and incoherent dialogue" (122). These elements as captured in absurdist plays by early proponents of the movement has over the years affected Western contemporary playwrights and by extension Nigerian playwrights in churning out plays with absurdist contents. For the purpose of this discourse, the elements of absurdism would be examined using the following characteristics:

Illogicality of Plot:

One of the characteristics noticeable in absurdist plays is that their plots do not have a defined beginning, middle, and end as obtainable in traditional linear plot structure where dramatic action flow with a clear cut transition from the beginning to the end. Rather, they have a cyclical or repeating structure in which characters exchange dialogue or carry out the same acts without making any meaningful or real progress. According to Edwin Wilson, traditional plots in drama progress in a "logical way from a beginning through the development of the plot to a conclusion, an arrangement that suggests an ordered universe. In contrast, many absurdist plays not only proclaim absurdity but also embody it" (219). This lack of connectivity of actions in the narratives, symbolizes an irredeemable state of existence. Elo Ibagere's *Random Talks* for instance, is a play that explores the foibles associated with human beings in a meaningless, empty and chaotic society. The play discusses the absurdity of human existence, looking at various expressions about men and women's position in the society through characters like Oju, Mada, Osa and Bola. The plot is static and arbitrary; the actions hardly progress to a tangible climax. When characters like

Osa, Mada and Oju are on a subject of discussion, they quickly switch to other issues randomly thus making the story not to progress as obtainable in absurdist plays.

- Osa: What do you mean by exactly?
- Mada: I mean exactly.
- Oju: What is the meaning of that?
- Mada: Meaning of what?
- Oju: Your “exactly”
- Mada: Why do you concern yourself with meaning? Does anything have a meaning?
- Osa : What are you saying Mada? So everything is meaningless? Is that what you are saying?
- Mada: Exactly. That’s what I am saying.

(Ibagere 44-45)

The above conversations from the three friends in trying to understand the meaning of existence is part of the absurdist idea, and the futility and illogicality of their actions and reaction to these conversations is a testament to the meaninglessness of existence in trying to search for meaning in a chaotic world. In a logical setting, these men as young men ought to be engaged in one daily activity or the other for survival. Instead, they waste their time on illogical discussions. Since plots of absurdist plays do not have a sequential flow of actions, there is deviation of story. Oju, Mada, and Osa after series of random and absurd conversations decide to play the game of draught at a time of the day when they ought to be doing something meaningful and productive. When people play draught at a time when there are supposed to be busy with other meaningful venture, it shows a high rate of unseriousness with life. In the popular Samuel Beckett’s *Waiting for Godot*, the plot does not conform to the traditional style, everything is motionless and nothing seems to happen.

Illogical Language:

The issue of illogical or nonsensical dialogue is another crucial element that can be identified in any absurdist play. Language which plays a vital role in human interaction is often used out of context in absurdist drama and this makes it unique. Languages used in absurdist plays are usually repetitious, illogical, and rife with clichés. In absurdist plays there is lack of communication and understanding. In other words, language loses clarity, potency and meaning. The loneliness of characters in absurdist plays is usually highlighted by the portrayal of language as an unreliable and insufficient means of communication. Lasisi states that:

Absurd dramatists realized that conventional language has failed to effectively express human experience. Thus, they ridicule the conventional speech and stereotyped speech pattern. They make their characters go beyond everyday conventional speech to be able to effectively express their experiences...objects are much more important than language in Absurd theatre. What happens transcends what is being said about it... (40).

Absurdist playwrights believe that language is only a conventional and pointless interchange of ideas since words are unable to capture the essence of human experience and this makes deviation of language an essential element of absurdism. It challenges human and logical language as a veritable tool for communicating effectively. In discussing absurdist language, Wilson and Goldfarb states that “sentences do not follow in sequence, and words do not mean what we expect them to mean” (99). In Samuel Beckett’s *Waiting for Godot*, there is repetition of dialogue expressing meaninglessness as captured in the conversation between Estragon and Vladimir leaving the reader/audience in a state of confusion as to the happenings in the play:

Estragon: Like leaves

Vladimir: Like sand

Estragon: Like leaves

Vladimir: Like ashes

Estragon: Like leaves

(110-111)

Ambiguous Characters:

In conventional dramas, characters play a vital role in portraying or communicating the intention of the playwright to the audience/reader but in absurdist drama, characters are mechanical. They often lack clear motivations, or psychological depth. The environment in which characters live is sometimes out of sync with them (Cash 2024).The identity of characters in absurdist plays are often ambiguous, making them evoke the idea of a lost and adrift persons or individuals in an unfathomable cosmos. Edwin Wilson asserts that:

A significant feature of absurdist plays is the handling of characters. Not only is there an element of the ridiculous in the characters’ actions, but they frequently exemplify an existential point of view. According to this view point, existence precedes essence; a person creates himself or herself in the process of living. Beginning with nothing, the person develops a self in taking action and making choices. In theatre, existentialism suggests that characters have no personal history and therefore no specific causes for their actions (221).

The characters in absurdist theatre are disoriented and adrift in an unfathomable environment, and they give up discursive reasoning and logical strategies because they are insufficient. Many characters seem like robots trapped in monotonous speech patterns. Because the world around them is unfathomable, the more complicated characters are experiencing a crisis (Adejumo). The characters in absurdist plays are frequently "anti-character," which means they are unlikeable, illogical, and even hideous. Many of them reject society, become enmeshed in the unpredictability and despair of life, and engage in strange habits like talking to themselves or interrupting others. Even their speech might be illogical, imprecise, or seem out of touch with reality. The "everyday" person is simpler to understand since the characteristics lack fixed qualities and are inconsistent (Archibald).

Minimalist Settings:

Setting which has to do with the location or the place where dramatic actions occur in a play is one of the most intriguing features of absurdist theatre. The settings in absurdist plays are frequently surreal and dreamlike, in contrast to other genres where the sets are based in reality. This decision is in line with the genre's themes of insecurity and the quest for meaning in life. It serves to illustrate, rather than merely explain, how perplexing life can be (*The Royal George Theatre*). The stage is usually bleak, the set is little or minimal, the issue of time and place is unclear, and images or objects are used as symbols to reflect or communicate the emptiness and absurdity of human existence. In *Random Talks*, for example, the action starts and ends in front of a house, the set is bare, there is a long bench and a draught resting on the wall symbolizing the meaninglessness of human existence. This can be seen in the stage description of the play by the playwright:

(The set is a bare stage. A door leading inside indicates that it is the front of a house. There is a long bench on the side of the door. A draught is resting against the wall. As the lights come on, we see Osa, Mada and Oju looking somewhat agitated. They are young men about the same age. Two other chairs are standing by the corner (45).

In *Waiting for Godot* the setting is bare with actions taking place in a desolate surrounding as two characters Vladimir and Estragon stand near a tree and wait endlessly for Godot.

Tragicomedy:

Elements of tragedy and comedy are frequently combined in absurdist plays. The humor, which can be absurd or clownish, highlights the existential suffering and underlying hopelessness of the human predicament in a world full of chaos. In *Random Talks*, Osa, Oju, Mada in their conversations, often highlight the tragic nature of existence using comic language to express their thoughts as seen in their conversation which run thus:

Osa : Look, I am no longer enjoying this joke. It is degenerating into insults. Oju, you know I am older than you. I am not a woman. Get that straight.

Mada: Nobody is joking here. Oju has made a statement of fact (*pauses a bit*). But wait a minute. Even if it is a joke, who cares whether you enjoy it or not. The objective is not for you to enjoy a joke about you. It is meant to cause you some discomfort. And that gives us joy and pleasure. So, Osa, it is immaterial whether you enjoy the joke or not. The important thing is that we should find pleasure in it not you (66).

Conclusion

The preoccupation of this paper has been to discuss Absurdism which has to do with the hopelessness of man in a chaotic universe, the origin of absurdism, some of the proponents of the absurdist movement and elements of absurdism with reference to some absurdist plays. The absurdist idea which is against realism and logic is what some playwright like Samuel Beckett, Wole Soyinka, Ola Rotimi, Elo Ibagere and so on employ in discussing the socio-political chaos and lack of meaning in the society. The plays referenced conforms to the absurdist tenets in terms of illogicality of plot structure, deviation of language, ambiguous characters, minimal settings and the fusion of tragedy and comedy in expressing the meaninglessness of human existence.

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Music in Theatre and Film

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INTRODUCTION

Music in theatre and film is not merely background noise – it is the heartbeat, the soul, the unseen character driving emotion, tone, and storytelling. It has always played a central role in the art of storytelling, dating back to the earliest forms of performance. In ancient Greek theatre, for instance, music and chorus were integral to the dramatic experience, often guiding audience emotion and clarifying plot developments without relying solely on spoken dialogue. In traditional Asian theatre forms like Noh and Kabuki, musical elements were also deeply intertwined with narrative structure and character portrayal. Cook (14) highlights that these historical practices illustrate that music has long served not merely as background but as a dynamic agent in shaping the theatrical experience. Over time, this symbiosis between music and performance evolved, adapting to the cultural contexts and technological innovations of each era.

With the advent of cinema in the late 19th and early 20th centuries, the role of music in storytelling entered a new chapter. Silent films relied heavily on live musical accompaniment to convey mood, tension, and rhythm. As sound technology developed, film scores became an art form of their own, with composers like Max Steiner and Bernard Herrmann crafting soundscapes that elevated narrative complexity and emotional depth (Kalinak 56). Today, both theatre and film use music not just to support storytelling but to deepen it – establishing atmosphere, signalling shifts in time or tone, and reflecting a character's inner psyche. Music operates as a non-verbal language that offers subtext, enhances visual storytelling, and bridges emotional gaps between the audience and the narrative.

This study traces how music has evolved as a vital narrative tool in theatre and film, examining its historical development, theoretical foundations, and practical uses. It shows how composers, directors, and performers strategically use melody, rhythm, and even silence to guide audience perception, heighten tension, reveal subtext, and evoke emotion. From early Greek tragedies and silent cinema to contemporary musicals and soundtracks, the paper highlights major innovations and cultural shifts that shaped music's role. Ultimately, it argues that music functions as an expressive force that transcends language and continues to redefine storytelling across the performing arts.

According to Gorbman (77), music ultimately transcends spoken language by unlocking deeper emotional registers and transforming the audience's experience into something more immersive and memorable. Understanding its impact not only enriches our appreciation of performance arts but also reveals how sound can powerfully shape the stories we tell

Conceptualisation: Music in Theatre and Film

Music plays a pivotal role in both theatre and film, serving as a powerful tool to enhance storytelling, evoke emotions, and deepen audience engagement. In theatre, music often emerges through live orchestration or vocal performance, directly influencing the pacing and mood of a production. The integration of music in theatrical performances can transform a narrative, adding layers of meaning and emotional depth. For instance, operettas and musicals have historically utilized music to advance plot and character development, creating a dynamic interplay between dialogue, song, and dance. This synergy allows for a multifaceted exploration of themes and characters, enriching the theatrical experience.

In film, music functions as a narrative device that guides audience perception and emotional response. Composers like Max Steiner have been instrumental in shaping film music, employing techniques such as leitmotifs and "Mickey Mousing" to synchronize music with on-screen actions, thereby enhancing narrative coherence and emotional impact. Steiner's approach to film scoring, characterized by the use of recurring musical themes associated with specific characters or ideas, has become a hallmark of cinematic storytelling. This method not only supports the visual narrative but also deepens the audience's connection to the film's characters and themes.

The convergence of music in theatre and film is particularly evident in the genre of the musical, where narrative and music are inseparable. The seamless integration of song and dance in such productions exemplifies the collaborative potential of music, choreography, and storytelling. As highlighted by Chenyue (597), this genre showcases how music can transcend its traditional role, becoming a central element that drives the narrative forward. Whether in the live setting of a theatre or the cinematic world of film, music remains an essential component that shapes the audience's experience and interpretation of the story.

Historical Context of Music in Theatre

Classical Antiquity

The roots of music in theatrical performance can be traced to Classical Greek drama, where music was not just an accompaniment but a structural and thematic necessity. Tragedies and comedies by playwrights such as Aeschylus, Sophocles, and Euripides integrated choral odes – songs performed by the chorus that served to narrate, comment, and emotionally reflect upon the dramatic action. As revealed by West (8) these choral performances were enhanced by instruments like the aulos, a double-reeded pipe, and the lyre, a string instrument associated with both divine and mortal artistry. Music helped bridge the gap between performers and audience, offering a non-verbal, visceral communication of divine intervention, human suffering, and comic relief. The *choregos* (sponsor) often funded elaborate musical arrangements, emphasizing the cultural prestige associated with musical-theatrical performance in ancient Athens.

Medieval and Renaissance Periods

Following the decline of Roman theatre, the Middle Ages saw the rise of liturgical drama within Christian religious practices. Performed inside cathedrals and monasteries, these early plays used Gregorian chants and plainsong to dramatize biblical events such as the Resurrection or the Nativity. The oral tradition and musicality of these performances helped audiences. Many of whom were illiterate – engage with sacred texts on an emotional and spiritual level (Nagler 92). As

Europe transitioned into the Renaissance, theatrical music evolved in both secular and popular forms. In Italy, commedia dell'arte featured improvised performances where music was essential for comic timing and character distinction. Stock characters like Arlecchino and Colombina often used musical motifs or songs to express their personas and intentions (Nagler 124). Meanwhile, in Elizabethan England, music played a crucial role in the works of William Shakespeare. His plays included instrumental interludes, period songs, and dances to build atmosphere, signal transitions, and emphasize key emotional beats. Nagler notes that the melancholic "Willow Song" in *Othello* functions as both a foreshadowing mechanism and a pivotal emotional moment (126).

Opera and Musical Theatre

According to Gordon, the seventeenth century saw opera emerge in Florence as a revolutionary synthesis of music and drama designed to revive Greek theatrical ideals; early works such as Monteverdi's *L'Orfeo* (1607) combined orchestration, vocal expression, and spectacle to narrate mythological stories, and later composers including Handel, Mozart, and Verdi refined the form through richer harmonies, character-focused arias, and complex orchestral storytelling (38 – 45).

By the 19th and 20th centuries, the rise of operetta and musical theatre bridged the divide between high art and popular entertainment. Gilbert and Sullivan's operettas paved the way for the American musical, which found its full expression on Broadway and in London's West End. Composers like George Gershwin, Leonard Bernstein, and Stephen Sondheim redefined musical storytelling, using music not merely to entertain but to explore complex themes of identity, love, politics, and society (Gordon 112). These modern musicals carry the legacy of ancient choral storytelling, reinforcing music's enduring power in the theatrical tradition.

Music in Film: A Historical Overview

Silent Era

Marks explains that during the silent era, film music was indispensable, with live performances by pianists, organists, or small orchestras supplying emotional, rhythmic, and narrative cues while also masking projector noise; a milestone example is D. W. Griffith's *The Birth of a Nation* (1915), which featured one of the earliest original full-length orchestral scores composed specifically for a film (22).

Introduction of Synchronised Sound

According to Cooke, the arrival of synchronized sound in the 1920s, exemplified by *The Jazz Singer* (1927), transformed the role of music in film, enabling composers to score scenes in advance and weave sound design directly into the storytelling so that music became an embedded narrative element rather than an external accompaniment (39).

Golden Age of Hollywood

Prendergast observes that during the Golden Age of Hollywood (1930s – 1950s), studios employed full-time composers who crafted sweeping, symphonic scores that narrated rather than merely supported scenes; figures such as Max Steiner (*Gone with the Wind*, 1939) and Bernard Herrmann (*Citizen Kane*, 1941; later *Psycho*, 1960) revolutionized the use of leitmotifs and psychological underscoring to shape audience perception (74).

Modern Innovations

Kalinak notes that contemporary film scoring blends orchestral and electronic textures, with Hans Zimmer's work on *Inception* (2010) and *Dune* (2021) exemplifying this hybrid approach through synthesized tones, manipulated sound samples, and experimental instrumentation; collaborations with artists such as Trent Reznor, Atticus Ross, and Ludwig Göransson further blur the lines between score, soundtrack, and popular music (181).

Forms, Types, and Styles of Music in Theatre and Film

Music in theatre and film plays a vital role in shaping narrative, emotion, and atmosphere. Its forms, types, and styles are diverse, often overlapping, but can be broadly categorized as follows:

1. **Diegetic and Non-Diegetic Music:** Kalinak explains that diegetic, or source, music arises from within the narrative world, such as a character performing onstage or a radio playing in a scene, and is audible to the characters themselves (45), whereas Landy notes that non-diegetic music exists outside the story space, functioning for the audience alone through orchestral scores, background tracks, or leitmotifs that emphasize emotional or narrative cues (112).
2. **Styles and Genres:** Theatre and film music draw from a wide variety of musical genres, each creating a distinct impact. In theatre, traditional forms include operatic, musical theatre, folk, and contemporary musical styles. In film, styles range from orchestral scores and jazz to electronic, hip-hop, and ambient music. For example, musicals like *Les Misérables* employ complex operatic and lyrical structures, while films like *Blade Runner* utilize electronic ambient music to establish futuristic atmospheres (Cohen 78).
3. **Function-Based Types:** Music can also be categorized based on its function; for instance,
 - a) Cooke observes that character themes or motifs provide musical identity to characters or ideas, helping audiences recognize emotional or narrative shifts (59).
 - b) Mood-setting or atmospheric music creates tension, romance, or suspense, independent of character association.
 - c) Brown notes that transitional or bridging music smooths scene changes or montage sequences, maintaining narrative continuity. In theatre, incidental music underscores dialogue, enhancing dramatic effect without dominating the scene (134).

Overall, music in theatre and film is multi-faceted: it can be narrative-driven, atmospheric, symbolic, or purely aesthetic. The careful selection and integration of musical forms and styles enrich the audience's emotional and cognitive engagement, elevating storytelling beyond mere visual or textual means.

Functions of Music in Theatre

Emotional Amplification

Music in theatre is an essential tool for emotional expression. It functions not merely as background but as an active emotional agent, guiding the audience's feelings and deepening their connection to the performance. Through specific musical choices, such as the use of a minor key, slow tempo, or dissonant harmonies, composers can underscore sorrow, tension, or foreboding. Conversely, lively rhythms and major keys often heighten moments of joy, celebration, or triumph.

Lehmann observes that such musical cues work almost subconsciously, enabling audiences to sense a character's pain, excitement, or fear before any dialogue occurs (98).

Character and Theme Development

Wolf explains that, beyond evoking emotion, music is vital to character and thematic development, with leitmotifs – recurring musical phrases tied to specific characters, ideas, or emotions, shifting over the course of a production to signal changes in character or situation; for instance, in *Sweeney Todd: The Demon Barber of Fleet Street*, Sondheim distorts and intensifies Todd's leitmotifs to reflect his psychological breakdown and growing obsession (112).

Narrative Structuring

Music also serves a structural function within theatre, advancing the plot and providing key exposition. Songs often deliver backstory, reveal motivations, or highlight pivotal narrative shifts. In *Les Misérables*, for instance, the solo number "I Dreamed a Dream" is not simply a moment of sorrow; it is a narrative linchpin that communicates Fantine's tragic past and foreshadows her downfall. Through this song, the audience gains both emotional insight and critical plot information, all within the span of a few haunting verses (Lehmann 102).

Functions of Music in Film

Film music operates as a layered narrative device rather than simply background sound, enriching storytelling, guiding audience perception, and embedding cultural meaning. Scholars commonly identify four major functions – diegetic and non-diegetic placement, mood and atmosphere creation, narrative support through cues and transitions, and cultural anchoring, as central to how music shapes a film's impact.

Diegetic and Non-Diegetic Music

A central distinction in film scoring is between diegetic and non-diegetic sound. Diegetic music arises from within the film's world and is audible to the characters, such as a song on a car radio, while non-diegetic music is external to the story space and crafted for the audience alone. Gorbman explains that filmmakers can exploit the tension or harmony between these two forms to heighten dramatic effect; for instance, Beethoven's Ninth Symphony in *A Clockwork Orange* functions both as a psychological trigger for the protagonist and as a disturbing counterpoint to violent imagery, intensifying narrative irony and character psychology (73).

Mood and Atmosphere

Music also sculpts the emotional terrain of a film. Chion observes that minimalist motifs in suspense or horror often cue impending danger, as exemplified by the two-note ostinato in *Jaws* (1975), which taps into primal fear and builds unbearable anticipation with striking simplicity (56). Conversely, lush orchestral arrangements in romance films evoke intimacy, vulnerability, and yearning; in *Pride and Prejudice* (2005), for example, piano-based themes mirror the protagonists' restrained passion and subtly reinforce emotional subtext.

Narrative Cues and Transitions

Beyond emotional shading, music reinforces narrative coherence. Through recurring leitmotifs – musical ideas associated with characters or themes, audiences receive non-verbal cues about relationships and developments. Lipscomb and Tolchinsky note that montage sequences

often rely on music to compress time and link events; the “Gonna Fly Now” theme underscoring Rocky’s (1976) training scenes exemplifies how scoring can symbolize determination, growth, and transformation, thereby maintaining pacing and emotional fluidity (145).

Cultural and Contextual Anchoring

Film music also grounds stories in specific temporal, geographic, or cultural frames. Tarantino’s use of 1960s and 1970s surf rock and soul tracks in *Pulp Fiction* constructs a nostalgic yet subversive retro aesthetic, while *Black Panther* (2018) incorporates traditional African rhythms, vocalizations, and instruments such as the talking drum and shekere to represent the Afrofuturist setting of Wakanda. As Lipscomb and Tolchinsky point out, such culturally resonant soundscapes enhance authenticity and world-building (145).

Comparative Analysis: Theatre and Film Performance Context

In theatre, music is often performed live, creating a dynamic interaction between performer and audience. In film, music is pre-recorded and precisely synchronised with visuals, offering tighter control over emotional and dramatic timing.

Temporal Structure

Musical numbers in theatre often follow a “showstopper” format – dialogue builds toward a climactic song. In film, music is more fluidly integrated and used to guide editing and pacing (Buhler 90).

Audience Experience

Theatrical music requires the audience’s imaginative engagement, especially with minimal sets or abstract staging. Film music, however, is part of a complete audiovisual experience and can manipulate audience perception more directly.

Elements of Music in Theatre and Film

Music is central to shaping narrative, mood, and character in theatre and film. Scholars highlight seven key elements – melody, harmony, rhythm, timbre, dynamics, texture, and form, as essential components that uniquely contribute to storytelling and the audience’s experience.

1. **Melody:** Melody, the musically satisfying and often memorable sequence of notes, frequently carries thematic or character associations in both theatre and film. Lehman points out that recurring melodic motifs, such as John Williams’ leitmotifs in *Star Wars*, reinforce character identities and dramatic arcs (47).
2. **Harmony:** Harmony deepens the emotional substance of a scene. Cooke explains that dissonant harmonies generate tension while consonant harmonies evoke resolution, with film scores often using harmonic shifts to underscore the emotional undertones of dialogue or action and guide audience perception (112).
3. **Rhythm:** Rhythm sets the pacing of a production. Karlin and Wright note that in theatre, rhythmic cues align with choreography or dialogue, while in film, rhythm mirrors or contrasts editing tempo, for instance, rapid rhythmic patterns in action scenes heighten excitement and urgency (56).

4. **Timbre:** Timbre, or tone color, shapes the character of sound. Whittall observes that darker, lower timbres can suggest danger or sadness, whereas brighter timbres evoke joy or humor; composers use various instruments and digital effects to craft these specific timbral atmospheres (33).
5. **Dynamics:** Dynamics, referring to musical volume, convey emotional intensity. Miller explains that abrupt changes in dynamics can startle audiences or emphasize climactic moments, while in musical theatre, dynamic variation enhances vocal expression and engagement (89).
6. **Texture:** Texture describes how musical layers combine. Brown highlights that a single melodic line (monophony) can create intimacy, while rich, multi-layered textures (polyphony) convey complexity or chaos; film composers adjust texture to direct the listener's focus and emotional state (102).
7. **Form:** Form refers to the structure or organization of a musical piece. Gorbman notes that in theatre, numbers often follow familiar forms such as AABA to fit narrative arcs, while in film, the musical form frequently parallels story structure, reinforcing rising action, climax, and resolution (76).

Music thus functions as both an emotional and structural element in theatre and film, enhancing storytelling and shaping audience interpretation through its fundamental components.

Major Proponents of Music in Theatre and Film and Their Contributions

Music has consistently been essential for enhancing narrative, evoking emotion, and creating atmosphere in both theatre and film. Throughout history, numerous composers, directors, and theorists have significantly influenced how music integrates with performance and storytelling.

Richard Wagner (1813 - 1883) – Theatre and Opera

Wagner transformed theatre music with his concept of the *Gesamtkunstwerk*, or “total work of art,” which sought to unify music, drama, and staging into a cohesive whole. His operas, particularly the Ring Cycle, employed leitmotifs – recurring musical themes tied to characters or ideas, which later inspired film composers such as John Williams. As Wagner maintained, music should serve the drama rather than exist independently as a concert piece (Wagner 89).

Leonard Bernstein (1918 - 1990) – Musical Theatre

Bernstein combined classical, jazz, and popular music elements to craft emotionally resonant musical theatre scores. His work on *West Side Story* illustrates how music can reflect social issues and deepen character development, with Secrest noting that Bernstein’s “fusion of classical form with urban rhythms helped redefine the American musical” (212).

Stephen Sondheim (1930 - 2021) – Musical Theatre

Sondheim was renowned for his intricate lyrics and sophisticated compositions that explored psychological complexity. Productions like *Sweeney Todd* and *Into the Woods* pushed musical theatre into darker, more nuanced thematic territory. Gordon observes that “Sondheim elevated the expectations of audiences, demanding intellectual engagement through lyrical and musical intricacy” (143).

Max Steiner (1888 - 1971) – Film Music

Often called the “father of film music,” Steiner composed scores for over 300 films, including *King Kong* (1933) and *Gone with the Wind* (1939). He pioneered synchronized orchestral scoring that closely followed a film’s emotional beats. Cooke notes that Steiner believed music should “guide the audience’s emotional response without being intrusive” (45).

Bernard Herrmann (1911 - 1975) – Film Music

Herrmann, particularly in collaboration with Alfred Hitchcock, redefined the horror genre through scores like *Psycho* (1960). His use of dissonance, orchestration, and minimalism generated tension and psychological depth, with Kalinak observing that “Herrmann’s innovative use of strings in *Psycho* introduced a new language of suspense in film music” (97).

John Williams (1932 - Present) – Film Music

Williams is one of the most iconic contemporary film composers, creating music for *Star Wars*, *Indiana Jones*, and *Harry Potter*. He revived the leitmotif technique and demonstrated the narrative power of film music. As Audissino states, “Williams’s scores are central to the mythic resonance of modern blockbusters” (15).

Hans Zimmer (1957 - Present) – Film Music

Zimmer is recognized for blending electronic elements with traditional orchestration, producing immersive soundscapes in films such as *Inception*, *Interstellar*, and *The Dark Knight*. He often collaborates in teams, emphasizing music as part of the film’s overall sound design. Winters notes that “Zimmer’s work embodies the cinematic shift toward experiential, rather than melodic, film scoring” (123).

Challenges and Ethical Considerations of Music for Theatre and Film

Cultural Appropriation

One major ethical challenge in using music for theatre and film lies in the risk of cultural appropriation. When composers or producers incorporate music from culturally specific traditions without proper consultation, understanding, or credit, the result can cross the line from homage into exploitation. This is particularly sensitive when the music belongs to marginalized or historically oppressed communities, where misrepresentation can perpetuate stereotypes or dilute cultural meaning. Ethical practice requires thorough research, collaboration with cultural bearers, and equitable recognition or compensation for the communities whose music is being adapted. By engaging cultural consultants and maintaining transparency in creative choices, theatre and film productions can demonstrate respect and authenticity rather than appropriation.

Licensing and Copyright

Another significant challenge involves navigating the complex legal and ethical frameworks surrounding music rights. Filmmakers and theatrical producers frequently rely on pre-existing songs or compositions, which are protected by licensing agreements and copyright laws. Failure to secure appropriate permissions not only exposes a production to legal action but also raises moral questions about artists’ ownership and fair compensation. Beyond legal compliance, responsible practice includes crediting original creators, understanding moral rights, and

negotiating licenses that reflect the value of the music being used. This approach upholds both artistic integrity and ethical accountability, ensuring that the creative contributions of composers and performers are respected and sustained.

Conclusion

Music in theatre and film operates far beyond the level of background accompaniment; it is a core narrative engine that shapes story arcs, guides audience emotion, and signals cultural meaning. From the ritual choruses of ancient Greece to the grand operas of the nineteenth century and the innovative scores of today's blockbusters, music has consistently served as a vital link between performance and perception. Its melodic, harmonic, and rhythmic elements enrich dramatic action, while its capacity for leitmotif, mood-setting, and thematic development gives audiences a deeper understanding of characters, settings, and conflicts. This enduring role underscores music's ability to transform performances into immersive experiences that resonate across time and culture.

At the same time, recognising the functions, techniques, and ethical dimensions of music in theatre and film is essential for contemporary practitioners and scholars. As productions increasingly draw from diverse traditions and experiment with multimedia forms, creators must navigate issues such as cultural appropriation, licensing, and fair attribution to ensure respectful and authentic engagement with musical material. Such awareness affirms music's place at the heart of performance and cinema, not only as an artistic tool but also as a medium of cultural dialogue and ethical responsibility. By understanding these dynamics, artists and audiences alike can appreciate how music continues to evolve while sustaining its fundamental power to move, inform, and connect.

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Studies in Theatre and Film Genres

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INTRODUCTION

Genre remains a central concept in theatre and film studies because it provides a framework for understanding how texts and performances are organised, interpreted, and circulated. Yet genre theory is far from settled. Scholars debate whether genres function as stable aesthetic categories, historically contingent conventions, or critical constructs shaped by institutional practice (Stam 14). What unites these perspectives is the view that genre mediates relationships among creators, texts, and audiences, especially in performance forms where meaning emerges through representation and reception (Frog, Koski, and Savolainen 20; Bakhtin 103).

Classical antiquity offered the earliest systematic account of dramatic genres. Aristotle defined tragedy as the imitation of noble actions that evoke pity and fear leading to catharsis (*Poetics* 8), and comedy as the representation of ordinary people and their follies (*Poetics* 7). Although foundational, these categories evolved as Roman playwrights such as Plautus adapted Greek models through local humour, and medieval morality plays used allegory to stage ethical conflict (Stubbs). The Renaissance introduced history plays, masques, and hybrid tragicomedies, while later developments included melodrama, realism, and absurdism. As Román Calvo argues, “there is no pure genre,” since each work blends invariants and variants (197).

Film extended this evolution by introducing industrial and technological conditions that shaped production and reception. Neale describes film genres as “systems of expectations” that structure both creation and interpretation (*Genre and Hollywood* 10). Nollywood exemplifies genre’s cultural specificity: from *Living in Bondage* onward, filmmakers diversified into occult thrillers, romances, comedies, and Christian films in response to local concerns (Ayakoroma 81–96).

This essay compares theatre, global film traditions, and Nollywood to show how African performance cultures expand genre theory. It argues that genres are not fixed categories but evolving cultural processes shaped by repetition, adaptation, and innovation. This perspective highlights how Nigerian performance practices challenge dominant Western models. It aligns with Neale’s view that genre operates through both stability and variation (Genre 48).

The Concept and Origin of Genres

Genre theory remains conceptually unsettled. As Stam notes, scholars continue to debate whether genres constitute fixed taxonomies, temporary clusters, or critical constructions shaped by interpretation (14). Robert Allen similarly observes that early genre study adopted a typological approach, classifying works “much as the botanist divides the realm of flora into varieties of plants” (44). Yet the analogy of scientific classification is misleading, because artistic forms resist rigid boundaries and evolve through use. Shakespeare famously satirizes this instability in *Hamlet*, where he mocks the proliferation of dramatic labels—“tragedy, comedy, history, pastoral... tragical-comical-historical-pastoral”—to expose the arbitrariness of strict generic divisions (*Hamlet* 2.2). His parody underscores a recurring insight: genres are categories in motion rather than fixed containers.

Modern theorists expand on this idea of fluidity. Jane Feuer argues that “a genre is ultimately an abstract conception rather than something that exists empirically in the world” (144), drawing attention to the fact that genres are constructed retroactively through criticism and industry practice. Alastair Fowler likewise maintains that genres display “family resemblances,” with many forms and subforms remaining unnamed or only partially codified (216). Katie Wales reinforces this by noting that generic labels often mask internal diversity and historical transformation (206). David Bordwell further challenges rigid boundaries, arguing that “any theme may appear in any genre” and raising questions about whether categories such as documentary, slapstick, or animation should be treated as genres, modes, or stylistic formulas (147–48). These perspectives highlight a key point: genres gain meaning from cultural use rather than from fixed theoretical criteria.

Classical theory provides the starting point for these debates. In the *Poetics*, Aristotle identified tragedy and comedy as the principal dramatic genres, distinguishing them by social status, action, and emotional effect. Tragedy, rooted in noble actions, aimed to evoke pity and fear leading to catharsis (*Poetics* 8), whereas comedy depicted ordinary people and their flaws, generating laughter and ridicule (*Poetics* 7). Aristotle also linked pleasure with instruction, arguing that poetry imitates universals and provides moral insight when it follows principles of probability and necessity (98, 105). His emphasis on unity of plot and the didactic power of imitation shaped generations of dramatists.

Horace refined these ideas in *Ars Poetica*, formulating poetry’s dual purpose as *utile et dulce*—to “delight and instruct” (126). He stressed decorum, unity, and stylistic appropriateness, warning against unnecessary embellishment or “purple patches” that distract from the central action (124). For Horace, effective poetry and drama required disciplined craftsmanship capable of guiding the audience’s emotions and judgments: “It is not enough for poetry to be beautiful; it must also be pleasing and lead the hearer’s mind wherever it will” (126). These principles established the classical distinctions between high and low style, tragedy and comedy, decorum and excess—distinctions that influenced dramatic practice from the Renaissance through modern theatre.

Taken together, Aristotle and Horace laid the foundation for genre as both structure and expectation, while Shakespeare, Fowler, Wales, and Bordwell reveal how these categories continually shift across history. Genre is therefore best understood not as a fixed system but as a flexible framework shaped by cultural practice, interpretation, and evolving artistic needs.

Theoretical Approaches to Genre

Contemporary theorists often describe genres not as fixed categories but as flexible groupings defined by what Wittgenstein termed “family resemblances”—shared traits that overlap without being identical. Swales applies this model to cultural forms, noting that no text embodies every defining feature of its genre, and that categorization depends on perceived similarity rather than rigid boundaries (49). Alastair Fowler similarly argues that genres are open frameworks in which texts exhibit varying degrees of conformity (215). This flexibility invites subjectivity: as Lodge observes, “no choice of a text for illustrative purposes is innocent” (qtd. in Swales 50), since almost any work can be aligned with another depending on the criteria used (Swales 51).

This sense of fluidity underpins several influential theories. Christine Gledhill maintains that genres lack “rigid rules of inclusion and exclusion” (60), while Steve Neale famously describes them as operating through “repetition and difference” (Genre 48). For Neale, repetition provides recognisable patterns that anchor audience expectations, while difference ensures creativity and prevents stagnation (50). Tzvetan Todorov also emphasizes difference, arguing that “any instance of a genre will be necessarily different” from earlier examples because genres renew themselves through the transformation of existing forms (qtd. in Gledhill 60). Even minor variations, as Hartley notes in relation to the Western, can reshape the contours of a genre (qtd. in O’Sullivan, Hartley, Saunders, Montgomery & Fiske 129).

These ideas are particularly relevant to theatre and film, where genres emerge through performance, production context, and audience interpretation. Theatre’s performative nature often disrupts classical taxonomies. Medieval morality plays conveyed allegory but relied on communal staging for meaning (Stubbs), while *commedia dell’arte* developed around improvisation, stock characters, and audience interaction—elements that resist fixed classification. Film genres likewise depend on industrial practices, with *mise-en-scène*, cinematography, narrative structure, and marketing shaping how a film is categorized (Chandler 1). Tolson captures this dynamic by describing genre as a mediator between industry and audience expectations (92).

Another approach to genre highlights prototypicality. Swales notes that genres function as “fuzzy categories” in which some works are more central examples than others (52–58). Hodge and Kress argue that genres exist only when socially recognized and reinforced (7), while Andrew Tudor famously concludes that genre is “what we collectively believe it to be” (qtd. in Allen 47). These perspectives position genre as a product of shared cultural assumptions rather than inherent textual features.

Genre theory also emphasizes ideology. Tudor suggests that genres define moral and social worlds, offering frameworks through which audiences interpret values and behaviour (180). Hayward traces how genres such as the Western encode shifting constructions of masculinity (50), while Fiske argues that generic conventions reflect the ideological concerns of their time and

culture (110). Seen this way, genre is not merely an aesthetic category but a social contract that shapes and is shaped by cultural meanings.

These approaches reveal genres as evolving processes rather than fixed systems. They emerge through repetition, variation, and ideological negotiation, continually reshaped by performance, production, and reception. For theatre and film, this means that genres serve not only as descriptive labels but as dynamic frameworks that reflect broader historical and cultural transformations.

Theatre Genres

Classical Genres: Tragedy, Comedy, and Farce

The genealogy of theatre genres is rooted in classical antiquity, where Aristotle's *Poetics* established tragedy and comedy as foundational dramatic forms. Tragedy is defined as "an imitation of an action that is serious, complete, and of a certain magnitude; ... through pity and fear effecting the proper purgation of these emotions" (Aristotle 10). Its focus on noble characters and moral consequence shaped the dramaturgical traditions that followed. Comedy, by contrast, depicts "low" characters and everyday follies, producing laughter through exaggeration, ridicule, and social inversion (*Poetics* 7).

Horace's *Ars Poetica* reinforced these divisions through the principle of decorum, insisting that tone, subject matter, and diction must remain consistent within each genre (126). This taxonomic clarity, Osborne argues, reflected a broader cultural transition from shame-based to guilt-based moral consciousness (287), with tragedy performing a didactic role by dramatizing the dangers of hubris and ethical deviation.

A third mode, farce, evolved as a popular subgenre of comedy. Marked by exaggeration, improbable coincidences, and slapstick (Cohen 37), farce enjoyed particular prominence in Roman theatre. Although Aristotle considered it inferior, playwrights like Plautus adapted it into a vibrant comic form aimed at mass audiences. His works pursued "the greatest possible volume of immediate laughter" (Hadas 36), often prioritizing comic effect over plot coherence (Boardman, Griffin, and Murray 442). Like Aristophanes, who mocked religious authority (Boardman, Griffin, and Murray 177), Plautus satirized the gods (Segal 30) and used stock figures such as the scheming slave and boastful soldier (Duckworth 237–49).

These classical genres—tragedy, comedy, and farce—formed the "triadic core" of early genre theory. Yet they were not universal. Parallel traditions such as Alárinjó theatre and masquerade performance developed independently in Africa, revealing that genre formation is culturally contingent rather than exclusively Western.

Modern Developments

From the Renaissance onward, classical boundaries loosened as playwrights experimented with hybrid forms. Shakespeare expanded genre possibilities through tragicomedy in works like *The Merchant of Venice* and *The Winter's Tale*, combining tragic tension with comic resolution and anticipating later genre hybridity.

By the nineteenth century, melodrama had become the most influential global theatrical form. Defined by heightened emotion, moral binaries, and spectacular staging, melodrama relied on clear distinctions between virtue and vice and used music and gesture to intensify sentiment. Its popularity cut across class boundaries, making it one of the most accessible dramatic forms of the period. Ackerman notes that “most writing for the theater until 1870, from romantic ‘tragedy’ to nationalistic comedy, manifested some aspects of melodrama” (6). Its narrative clarity and moral polarization allowed melodrama to transition easily into early cinema and later into Nollywood, where archetypal characters and moral conflicts continue to resonate strongly with viewers (Ayakoroma 81–96).

The twentieth century introduced modernist disruptions through absurdist theatre. Playwrights such as Samuel Beckett, Eugène Ionesco, and Ola Rotimi challenged realism, linear causality, and traditional character psychology. Esslin defined absurdism as dramatizing “metaphysical anguish at the absurdity of the human condition” (20). While Beckett and Ionesco cultivated minimalism and existential stasis, Soyinka localized the form by integrating Yoruba cosmology and ritual philosophy, demonstrating the adaptability of global genres to postcolonial contexts.

Indigenous African and Non-Western Genres

A comprehensive account of theatre genres must include indigenous African and other non-Western traditions, where performance emerges from ritual, spirituality, and communal life. Among the Yoruba of Nigeria, Joel Adedeji traces Alárinjò theatre to the egúngún masquerade, rooted in ancestral veneration during the reign of Alaafin Ogbolu (221). Under Ologbin Ologbojo, masks and costumes became central performance elements, accompanied by palace rhapsodists who provided music and chants (223–24). Alárinjò performances incorporated drumming, acrobatics, dance, and satire, culminating in the village square. As Adelugba, Obafemi, and Adeyemi emphasize, the theatre was simultaneously entertainment and social commentary (142), exemplifying “total theatre” through its integration of movement, music, costume, and narrative.

Other world traditions illustrate similarly diverse approaches to genre. In India, Sanskrit drama—articulated in Bharata’s *Nāṭyaśāstra*—defined dramatic forms through *rasa* (emotional essence), aiming to evoke aesthetic pleasure and moral insight through coordinated music, dance, and acting (Cohen 155). Japanese Noh and Kabuki, while distinct, also combine stylized gesture, symbolism, and spectacle to express philosophical and social hierarchies (Cohen 163–70). These examples reveal how theatre genres reflect local cosmologies, aesthetic values, and cultural priorities.

African folk theatre extends this pluralism. Blending masquerade, storytelling, song, and festival performance, it embodies communal values and shared moral instruction. Sam Ukala's theory of Folkism positions African theatre as simultaneously didactic, entertaining, and socially corrective (285), resisting rigid classification and emphasizing the holistic unity of art, ritual, and community.

Cultural Contexts: Genre as Negotiation

The diversity of these traditions illustrates that genre is not a universal taxonomy but a cultural contract shaped by worldview and social experience. Osborne (289) argues that Greek tragedy emerged from specific moral transformations, while in African contexts tragedy is often communal rather than individual. Soyinka (qtd. in Deh 49) stresses "communal catharsis," and Rotimi's *If: A Tragedy of the Ruled* reframes tragedy as collective suffering under unjust power. Such examples show that genre adapts to cultural needs and continues to evolve across performance and media.

Film Genres

Early Film Genres: Melodrama, Slapstick, and Westerns

In early cinema, genres offered audiences familiar cues for understanding new visual narratives. Melodrama, rooted in nineteenth-century theatre, emphasized heightened emotion, moral contrasts, and spectacle. Elsaesser describes melodrama as a "system of punctuation" that organizes affective engagement through stylistic intensification (74). Its reliance on binaries of virtue and vice and on expressive gesture made it easily transferable from stage to screen.

Slapstick comedy emerged from vaudeville, circus, and music hall performance, adapting physical humour and immediacy into cinematic form. Built on pratfalls, visual gags, and exaggerated violence, slapstick became one of the silent era's most recognizable genres. Paulus and King note that nostalgic celebrations of slapstick often obscure the industrial and social conditions that shaped it (3), even as figures such as Chaplin and Keaton helped define cinematic comedy.

The Western—often described as America's "national genre"—constructed myths of frontier identity. Its archetypes of cowboys, outlaws, sheriffs, and Indigenous peoples dramatized conquest narratives. Marcos Ramos and Mateos-Pérez argue that Westerns repeatedly stage white male struggles for territorial dominance, reinforcing colonial ideologies while erasing Indigenous perspectives (38). Through these early genres, cinema established narrative formulas that continue to shape global film production.

Major Genre Categories

As cinema developed, several genres became global staples. Action and adventure films revolve around spectacle, danger, and high-stakes conflict. Lizada describes them as "spectacles

of movement and danger” that captivate audiences through stunts and relentless pacing (8). Nigerian titles such as *State of Emergency* and *Across the Niger* adopt similar conventions with scenes of combat, pursuit, and dramatic confrontation (Ayakoroma 95–96).

Horror engages fear and the uncanny, creating the paradoxical pleasure of “fear-as-entertainment.” While Hollywood horror has flourished through suspense-driven narratives, Nigerian horror has developed unevenly due to budgetary and technological constraints. Early attempts such as *Karishika*, *Valentine Day*, and *Lovers’ Day* indicate local interest even though consistent production has not yet emerged (Ayakoroma 96).

Romance centres on intimacy, desire, and obstacles to union. In Nollywood, romances such as *All for Love* and *True Love*, featuring Genevieve Nnaji and Ramsey Nouah, became popular with youthful audiences and helped establish romance as one of the industry’s most commercially dependable genres (Ayakoroma 92).

Science fiction explores technology, futurity, and the human condition. Internationally, works such as *2001: A Space Odyssey* and *Blade Runner* interrogate humanity’s relationship with machines. Nigerian science fiction remains emergent but is evident in projects such as *Malika – Warrior Queen*, *Hero Corps*, and *Town Crier*, which merge Afrofuturist aesthetics with local storytelling.

Documentary distinguishes itself through its claim to represent reality, whether through expository narration, observational strategies, or reflexive techniques. Across global cinema, documentary remains central to informing, persuading, and shaping public memory.

Nollywood Genres

Nollywood illustrates how genre develops within specific cultural, religious, and economic contexts. From *Living in Bondage* onward, the industry diversified into occult thrillers, romance, comedy, Christian films, and family drama, each responding to audience expectations and social concerns. Occult films such as *Blood Money* explore ritual power, corruption, and moral anxiety, dramatizing tensions around wealth and spiritual danger. Romance remains one of the industry’s strongest categories, with films like *All for Love* and *True Love* resonating with young viewers through themes of intimacy, betrayal, and aspiration (Ayakoroma 92). Comedy continues to play a major role, as performers including Nkem Owoh and John Okafor mobilize humour to expose everyday contradictions and critique social realities.

A distinctive feature of Nollywood is its vibrant Christian film genre, represented by works such as *The Price*, *End Time*, *Christian Marriage*, and *Rapture*. As Ayakoroma notes, these films function as evangelical media aimed at strengthening faith and reclaiming backsliding believers (94). Together, these genres reveal how Nollywood merges entertainment with moral, social, and religious commentary, anchoring genre practice in local cultural experience.

Hybrid and Postmodern Genres

Film genres are not static; they evolve through blending and experimentation. Film noir, retrospectively labeled a genre, typifies alienation, moral ambiguity, and urban crime (Naremore 18). Nigerian films such as *Issakaba* and *Broad Daylight* echo noir's aesthetics and concerns by depicting vigilante justice and state failure (Ayakoroma 93–94).

The mockumentary parodies documentary conventions by using nonfiction formats to tell fictional stories. As Napolitano argues, it relies on irony and satire to critique social values (2–3). Hybrids such as horror-comedy combine fear with laughter, while Nollywood's *Osuofia in London* blends comedy with diaspora narratives, using humour to address globalization and cultural difference (Ayakoroma 95).

Afrofuturism merges science fiction with African cosmologies, reimagining Black futures through speculative aesthetics. While films like *Black Panther* popularized Afrofuturism globally, Nigerian titles such as *October 1* and *The Figurine* blend myth, modernity, and futurism, contributing to “New Nollywood.”

Subgenres, Functions, and Ideology

Subgenres proliferate as cinema grows more diverse. Bordwell notes that “any theme may appear in any genre,” challenging attempts to define clear boundaries (147). Hayward identifies multiple subgenres within war films, while Hutchinson views comedy as a supergenre encompassing numerous subdivisions (167; 19). Nollywood likewise includes occult films, prostitution narratives such as *Domitilla*, gender-focused works like *Mortal Inheritance*, and political dramas that navigate censorship concerns (Ayakoroma 96).

Genres also serve industrial and ideological functions. Neale positions genre as a framework that structures both film construction and audience interpretation (*Genre and Hollywood* 10). Nigerian video markets and streaming platforms classify films by genre to guide consumer choice and marketing (Ayakoroma 83). Ideologically, genres reflect cultural power relations (Gledhill 63) and shape audience identities (Fiske 115), though viewers often reinterpret or resist generic codes.

Intersections Between Theatre, Film, and Digital Genres

Theatre, film, and digital media exist in a continuous dialogue, reshaping one another through adaptation, shared conventions, and evolving production contexts. As Chandler observes, genres function as “patterns/forms, style, structures, which transcend individual films, and which supervise both their construction ... and their reading” (“An Introduction to Genre Theory” 1). Adaptation remains a key intersection: Shakespeare's *Hamlet*, *Macbeth*, and *Othello* migrate from stage to screen through cinematic techniques unavailable in theatre. In Nigeria, Yoruba Travelling

Theatre profoundly influenced early Nollywood, with films such as *Ti Oluwa Ni Ile* preserving ensemble performance, drumming, and melodrama, while contemporary works like Bolanle Austen-Peters's *Wakaa the Musical* integrate digital scenography to blur stage–screen boundaries.

Melodrama provides another connective thread. Originating in nineteenth-century theatre, its heightened emotions and moral binaries flourished in cinema and remain central to Nollywood titles such as *Living in Bondage* and *Mortal Inheritance*. Despite these overlaps, theatre and film diverge in performance style—live physicality versus cinematic subtlety—and in spectacle, from symbolic scenography to visual effects. Nigerian theatrical traditions—from Yoruba Travelling Theatre to Igbo masquerade and Hausa oral performance—are reconfigured in Nollywood through editing, framing, and sound design. Audience reception also differs: theatre offers immediate collective response, while film and digital works circulate through mediated platforms (Chandler 3; Fiske 110).

Contemporary genre studies emphasize digital disruption and global hybridity. As Chandler argues, genres “evolve, overlap, and hybridize” (1), a trend visible in Nigerian social-media skits that condense satire, melodrama, and critique into mobile-friendly formats. Hluch notes comedy’s structural adaptability to new technologies (83). Globally, Bollywood musicals, K-drama, and Nollywood demonstrate cross-cultural flows that reflect Neale’s theory of “repetition and difference” (Genre and Hollywood 48). Streaming platforms intensify hybrid storytelling, as seen in *King of Boys*, which blends political thriller, crime drama, and family saga. Comedy, structured around exposition, complication, and resolution (Neale and Krutnik 27), remains especially dynamic, with Nigerian skits merging slapstick and social commentary (Berger, qtd. in Kypker 30). These developments reveal genres as fluid cultural processes continually reshaped across theatre, film, and digital media.

Conclusion

The study of theatre and film genres demonstrates that artistic forms are never static but continually transform across historical and cultural contexts. Nigerian performance cultures make this especially clear. From the improvisational energy of theatre to the dramatic intensity of Nollywood and the immediacy of digital skits, core elements such as exaggeration, satire, and communal address persist while adapting to new media environments.

Nollywood and contemporary digital creators merge indigenous traditions with global cinematic influences, showing how genre innovation emerges from cultural exchange, technological change, and creative experimentation. Genre thus functions as a flexible cultural process—renewed across theatre, film, and digital platforms, and enriched by Nigeria’s distinctive contributions to global storytelling.

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Introduction to the Art of Acting

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INTRODUCTION

The majority of theatre artists dream of becoming famous actors on screen. This focus on screen acting does not mean that stage acting is less critical. It recognizes that actors in the 21st century must adapt to the changing landscape of the entertainment industry. Even stage productions now rely heavily on media exposure to attract audiences, and having well-known screen actors can determine their success. Regardless of the medium—stage, screen, or radio drama—the fundamental acting processes remain largely the same, with only minor differences. No medium is inherently more difficult or more accessible than the others.

An actor's physical presence is crucial to the audience's experience in all these mediums. According to Brockett and Ball (2014:358), actors are unique artists whose means of expression are inseparable from themselves, emphasizing the importance of an actor's body and voice. Aspiring actors must learn techniques to portray various characters effectively. This chapter explores the definitions of acting, techniques using the body and voice, characterization, facing the camera, and the ethical considerations for actors.

Different experts and schools of thought have defined acting in various ways. While a standard definition suggests that acting is the imitation of real-life characters on stage, this view needs to be revised and can be misleading. Effiong Johnson (2005:16) argues that defining acting as imitation suggests counterfeiting and implies that the original exists elsewhere. Instead, he describes acting as a well-planned, purposeful phenomenon. Brockett and Ball provide a broader perspective, viewing acting as an extension of everyday human behaviour, where individuals adjust to various daily roles.

Sanford Meisner defines acting as "living truthfully under imaginary circumstances," capturing the essence of transferring everyday traits to the stage to fulfil the audience's suspended disbelief. Renowned American actor John Barrymore offers a comprehensive definition, describing acting as the art of sincerely embodying a character's words and actions as if encountering the situation for the first time. Barrymore emphasizes the need for an actor's voice to be well-trained, flexible, capable of apparent, projected speech and for the body to respond naturally and spontaneously.

The Enemies of Acting

An actor must be aware of potential pitfalls that can undermine their craft. Four primary enemies of acting include:

1. **Self-Consciousness:** When actors are overly aware of their audience, they may overact or become nervous.

2. **Self-Righteousness:** Relying solely on past experiences can hinder growth. Continuous training and new experiences in rehearsals are crucial.
3. **Trying to Get It Right:** Acting requires unique interpretation rather than imitation. Actors should develop their distinct approaches to roles.
4. **Cynicism:** Negative attitudes and ego can harm collaboration and performance quality.

Factors that Constitute Good Acting

Effective acting results from multiple interrelated factors that collectively enhance the overall performance. These elements create a compelling and memorable theatrical or cinematic experience when harmoniously integrated.

1. A Good Script

A well-written script serves as the foundation for any successful production. It provides the narrative structure, character development, dialogue, and thematic elements that guide the actors' performances. Key attributes of a good script include:

- **Strong Plot:** A coherent and engaging storyline that captures the audience's interest.
- **Complex Characters:** Well-defined characters with distinct motivations, backgrounds, and arcs allow actors to explore and portray various emotions and behaviours.
- **Authentic Dialogue:** Realistic and meaningful dialogue that reflects the characters' personalities and relationships.
- **Clear Themes:** Underlying themes and messages that add depth and provoke thought.

2. A Team of Good Actors

A talented ensemble of actors brings the script to life, infusing it with energy, emotion, and authenticity. The chemistry and collaboration among cast members are crucial for creating believable relationships and dynamics on stage or screen. Important aspects include:

- **Diverse Skill Sets:** A range of acting techniques and styles that can adapt to various roles and scenarios.
- **Chemistry:** Natural and believable actors' interactions enhance the story's realism.
- **Commitment:** Dedication to understanding and embodying their characters fully.
- **Flexibility:** The ability to take direction, adapt to changes, and respond to fellow actors in the moment.

3. A Creative and Interpretative Director

A director's vision and interpretation of the script shape the entire production. Their role involves guiding the actors, shaping the narrative, and ensuring a cohesive artistic vision. Key responsibilities include:

- **Visionary Leadership:** Providing a clear and compelling vision for the production.

- **Actor Guidance:** Offering constructive feedback and support to help actors refine their performances.
- **Narrative Coherence:** Ensuring all production elements align with the overarching story and themes.
- **Innovation:** Bringing creative solutions to staging, blocking, and scene transitions.

4. Thorough Rehearsals

Rehearsals are the backbone of any successful performance, allowing actors to explore their characters, experiment with different interpretations, and refine their delivery. Effective rehearsals involve:

- **Character Exploration:** Deep dives into the motivations, backstories, and characters' relationships.
- **Scene Work:** Detailed practice of individual scenes to perfect timing, pacing, and emotional beats.
- **Blocking:** Establishing precise movements and positioning on stage or in front of the camera to ensure visual coherence.
- **Feedback:** Continuous evaluation and adjustment based on director and peer feedback.

5. Supporting Elements: Lighting, Props, Costumes, and Set Design

Supporting elements play a crucial role in creating the world of the play or film, enhancing the believability and immersion of the production. These components include:

- **Lighting:** Sets the mood, highlights critical moments, and directs the audience's attention. Good lighting design can transform a scene's atmosphere and support the storytelling.
- **Props:** Provide authenticity and context to the setting, helping actors interact more naturally with their environment.
- **Costumes:** Reflect the character's personality, status, and the historical or cultural context of the story. Well-designed costumes can significantly influence an actor's portrayal.
- **Set Design:** Creates the physical space where the action unfolds, establishing the visual context and supporting the narrative. Detailed and thoughtful set design helps transport the audience into the story's world.

The Actor's Basic Tools: Body and Voice

The Body

Actors rely heavily on their bodies as primary tools for communication, utilizing physicality to convey meaning and emotion even in the absence of dialogue. This requires a deep understanding and mastery of their physical instrument through constant training and awareness. Critical aspects of using the body in acting include:

1. **Flexibility and Range of Motion:** Regular exercises, such as stretching, yoga, and dance, help maintain and improve an actor's flexibility, enabling a wide range of physical expression.
2. **Body Awareness:** Actors must develop a keen sense of body awareness to control their movements deliberately. Techniques such as the Alexander Technique and Feldenkrais Method help actors become more conscious of their physical habits and improve their posture and alignment.
3. **Expressiveness:** The ability to convey complex emotions and narratives through body language, facial expressions, and gestures is crucial. Mime and physical theatre exercises can enhance an actor's expressiveness.
4. **Physical Conditioning:** Stamina and strength are essential, especially for demanding roles. Regular cardiovascular and strength training exercises help actors maintain the physical endurance required for performances.
5. **Physicality in Characterization:** Different characters may require unique physical attributes or movements. Studying movement styles, such as Laban Movement Analysis, can aid actors in developing distinct physical characteristics for each role.

The Voice

The voice is an equally vital tool for actors, as it delivers dialogue, conveys emotion, and enhances character development. An actor's voice must be trained to be strong, versatile, and capable of conveying subtle nuances. Critical elements of voice training include:

1. **Pitch:** The relative highness or lowness of the voice. Actors must know their natural pitch and learn how to vary it to suit different characters and emotions.
2. **Range:** The distance between the highest and lowest tones an actor can produce. A more comprehensive vocal range allows for more significant roles and emotional expression versatility.
3. **Timbre:** The unique quality or colour of the voice distinguishes one voice from another. Understanding and manipulating timbre can help actors create distinct vocal identities for their characters.
4. **Resonance:** The amplification of the vocal cavities produces the voice's richness and fullness. Techniques such as proper breathing, relaxation of the throat, and vowel emphasis can improve resonance.

Cicely Berry (1987), a renowned voice coach, emphasizes several factors that affect the voice:

- **Environment:** The surroundings and acoustics can impact vocal performance. Actors must adapt their voice projection to different spaces, from intimate theatres to large outdoor venues.
- **Perception of Sound:** How actors hear and interpret sounds affects their vocal production. Active listening exercises and vocal mimicry can enhance this perception.
- **Physical Makeup:** An individual's anatomy, including the size and shape of vocal cords and cavities, influences their vocal qualities. Understanding one's physical makeup can guide personalized vocal training.

- **Desire to Communicate:** The intent and emotional drive behind speech are crucial. Actors must cultivate a strong connection to the material and a genuine desire to convey the story to the audience.

Vocal Training Techniques

To develop and maintain a robust and versatile voice, actors engage in various vocal exercises:

1. **Breathing Exercises:** Proper breath control is fundamental. Techniques such as diaphragmatic breathing help support sustained, powerful vocal production.
2. **Jaw Relaxation:** Tension in the jaw can impede clear speech. Exercises that involve massaging and loosening the jaw muscles can promote relaxation.
3. **Articulation Drills:** Crisp, clear articulation ensures that every word is understood. Tongue twisters and diction exercises improve enunciation.
4. **Pitch and Range Exercises:** Vocal warm-ups that explore different pitches and extend vocal range help maintain flexibility and prevent strain.
5. **Resonance Training:** Humming, chanting, and singing exercises can enhance vocal resonance, adding depth and richness to the voice.
6. **Listening and Imitation:** Practicing along with recordings of skilled actors or engaging in vocal mimicry can help improve vocal variety and adaptability.

Building Character

Building a character is a multifaceted process that requires an actor to delve deep into the role's nuances, ensuring that the distinction between the actor and the character is clearly defined. This involves combining script analysis, understanding the character's background, and leveraging intuitive creative forces. The process can be broken down into several key components:

Understanding the Distinction Between the Actor and the Character

Recognizing the difference between oneself and the character is fundamental. The actor must leave their experiences and perspectives to inhabit their role fully. This involves:

- **Separating Personal Identity:** The actor must detach from their traits, habits, and biases.
- **Adopting Character Traits:** Embracing the character's unique attributes, behaviours, and thought processes.
- **Maintaining Authenticity:** While inhabiting the character, the actor must remain faithful to the role's essence, avoiding superficial portrayals.

Script Analysis

A thorough analysis of the script is essential for understanding the characters and the context in which they exist. This involves:

- **Identifying Key Moments:** Highlighting pivotal scenes and dialogue that reveal significant aspects of the character.

- **Exploring Relationships:** Understanding the character's interactions and relationships with other characters.
- **Uncovering Motivations:** Determining what drives the character's actions and decisions throughout the story.

Understanding the Character's Background

Comprehending the character's history and background provides a solid foundation for building a believable portrayal. This includes:

- **Backstory:** Creating a detailed backstory for the character, even if it is not explicitly stated in the script. This includes family history, education, significant life events, and formative experiences.
- **Physical Characteristics:** Considering the character's physical appearance, health, and any physical mannerisms or quirks.
- **Social Context:** Placing the character within their social, economic, and cultural context to understand their worldview and behaviour.

Intuitive Creative Forces

Relying on intuitive, creative forces helps actors bring depth and authenticity to their characters. These forces include:

- **Empathy:** The ability to genuinely feel and share the emotions of the character. This involves putting oneself in the character's shoes and experiencing their emotional journey.
- **Sympathy:** An understanding and compassionate response to the character's experiences and emotions. This allows the actor to connect with the character on a deeper level.
- **Imitation:** Observing and replicating real-life behaviours, mannerisms, and speech patterns that align with the character. This can involve studying people who share similarities with the character.
- **Identification:** Combining one's personality and experiences with the character's traits creates a believable and relatable portrayal. This involves finding common ground between the actor and the character.

Analyzing Characters on Multiple Levels

To fully comprehend and portray a character, actors analyze them on various levels:

1. **Biological Level:**
 - **Gender and Age:** The character's gender and age significantly influence their behaviour, perspectives, and interactions.
 - **Physical Appearance:** Characteristics such as height, weight, and physical condition.
 - **Health:** Any medical conditions or disabilities that affect the character's actions and interactions.
2. **Sociological Level:**

- **Profession:** The character's job or occupation, which can influence their behaviour, speech, and interactions.
 - **Social Class:** Economic status and social standing shape the character's worldview and relationships.
 - **Family Background:** The character's family dynamics, upbringing, and significant familial relationships.
 - **Community Standing:** The character's reputation and role within their community.
3. **Psychological Level:**
- **Attitudes and Beliefs:** The character's personal beliefs, values, and attitudes towards various aspects of life.
 - **Emotional Makeup:** The character's typical emotional responses, temperament, and psychological state.
 - **Motivations and Goals:** What drives the character's actions and decisions, including their desires, fears, and aspirations?
4. **Ethical Level:**
- **Values and Morals:** The character's ethical principles and moral compass.
 - **Choices and Conflicts:** How the character makes decisions, especially in moments of crisis or conflict, revealing their true nature.

Creative Imagination and Observation

To bring a character to life, actors must use their creative imagination and keen observational skills:

- **Creative Imagination:** Actors project themselves into the world of the play or film, imagining how their characters would think, feel, and act in various situations.
- **Creative Observation:** By observing the real world, actors gather insights into human behaviour, emotions, and interactions. They then apply these observations to their character, making their portrayal more authentic and relatable.

Basics of Acting for the Screen

Acting for the screen is distinct from stage acting due to the unique demands of the film medium. The camera's ability to capture minute details requires actors to adapt their techniques to make their performances compelling and believable. Here are the essential components of screen acting:

Understanding Camera Work

- **Close-ups:** Unlike stage acting, where more significant movements and expressions are necessary to reach the back of the theatre, screen acting often relies on close-ups. In close-up shots, the camera captures subtle facial expressions and small gestures, so actors must master conveying emotion with minimal movements.
 - **Eye Movement:** The eyes can express a wide range of emotions. Subtle shifts in eye direction, blinking patterns, and pupil dilation can convey internal thoughts and feelings.
 - **Microexpressions:** These brief, involuntary facial expressions reveal genuine emotions and can add depth to a performance when captured up close.

- **Continuity:** Maintaining continuity is crucial in film acting because scenes are often shot out of sequence. Actors must ensure that their physicality, positioning, and emotional state remain consistent across takes and scenes.
 - **Marks:** Actors must know their marks (pre-determined positions) to ensure consistent framing and focus.
 - **Props and Costumes:** Handling props and wearing costumes consistently across different takes helps maintain continuity.

Subtleties of Facial Expressions and Body Language

- **Facial Expressions:** The camera magnifies facial expressions, so actors must learn to control and refine their expressions to convey emotions authentically without appearing exaggerated or theatrical.
 - **Neutral Face:** Starting with a neutral face and then layering emotions can create more believable reactions.
 - **Inner Monologue:** Engaging in an inner monologue can help actors generate genuine facial expressions reflecting their characters' thoughts and feelings.
- **Body Language:** Even small gestures and movements can be significant on screen. Actors should be mindful of their body language to ensure it aligns with their character's emotions and intentions.
 - **Economy of Movement:** Minimizing unnecessary movements can make an actor's performance more focused and effective.
 - **Physical Stillness:** Sometimes, stillness can be powerful, drawing the audience's attention to subtle facial expressions or a single, deliberate gesture.

Precision in Performance

- **Subdued Approach:** Screen acting often requires a more restrained approach than stage acting. Overly dramatic gestures and expressions can appear exaggerated on camera, so subtlety and nuance are key.
 - **Naturalism:** Aim for a naturalistic style that feels authentic and believable. This often involves underplaying emotions rather than amplifying them.
 - **Internalization:** Emphasize internalization of the character's emotions and thoughts, subtly allowing these to manifest in physical expressions and gestures.

Technical Aspects

- **Hitting Marks:** Actors must be adept at hitting their marks accurately to ensure they are in the correct position for the camera, lighting, and other technical elements.
 - **Blocking:** Understanding and rehearsing the blocking (movement and positioning) is crucial for maintaining continuity and ensuring effective shot composition.
- **Microphones and Sound:** Be aware of the placement of microphones and maintain consistent volume and clarity in speech without projecting as one would on stage.
 - **Voice Control:** Develop the ability to modulate the voice to suit different scenes, from intimate whispers to more intense dialogue, while maintaining clarity and emotional authenticity.

Interaction with the Camera and Crew

- **Awareness of Camera Angles:** Knowing the camera angles and how they affect the portrayal of the character helps actors adjust their performance accordingly.
 - **Cheating:** Slightly adjusting body position or gaze direction to ensure the best possible shot without breaking the natural flow of the scene.
- **Collaboration with Crew:** Effective communication and collaboration with the director, cinematographer, and other crew members are essential to understanding their vision and technical requirements.
 - **Taking Direction:** Being open to feedback and direction and adjusting performances to meet the director's vision and technical constraints.

Emotional Authenticity

- **Consistency in Emotions:** Ensuring that emotional intensity and nuances are consistent across multiple takes and angles is critical for creating a cohesive performance.
 - **Emotional Memory:** Using personal experiences and emotional memory can help actors generate genuine emotional responses consistent across takes.
- **Rehearsing for Camera:** Practice and rehearse scenes with the awareness of the camera's presence. This helps actors become comfortable with the technical aspects while maintaining emotional authenticity.

Basic Acting Techniques

Mastering the craft of acting requires a combination of theoretical knowledge and practical skills. Here are some fundamental techniques that actors use to bring characters to life on stage and screen:

1. Relaxation

- **Purpose:** To reduce physical and mental tension, enabling natural and fluid movements and reactions.
- **Exercises:** Breathing exercises, progressive muscle relaxation, and stretching routines help actors achieve a state of readiness and ease.

2. Concentration and Focus

- **Purpose:** To maintain attention to the task, ensuring consistent and authentic performance.
- **Exercises:** Visualization techniques, focusing on specific objects or sounds, and practising mindfulness can improve concentration.

3. Observation

- **Purpose:** To develop a keen awareness of the world around them, which actors can draw upon to create believable characters.

- **Exercises:** People-watching, noting physical behaviours, and studying accents, gestures, and mannerisms.

4. Imagination

- **Purpose:** To creatively envision scenarios, characters, and emotions that may not be part of the actor's experience.
- **Exercises:** Improvisation games, storytelling, and visualization exercises that encourage imaginative thinking.

5. Emotional Memory

- **Purpose:** To use personal past experiences to evoke genuine emotions that align with the character's situation.
- **Exercises:** Reflect on personal memories that evoke emotions similar to those of the characters and practice recalling these feelings during the performance.

6. Sense Memory

- **Purpose:** To recall and recreate sensory experiences to enhance the realism of a performance.
- **Exercises:** Focusing on remembering the details of a specific sensory experience, such as the smell of rain or the feel of sand.

7. Given Circumstances

- **Purpose:** To understand the specific conditions of the character's world, including time, place, social context, and relationships.
- **Exercises:** Script analysis and research to gather all relevant information about the character's environment and background.

8. Objectives and Super-Objectives

- **Purpose:** To determine what the character wants to achieve (objectives) in each scene and throughout the entire play or film (super-objective).
- **Exercises:** Identifying and articulating the character's goals and practising scenes with these objectives in mind to drive action and motivation.

9. Actions and Tactics

- **Purpose:** To decide on specific actions and strategies (tactics) the character uses to achieve their objectives.
- **Exercises:** Breaking down scenes to identify actions, practising different tactics to achieve the same objective, and experimenting with physical and vocal choices.

10. Subtext

- **Purpose:** To understand and convey the underlying meaning or emotions behind the character's words and actions.
- **Exercises:** Analyzing the script to identify subtext and practising delivering lines with an awareness of the hidden meanings and motivations.

11. Physicality

- **Purpose:** To use the body effectively to express the character's emotions, status, and personality.
- **Exercises:** Movement exercises, dance, and physical theatre techniques to explore how different physical choices affect characterization.

12. Voice

- **Purpose:** To develop a strong, flexible, and expressive voice that conveys the character's emotions and intentions.
- **Exercises:** Vocal warm-ups, breath control, articulation drills, and practising different vocal qualities such as pitch, tone, and volume.

13. Improvisation

- **Purpose:** To enhance spontaneity, creativity, and the ability to think quickly and adapt to new situations.
- **Exercises:** Improvisational games and exercises that encourage actors to create scenes and characters on the spot.

14. Characterization

- **Purpose:** To build a fully realized and believable character by integrating all the above techniques.
- **Exercises:** Detailed character studies, hot-seating (where actors answer questions in character), and rehearsing scenes focusing on developing specific character traits.

15. Listening and Reacting

- **Purpose:** Engaging fully with scene partners creates a dynamic and truthful interaction.
- **Exercises:** Paired exercises focusing on active listening, repeating exercises (like Meisner's repetition technique), and practising scenes focusing on genuine reactions.

Acting: Beyond Reciting Lines

Acting transcends the mere recitation of lines from a script; it is the intricate art of bringing characters to life in a manner that resonates with the audience. This complex process requires a blend of emotional depth, psychological insight, and physical expressiveness, making it a demanding and multifaceted craft.

Commitment to the Craft

Effective acting demands unwavering dedication. An actor must fully commit to understanding and embodying their character, delving deep into the character's psyche, motivations, and background. This often involves extensive research and methodical preparation to portray the character's essence accurately.

Professionalism in Performance

Professionalism is crucial in acting. This includes punctuality, reliability, and a collaborative attitude towards fellow cast members and the production team. An actor must be adaptable, able to take direction, and willing to continually revise and improve their performance.

Continuous Practice and Improvement

The art of acting is one of perpetual growth. Continuous practice is essential to refine skills and stay sharp. This involves participating in regular rehearsals, taking acting classes, and engaging in exercises that enhance voice, movement, and emotional range.

Practical Experience Over Theoretical Knowledge

While theoretical knowledge provides a foundational understanding of acting principles, absolute mastery comes from practical experience. Acting workshops, live performances, and on-camera work provide invaluable opportunities to apply techniques, receive feedback, and make real-time adjustments.

Relentless Training and Discipline

Relentless training is a hallmark of a dedicated actor. This includes vocal exercises to strengthen and control the voice, physical workouts to maintain and enhance body flexibility, and mental exercises to improve focus and emotional access. Discipline in maintaining a consistent practice routine is critical to developing and sustaining a high level of performance.

Conclusion

Acting remains one of the most intricate and intellectually demanding art forms, requiring the performer to unite body, voice, mind, and imagination into a single expressive instrument. As this paper has shown, the craft goes far beyond memorizing lines or mimicking behaviour; it is a disciplined process grounded in psychological insight, physical control, emotional authenticity, and creative interpretation. Drawing from influential thinkers such as Brckett and Ball, Sanford Meisner, and Cicely Berry, the discussion emphasizes that effective acting is an extension of everyday human behaviour, yet refined through rigorous training and purposeful artistic choices.

The exploration of the enemies of acting, the essential factors that contribute to strong performances, and the foundational techniques used across both stage and screen highlights the depth and complexity of the actor's journey. Whether working before a live audience or performing for the camera, the actor must cultivate flexibility, presence, and emotional truth. Screen acting, in particular, demands an acute awareness of subtlety, continuity, and technical precision, while stage performance relies on vocal power, physical expressiveness, and moment-to-moment spontaneity.

Ultimately, the art of acting thrives on continuous learning, persistent practice, and an enduring commitment to the craft. The actor becomes a storyteller, communicator, and interpreter of the human experience. As the global entertainment landscape continues to evolve—especially with the growing intersections between theatre, film, and digital media—actors must remain adaptable, open-minded, and grounded in strong artistic principles. This chapter therefore affirms that acting is both a science and an art: a disciplined pursuit that demands intelligence, imagination, and a relentless desire to communicate truthfully under all circumstances.

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Career Opportunities for Theatre and Film Arts Graduates in Nigeria

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INTRODUCTION

The Nigerian creative industry, encompassing theatre, film, music, fashion, and other cultural expressions, has emerged as a vital contributor to the country's economy and global image. Within this broad sector, theatre and film occupy a unique position as both artistic and economic enterprises, generating employment, fostering cultural exchange, and shaping national narratives. As Otuonyeu and Oshionebo observe:

The movie industry has contributed significantly to the cultural and economic development of Nigeria...it has promoted Nigerian culture and traditions, sharing the country's rich cultural heritage with a global audience, preserved history and storytelling by documenting and retelling critical historical events, folklore, and cultural legends, keeping Nigeria's cultural memory alive (197).

This cultural and economic significance is further reflected in the international recognition of Nollywood as one of the world's most prolific film industries, alongside the resurgence of stage productions and festivals, which demonstrate the growing demand for creative content and skilled professionals. Supporting this, Frederick, Success, and Egbi note that "Nollywood films have become so popular because of their indigenous content and the fact that they address issues relevant to the mass audience" (41).

Despite this vibrancy, graduates of Theatre and Film Arts sometimes encounter challenges in translating academic training into sustainable career opportunities. While Nigerian universities offering Theatre and Film Arts programmes continue to produce talented and technically skilled graduates, the rapidly evolving demands of the creative industry call for complementary training in business, technical, and entrepreneurial competencies. Aligning these evolving industry expectations with academic preparation presents an opportunity to strengthen graduate readiness

for the labour market. Without such alignment, some graduates experience periods of underemployment, career instability, or even a shift away from their field of study.

Addressing this evolving skills gap requires systematic research that not only identifies viable career pathways but also interrogates the competencies, networks, and institutional supports that sustain professional success. To this end, this chapter explores and critically analyses the professional opportunities available to Theatre and Film Arts graduates in Nigeria. It examines how personal attributes align with specific professional roles. Simultaneously, by applying the Creative Economy framework, the study situates these roles within the broader cultural and economic systems that shape the creative industries.

The research identifies some key personalities and practitioners, whose work spans acting, directing, production design, cinematography, academia, arts management, and other allied professions, and presents them as case studies, providing in-depth perspectives on the lived realities of building and sustaining a career after graduating from theatre and film schools. By documenting these professional trajectories, the study generates evidence-based recommendations for curriculum enhancement, structured internship and mentorship programmes, targeted career guidance, and stronger industry–academia collaboration. Ultimately, this chapter contributes to scholarly discourse on creative labour markets in Africa while offering practical strategies for educators, policymakers, and industry stakeholders committed to unlocking the full potential of Nigeria’s Theatre and Film Arts graduates.

Nigerian Creative Industry Context

Over the last decade, Nigeria’s creative sector, particularly theatre and film, has emerged as a significant driver of both economic growth and cultural expression. In 2016, the film industry alone accounted for 2.3% of Nigeria’s GDP, contributing approximately ₦239 billion (Osinubi 1). The same report projected export revenue to exceed USD 1 billion by 2020. Such statistics underscore the increasing economic relevance of the Nigerian film industry within both national and international markets.

Despite these successes, the creative industries face persistent challenges that affect both production and professional sustainability. Nwankwo acknowledges the sector’s cultural and economic significance but highlights ongoing challenges: “Nigeria is yet to maximise the full potential of its creative industries sectors” (1). He attributes this shortfall to “structural constraints, including fragmented policy frameworks, rampant piracy, and chronic underfunding” (5), all of which limit industry expansion and, by extension, the absorption of new talent.

Within this ecosystem, Theatre has also demonstrated remarkable adaptability and resilience. During the COVID-19 pandemic, Nigerian theatre practitioners experimented with drive-in theatre as a means of sustaining audience engagement under public health restrictions. As Amonyeze et al. note, this format “presents unique possibilities for artistic innovation and experimentation. It allows theatre directors and performers to explore new ways of engaging with their audiences, utilising the distinctive features of this performance space to stage immersive performances, integrate technology, and push the boundaries of traditional artistic practices” (5). Such adaptive strategies illustrate the resilience of Nigerian theatre and the profession’s capacity

to evolve in challenging circumstances, qualities equally essential for emerging graduates entering the field.

While existing studies provided valuable insights into economic contributions, creative innovations, and systemic challenges of the Nigerian creative sector, there remains a clear gap in scholarship: few works systematically investigate the career trajectories of Theatre and Film Arts graduates through robust theoretical lenses. In particular, there is limited research that combines first-hand practitioner narratives with conceptual models such as Holland's Theory of Career Choice and the Creative Economy framework to interrogate how theatre and film art graduates align their skills, interests, and professional competencies with industry structures.

Drawing on Holland's Theory of Career Choice, many of these roles correspond to the personality types. Holland argues that people choose careers based on their dominant traits and the kind of work environments that best support those traits. According to Holland, there are six personality environment types: Realistic, Investigative, Artistic, Social, Enterprising, and Conventional (21). Within the creative industries, particularly theatre and the performing arts, Holland's framework is useful for explaining graduates' choices of sub-specialisations as it provides a conceptual lens for analysing how theatre graduates navigate opportunities in the Nigerian creative economy, why they gravitate toward certain professional niches, and how their training equips them to flourish in specialised roles. It also helps explain the diversity of career outcomes among graduates of a single academic discipline, demonstrating that even within the arts, personality alignment significantly shapes professional identity and long-term career trajectories. As Holland affirms, "the choice of a vocation is an expression of personality" (12), reinforcing the relevance of this theory to understanding individual differences in theatre practice, management, and production.

Relatively, the Creative Economy framework popularised by John Howkins (2001) recognises sectors such as theatre, film, music, fashion, digital media, and performing arts, not only as forms of cultural expression but also as drivers of economic value. The categories outlined highlight key career trajectories, including their sub-specialisations, and situate them within the realities of the Nigerian creative sector. According to Cunningham, the creative economy operates through a complex ecosystem involving creators, producers, distributors, and audiences, highlighting a fluid interplay between artistic expression and entrepreneurial activity (Cunningham and Flew 23). The theory provides insight into the diversification of career pathways. Technical practitioners such as lighting designers, scenographers, sound engineers, and stage technologists, generate economic value through their technical expertise and creative problem-solving abilities. Similarly, directors, actors, and arts managers function as drivers of cultural production whose work supports broader value chains, including tourism, digital media, merchandising, and community engagement.

By anchoring this study on Creative Economy Theory and Holland's Theory of Career Choice, through a qualitative case-study approach the research is able to situate theatre and film careers within a broader economic, psychological, and educational context. These theories collectively strengthen the analysis and documentation of how Nigerian Theatre and Film Arts graduates navigate, sustain, and evolve their careers across diverse roles in the creative industries

Career Paths for Theatre and Film Arts Graduates

The landscape of career development for Theatre and Film Arts graduates in Nigeria cannot be fully understood without first situating their journeys within the broader dynamics of the country's creative sector. As higher institutions continue to expand their programmes in the field of theatre and film arts, increasing numbers of graduates are entering a labour market defined by both opportunity and uncertainty. Graduates of Theatre and Film Arts in Nigeria step into a professional environment that is already diverse yet continually evolving, shaped by the nation's cultural heritage, the forces of globalisation, and rapid technological change. These career paths build on long-standing traditions while embracing new opportunities, reflecting the unique convergence of creativity, skill, and industry demand, offering opportunities that span artistic performance, technical production, management, and research.

Performance and Acting Career (Stage and Screen)

Acting remains one of the most visible and aspirational career paths for Theatre and Film Arts graduates, encompassing live theatre, film, television, and increasingly, digital streaming platforms. Empirical studies of the Nigerian film sector emphasise that acting is embedded within a large and growing labour market that creates roles not only in front of the camera but across the production chain. Nigerian actors are central to Nollywood's global reach and the preservation and reinvention of traditional stage performance. The acting role requires mastery of interpretive skills, emotional range, and adaptability to various performance modes.

Acting careers in Nigeria now encompass several sub-specialisations that reflect the diversification of the country's creative landscape, which includes stage and screen acting, voice acting, and performance poetry. More recently, the rise of gaming, virtual reality, and 3D animation has opened opportunities in motion-capture acting, a growing niche globally that is gradually entering Nigeria's digital production ecosystem (Ogunleye). As the Nigerian animation sector grows and international streaming platforms seek African localisation, skilled voice actors with multilingual capabilities have become increasingly marketable. Collectively, these sub-specialisations demonstrate the multidimensional nature of acting careers in contemporary Nigeria.

Several notable Theatre and Film Arts graduates have made significant contributions to the Nigerian creative industry, both on and off stage.

1. Fred Amata, a veteran actor and industry player, is a graduate of the University of Jos and has maintained a prolific career spanning film, television, and production.
2. Genevieve Nnaji, a graduate of the University of Lagos' Theatre Arts programme, transitioned from acting in television and stage productions to becoming one of Nollywood's most celebrated film producers and directors, with her film *Lionheart* achieving international recognition on Netflix (Asigbo and Ugbor).
3. Sola Fosudo exemplifies the combination of academia and professional performance; an alumnus of the University of Ife and the University of Ibadan, he has built an outstanding career across stage, film, and television.
4. Richard Mofe-Damijo, a University of Benin graduate, extends his acting prowess beyond theatre, film, and television into commercials and public-facing roles that leverage his credibility and presence.

5. Funke Akindele, known for her iconic role in *Jenifa*, combines acting with production and entrepreneurship, illustrating the portfolio nature of many Nigerian creative careers
6. Sam Dede, an award-winning actor and academic from the University of Port Harcourt, has played a major role in developing theatre and acting education in Nigeria; he has been described by *The Guardian* as “one of the exponents of acting in Nigeria. An actor who knows his onions, he is known to act out the script brilliantly to the admiration of many lovers of the art form”.
7. Patrick Diabuah, a graduate of the University of Lagos Theatre Arts programme, represents the new generation of actors blending formal training with professional practice.

Collectively, these individuals demonstrate how Theatre and Film Arts graduates can navigate diverse career pathways, combining performance, production, and entrepreneurial skills to achieve national and international recognition.

Directing, Scriptwriting, and Creative Development

Directing, scriptwriting, and creative development represent career paths where graduates shape narratives and overall production vision. Directing in theatre and film is both an artistic and managerial responsibility, requiring the ability to transform a script or concept into a compelling audience experience. It is the role of the Directors to interpret the story, guide actors' performances, and coordinate the work of designers, cinematographers, and technical crews to achieve a unified vision.

In the Nigerian creative industry, directing often demands adaptability to different production environments, from live stage performances to film sets, each with its own technical, financial, and audience considerations. This role calls for creativity, problem-solving, and resourcefulness, particularly when navigating varying budgets, technical limitations, and audience expectations. Beyond storytelling, directors play a critical role in preserving cultural authenticity while engaging with global trends, ensuring that their work resonates locally while remaining competitive on international platforms. Sub-specialisations include theatre and film directing, playwriting, screenwriting, and content development for digital platforms. Studies on the Nigerian creative industry indicate that graduates in these roles must combine artistic vision with managerial and communication skills, often acquiring experience through freelance projects, internships, or mentorship under established directors

Successful practitioners frequently transition from directing and writing to producing or entrepreneurial roles, reflecting the flexible and multifaceted nature of creative careers in Nigeria (Ogunleye). Successful practitioners frequently transition from directing and writing to producing or entrepreneurial roles, reflecting the flexible and multifaceted nature of creative careers in Nigeria (Ogunleye). Several Nigerian directors who are graduates of Theatre and Film Arts programmes have significantly shaped the country's creative landscape, particularly in theatre, film, and television.

1. Israel Eboh, a prominent director and producer, has contributed to both stage and screen, demonstrating versatility in storytelling and production management (Asigbo and Ugbor).

2. Tunji Azeez has made notable contributions to stage direction and film production, combining practical theatre experience with formal training to mentor emerging actors and filmmakers (Imiti).
3. Tope Oshin, a graduate of the University of Jos, is widely recognised for her film and television direction, including projects that foreground socially relevant narratives and amplify female voices in Nollywood (Yerima, Uwadinma-Idemudia, and Yerima).
4. Tunji Sotimirin is known for directing innovative theatre productions and experimental stage works, blending traditional Nigerian performance aesthetics with contemporary dramaturgy (Adeyemi and Olamide).
5. Segun Adefila, founder of the renowned theatre company “Crownt Troupe of Africa,” merges directing, choreography, and production in his work, exemplifying the integration of leadership and creative practice in Nigeria’s performing arts (Ogunleye).

Collectively, these directors illustrate the breadth of career trajectories available to Theatre and Film Arts graduates, highlighting how formal education, practical experience, and entrepreneurial initiative converge to create influential creative careers.

Technical Direction and Production Roles

Technical and production roles form the backbone of the theatre and film industries, translating creative vision into tangible performance and screen experiences. These careers in the Nigerian Creative space encompass vital behind-the-scenes roles that sustain performance and screen productions. It encompasses the creation, coordination, and realisation of the visual, auditory, and spatial dimensions that bring stage and screen productions to life. This aspect of theatre and film arts integrates artistry with technical expertise, ensuring that every element supports the story’s mood, style, and meaning.

Key sub-specialisations include lighting and sound design, set and costume design, props management, cinematography, and post-production editing. Research on Nollywood’s labour market emphasises the critical demand for skilled technical personnel, highlighting that technical competence often determines the production quality and commercial success of film projects (Asigbo and Ugbor). Many Theatre and Film Arts graduates supplement formal training with workshops, short courses, and apprenticeships to gain practical expertise (Imiti). This blend of academic knowledge and hands-on experience is essential in Nigeria, where informal networks and on-the-job training continue to shape professional pathways.

- **Set Design and Scenic Construction:** Set designers create the physical environments in which stories unfold, including stage scenery, props, and backdrops. Graduates often work as freelance designers for theatre companies or film production houses. Femi Alabi, a University of Lagos alumnus, has contributed to numerous stage productions and commercial films in Lagos, integrating traditional Nigerian aesthetics with contemporary design principles.
- **Costume Designer (Stage and Screen):** Develops attire that communicates character identity, aligns with historical or cultural contexts, and reflects thematic concepts. Costume and makeup designers craft the visual identity of characters, reflecting personality, status, and period context. These roles are increasingly professionalised

- within theatre companies and film studios. **Ngozi Chukwuma**, a Theatre Arts graduate from the University of Port Harcourt, is renowned for her work in stage productions and Nollywood films, particularly in period dramas requiring intricate costume design and prosthetic makeup.
- **Lighting Designer/Manager (Stage and Screen):** Crafts atmosphere, directs audience focus, and shapes the emotional tone of a performance through the controlled use of light. Lighting designers control the visual mood, focus, and atmosphere of stage and screen productions. Graduates in this area are often responsible for designing lighting plots, programming intelligent lights, and operating lighting consoles during rehearsals and live performances. An example is **Akinwale “Wale” Adeyemi**, a graduate of the University of Lagos, who has worked extensively on stage productions in Lagos, including festival performances and commercial theatre shows.
 - **Sound Design and Engineering:** This career path edits and integrates sound elements to enhance narrative impact, from subtle ambience to dynamic audio effects, ensuring clarity and emotional resonance. Sound designers and engineers manage audio elements, including dialogue clarity, background music, sound effects, and live audio mixing. This role is crucial for creating immersive experiences in theatre and ensuring professional-quality sound in film. **Chijioke Okafor**, a University of Ibadan Theatre Arts graduate, has built a career in both theatre and Nollywood, specialising in sound design and audio post-production for independent films.
 - **Props Manager (Stage and Screen):** Sources, organises, and maintains physical objects used on stage or set, ensuring they enhance authenticity and serve the needs of the performance or film. Props managers are responsible for sourcing, maintaining, and organising all objects used on stage or screen. They work closely with directors, actors, and designers to ensure props are historically and contextually appropriate. **Emeka Nwosu**, a University of Ife graduate, has specialised in props management for both theatre festivals and commercial film productions in Lagos, contributing to large-scale stage events and independent films.
 - **Cinematography and Camera Operation:** Cinematographers and camera operators handle visual storytelling on screen, including framing, camera movement, lighting integration, and image composition. Graduates in this area are key to translating a director’s vision into compelling visual narratives. **Kunle Adeyanju**, a University of Lagos Theatre Arts graduate, has worked as a cinematographer on Nollywood films and short digital productions, gaining recognition for innovative camera techniques and collaboration with emerging directors.
 - **Film Editing and Post-Production:** Editors assemble filmed material, create narrative flow, integrate visual effects, and finalise sound and colour grading. This sub-specialisation is critical for both commercial and experimental film work. **Tunde Balogun**, a graduate of the University of Ibadan, has built a career as a film editor for Nollywood productions and digital media projects, bridging technical proficiency with creative storytelling.
 - **Content Creation for Digital Platforms:** With the proliferation of YouTube, Instagram, TikTok, and subscription-based streaming services, graduates are increasingly producing, distributing, and monetising their content. This path requires a hybrid skill set that combines performance, editing, marketing, and audience analytics,

aligning closely with the Creative Economy's emphasis on self-driven innovation and digital entrepreneurship.

Professionals in this category combine artistic sensibility with problem-solving skills, adapting to different production scales and resource constraints while maintaining the integrity of the creative vision.

1. **Duro Oni** is a veteran theatre scholar and practitioner whose contributions have shaped technical theatre education and practice in Nigeria. A graduate of the University of Ibadan with further studies at the California Institute of the Arts, Oni specialises in lighting, stage design, and theatre aesthetics. He has served in key leadership roles at the University of Lagos, including Head of the Creative Arts Department and Deputy Vice-Chancellor, while also mentoring the next generation of theatre practitioners. His scholarly work integrates practical technical theatre with research, establishing him as a pioneer in lighting and stage design within the Nigerian theatre landscape (Oni).
2. **Abiodun (Kester) Abe** is a renowned set designer and technical director who has significantly influenced stage production in Nigeria. Educated at the University of Ilorin and the University of Ibadan, Abe has worked extensively with the National Theatre and on classic Nigerian plays such as Wole Soyinka's *Death and the King's Horseman* and Ola Rotimi's *Kurunmi*. He emphasises the centrality of set design in audience perception, famously asserting that "it is the set that announces everything," reflecting his philosophy that scenography is integral to storytelling in theatre (Abe).
3. **Hilary Elemi** is a distinguished theatre practitioner and technical director known for his expertise in stage design and visual storytelling. As Technical Director of the National Troupe of Nigeria, Elemi has designed numerous productions, emphasising the aesthetic and functional roles of scenery in theatre. His work demonstrates the importance of technical theatre in creating immersive and visually compelling performances, bridging creative vision with practical stage execution (Elemi).
4. **Rasak Ojo Bakare** is a theatre scholar and choreographer whose work integrates technical theatre with dance and performance aesthetics. Holding advanced degrees in Theatre Arts and Choreography, Bakare combines academic research with practical application in stage productions, ensuring that technical design, movement, and visual storytelling are harmoniously aligned. His approach highlights the interdisciplinary nature of technical theatre in Nigeria, merging design, performance, and choreography into cohesive productions (Bakare).
5. **Ituen Bassey (Ituen Basi)** is a leading costume designer and theatre practitioner who blends fashion design with theatrical aesthetics. A graduate of Obafemi Awolowo University's Theatre Arts programme, Bassey has designed costumes for musicals, stage plays, and theatre productions, integrating cultural motifs with contemporary design. Her work exemplifies the critical role of costume and wardrobe design in shaping character identity, visual storytelling, and audience engagement in Nigerian theatre (Bassey).

Arts Administration and Creative Management

Arts and creative management careers involve overseeing productions, organisations, and projects within the creative and cultural sector. Research demonstrates that as theatre companies,

film studios, and creative hubs expand, there is growing demand for graduates who combine organisational, financial, and marketing skills with cultural literacy (Adeyemi and Olamide). Graduates in these roles often work in NGOs, donor-funded creative hubs, and cultural institutions, bridging artistic practice with management and policy implementation. This domain covers leadership, operational management, and strategic development within theatre and film organisations. Graduates may pursue sub-specialisations in production management, stage management, talent management, festival coordination, and cultural administration. Effective arts management requires not only administrative skill but also cultural diplomacy, as managers often mediate between creative teams, funding bodies, and audiences. Sub-roles include:

1. **Business Manager:** Business managers in the creative industries handle financial planning, project budgeting, fundraising, revenue generation, grant writing, and stakeholder relations. Their work ensures the financial viability of theatre organisations, film projects, and cultural enterprises. A notable examples include;
 - **Bolanle Austen-Peters**, founder of BAP Productions and Terra Kulture. Although she has interdisciplinary training, much of her work exemplifies the business management competencies that Theatre and Film Arts graduates adopt strategic financial planning, budgeting for large-scale productions (*Saro, Fela! The Musical*), and building sustainable creative institutions.
 - **Ifeoma Fafunwa**, founder of iOpenEye Africa, manages artistic and financial resources to support socially driven theatre projects, illustrating how business management intersects with advocacy and creative enterprise.
2. **Theatre Manager:** Theatre managers oversee theatre spaces, coordinate venue operations, supervise front-of-house teams, schedule programmes, implement audience development strategies, and manage facility logistics. In Nigeria, this role is quite vital, where theatre venues such as Terra Kulture, MUSON Centre, and University-based theatres are central to performance culture.
 - **Josephine Igoche**, a trained theatre manager from the University of Jos, has worked with the National Theatre, Lagos, coordinating programming, audience relations, and venue operations.
 - **Ayo Jaiyesimi**, co-founder of the Thespian Family Theatre & Productions, whose role involves managing performance venues, coordinating artistic programming, and building community engagement initiatives that support Nigerian theatre infrastructure.
 - **Mitchel Bare Adegbola**, an academic researcher and production manager who has managed productions like *Kurunmi, The Gods Have Spoken*
3. **Stage Manager:** Stage managers serve as the centre of communication and organisation during rehearsals and performances. They coordinate between directors, actors, designers, and technical teams; manage rehearsal schedules; and ensure smooth execution of live performances. This role is essential in both theatre and live events across Nigeria.
 - **Najite Dede**, a trained theatre practitioner known for stage management and directing in major theatre productions such as *Hear Word!* and *Make We Waka*.

- **Joshua Alabi**, Creative Director of Kininso Koncepts, who began his career in stage management before expanding into directing and producing, illustrating how stage management builds a foundation for leadership in the performing arts.
 - **Ibukun Fasunhan**, graduate of University of Lagos and trained stage manager with over 15 years experience.
4. **Location Manager:** Location managers work primarily in Nollywood and television, identifying, securing, and managing real-world settings for shoots. They negotiate permits, coordinate logistics, ensure safety, and manage relationships with community stakeholders. With the expansion of Nollywood into international co-productions and streaming platforms, the role has grown more prominent.
- **Adekunle “Dr. Klein” Adejumo**, who has served as a location manager for several Nollywood productions and Netflix-backed projects, overseeing location logistics in Lagos, Oyo, and Ogun states.
 - **Ladi Johnson**, a Theatre Arts graduate who has managed locations for films produced by the Africa Magic Original Films (AMOF) stable, demonstrating the increasing professionalisation of this field.
5. **Festival Directors and Art Curators:** Festival direction and arts curation are emerging and increasingly influential career pathways in Nigeria’s creative landscape. This career path focuses on designing, organising, and managing cultural festivals, film screenings, theatre showcases, and other live events that celebrate and promote the arts. Graduates in this field curate performances, select films or stage productions, and coordinate logistics, sponsorship, and audience engagement. Notable examples in Nigeria;
- **Bikiya Graham-Douglas – Beeta Arts Festival:** Her training and career reflect how Theatre and Film Arts graduates transition into festival leadership with strong artistic and managerial skills.
 - **Kenneth Uphopho – Lagos Fringe Festival:** A renowned director and alumnus of the University of Ibadan, Uphopho co-founded the Lagos Fringe Festival and curates performances that cut across theatre, dance, comedy, spoken word, and visual art.

Academia, Research, and Community Arts

Education, research, and community arts careers involve leveraging theatre and film for social development, civic engagement, and cultural preservation. Graduates may specialise in Theatre-in-Education (TiE), media literacy training, community theatre facilitation, academic research, or youth arts development. Studies indicate that these roles are often employed within NGOs, community initiatives, and government programmes to deliver educational or advocacy-driven performances (Yerima, Uwadima-Idemudia, and Yerima). These pathways emphasise the societal impact of theatre and film, extending career opportunities beyond commercial production. Graduates who enter academia contribute to the intellectual development of the discipline, advancing scholarship in theatre and film theory, performance analysis, cultural policy, and production techniques.

In the Nigerian context, theatre graduates play a crucial role as educators at primary, secondary, and tertiary levels. They teach subjects such as drama, creative writing, dance, film studies, and media literacy, thereby nurturing the next generation of creative practitioners. Many work as lecturers and researchers in universities developing curricula, supervising students, producing scholarship, and participating in national and international conference.

Many theatre graduates have distinguished themselves as academics, shaping the intellectual and creative foundations of the discipline across Nigerian universities.

1. **Professor Duro Oni**, an accomplished scenographer, designer, and former Deputy Vice-Chancellor of the University of Lagos, exemplifies this path through his contributions to theatre technology research, curriculum development, and creative scholarship.
2. **Dr. Tunji Azeez**, a respected playwright, director, and scholar at Lagos State University, has expanded the field through his work in media studies, performance analysis, and development communication.
3. **Professor Ahmed Yerima**, a leading playwright and former Director-General of the National Theatre and National Troupe, reflects the synergy between academic scholarship and national cultural administration, using research and playwriting to document Nigerian histories, identities, and philosophies.
4. **Dr. Cornelius Onyekaba**, known for his work in film studies, creative economy and applied theatre, demonstrates the increasing importance of research-led practice, particularly in areas that engage community narratives, social issues, and educational development. He also curates the Unilag Africaribbean Carnival which spans over 2 decades.

This pathway aligns with the demands of the Creative Economy, which recognises skills training and knowledge dissemination as essential drivers of creative sector growth.

Conclusion

The professional pathways available to Theatre and Film Arts graduates in Nigeria reveal a dynamic, multifaceted landscape shaped by cultural traditions, technological advancement, industry growth, and national development needs. Across performance, directing, technical production, arts management, education, research, and community arts, graduates continue to demonstrate the versatility and relevance of their training. The sector's expansion, driven by Nollywood's global influence, digital innovation, and the growing creative economy, has created new opportunities while deepening existing specialisations. The application of frameworks such as Holland's Theory of Career Choice and Creative Economy Theory further illuminates how theatre graduates navigate these diverse roles, aligning personal strengths with industry demands and contributing to value creation within the wider cultural ecosystem.

Examples of notable practitioners including acclaimed actors, visionary directors, leading technical experts, and influential scholars underscore the impact theatre graduates have made across Nigeria's creative and academic spheres. Their achievements affirm the discipline's capacity to produce professionals who are not only artists but also educators, researchers, managers, cultural advocates, and community facilitators. Ultimately, the varied career trajectories explored in this study demonstrate that Theatre and Film Arts remains a vital field with sustained

relevance in contemporary Nigeria. As the creative industries continue to evolve, the contributions of theatre graduates will remain indispensable to national identity formation, economic development, and the ongoing transformation of Nigeria's cultural landscape.

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Explaining Digital Humanities

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INTRODUCTION

Sir, what is digital humanities? This was a question a junior colleague who just started her Master's program at one of the universities in Nigeria asked in 2023. My response though, was, what else can the digital humanities be other than an emerging sub-field in the humanities? This question posed by the junior colleague in regarding the definition of digital humanities highlights a significant disparity in its recognition and adoption in the country. While the field is relatively established in places like the UK and the US, it remains under-researched within Nigerian universities. This is despite the pervasive influence of digital technology across various sectors in Nigeria, including business, education, libraries, and governance, and its integration into everyday activities like shopping, banking, and healthcare. The initial response to the question, framing digital humanities as an emerging sub-field within the humanities, underscores the need for greater awareness and exploration of its potential within the Nigerian academic landscape.

The humanities are undergoing a significant transformation through the integration of digital technology. This digital shift impacts various aspects of the humanities, including research methodologies, funding opportunities, and the perceived value of artistic expression. Furthermore, it influences the development of infrastructure, incentive structures, and fosters a greater sense of interdisciplinary collaboration. Ultimately, this digital integration leads to the creation of highly networked humanities characterized by new knowledge production processes and outputs (Patrik Svensson 2009)

This article serves as an introduction to the field of Digital Humanities. It focuses on clarifying the meanings of key terms such as digital, digitalization, and humanities themselves. Rather than providing an exhaustive overview of digital advancements in the humanities or examining specific projects, this paper aims to establish a foundational understanding of the concept of Digital Humanities. It achieves this by presenting various perspectives from distinguished scholars in the field and directing readers to accessible and updated resources for further exploration.

Humanities, The Digital, and Digitalization

The exploration of digital humanities requires a foundational understanding of its core components: the humanities, the concept of digital, and the process of digitalization. The exploration will begin by defining the humanities as a field of study. It then moves to clarify what "digital" means in this context, followed by an explanation of digitalization. Finally, it examines how the humanities have adopted and integrated digitalization to advance their research, teaching,

and public engagement. This groundwork is essential for a thorough evaluation of the digital humanities sub-field.

The term Humanities, derived from the Latin "Humanus-Humanitas," encompasses human nature, civilization, and culture. It signifies the quality of being human, distinct from humanism, which involves specific philosophical beliefs, and humanitarianism, which focuses on charitable endeavors. According to Wikipedia, the term originates from the Renaissance Latin phrase "studia humanitatis," meaning the study of humanity. This expression historically referred to the study of classical literature and language, considered essential for a well-rounded education during the Renaissance period. The term *studia humanitatis*, or humanities, encompasses all fields of study that are not classified as sciences. This broad category includes the arts, such as literature, music, history, and photography, as well as recreational and performing arts. It also encompasses the study of religion, including natural, Christian, and comparative theologies, church history, and denominations. Furthermore, the humanities include philosophy, covering metaphysics, epistemology, logic, ethics, and various philosophical schools from ancient to modern times. Finally, languages, such as English and French, are also considered part of the humanities, distinguishing them from the social and natural sciences (Humanities ND).

Anne Burdick et al (2012) highlight the shared ground between the humanities and the sciences, emphasizing their common commitment to intellectual rigor and free inquiry. While acknowledging that the humanities may employ empirical methods, they are not defined by strict empiricism. Instead, the humanities prioritize exploring questions of worth, cultural significance, and deeper meaning, recognizing the urgent need to address these aspects of human experience (Anne 2012 p4). Schreibman et al., (2004) summarize that the humanities encompass a broad range of disciplines, including archaeology, art history, classics, history, lexicography, linguistics, literary studies, music, multimedia, performing arts, philosophy, and religion. These fields collectively strive to define culture and deepen our understanding of the human experience. By exploring various facets of human expression and thought, the humanities provide valuable insights into what it means to be human.

The term "digital," as defined by the Cambridge Dictionary, primarily relates to digital signals and computer technology. It encompasses technologies like digital recording, digital cameras, and digital television. A digital signal itself is characterized by expressing data as a series of distinct values. Computer technology, a subfield of computer science, includes key areas such as programming, networking, hardware, and software. Furthermore, "digital" also refers to the method of recording or storing information using a series of 1s and 0s, representing the presence or absence of a signal. Kinza Yasar (Nd) clarifies the definition of "digital" by explaining that it refers to electronic technology that handles data using positive and non-positive states. The positive state is represented by the number 1, while the non-positive state is represented by 0. Consequently, data in digital technology is expressed as strings of 0s and 1s. Each individual 0 or 1 is called a bit, and a group of bits that a computer can address as a single unit is known as a byte. Comprehensively, therefore the term "digital" encompasses a wide array of technologies and content formats that rely on digital processing and representation. This includes diverse areas such as virtual reality, audiobooks, digital music, mobile apps, digital arts, digital communication, digital media, podcasts, and digital marketing. Essentially, anything that utilizes digital technology for its creation, distribution, or consumption can be considered digital.

The core concept of digitalization revolves around the transformative adoption of digital tools. This adoption can manifest in two primary ways: the creation of entirely new products and services, or the modification and enhancement of existing ones. Digitalization impacts not only the products themselves but also the operations and services surrounding them. It's important to distinguish digitalization from digitization, which specifically refers to the conversion of analog information into a digital format. Therefore, while digitization is a component, digitalization encompasses a broader strategic shift towards leveraging digital technologies (<https://en.wikipedia.org/wiki/Digitalization>)

Digitalisation, as defined by Hannah Sausen (2020) citing Parviainen et al (2017), involves integrating digital technologies into various aspects of life. It encompasses the conversion of analog data, such as printed images, videos, and text, into digital formats. More broadly, digitalisation signifies the adoption of digital technologies across processes, organizations, businesses, and other societal domains, fundamentally changing how these areas function. Over the last two decades (Lorella Viola 2023), digital tools, technologies, and infrastructures have become increasingly crucial in shaping how we understand, preserve, manage, maintain, and share digital objects. This shift is particularly evident in traditionally object-centered fields like cultural heritage, where digitization has become standard practice. Heritage institutions, including archives, libraries, museums, and galleries, are consistently digitizing vast amounts of heritage materials.

Explaining Digital Humanities

The field of Digital Humanities (DH) evolved from Humanities Computing, expanding to encompass disciplines like media studies, social computing, and humanistic computing. Its origins can be traced back to the 1940s and 1950s, with pioneering work by figures such as Fr. Robert Busa (1913-2011) and Josephine Miles (Angelo Stagnaro 2017, Rachel Sagner Buurma and Laura Heffernan (2018). This historical foundation highlights the long-standing intersection of computational methods and humanistic inquiry that defines DH today.

The field of Digital Humanities (DH) is characterized by ongoing efforts to define its scope and boundaries. As noted by Claire Warwick (2012), these definitions are often transient, susceptible to obsolescence, or overly restrictive due to the field's continuous growth and evolution. This inherent dynamism makes pinning down a single, definitive explanation challenging. The definitions that follow are drawn from a series of YouTube video documentaries compiled by Róbert Péter in 2021, offering a snapshot of perspectives on DH at that point in time. Further, the digital humanities represent an interdisciplinary field where the methodologies and tools of science and technology are applied to humanities research. It's a collaborative and creative space that enables scholars to explore research questions in ways that wouldn't be possible without the aid of computers. Essentially, it's about leveraging digital tools and techniques to advance our understanding of human culture, history, and society.

Digital Humanities, as defined by Elli Bleeker, a scholar in manuscript studies, text modeling, and XML technologies for text modeling, involves applying digital technologies and methodologies to humanities studies, uniting disparate information for collaborative scholarly analysis. Roderick Coover, Professor of Film and Media Arts, School of Theater, Film And Media Arts, expands on this, stating that digital humanities utilizes digital technologies to explore novel questions through innovative methodologies and practices. Essentially, it's about leveraging digital

tools to enhance and transform humanities research. Digital humanities, as defined by Emeritus Professor Kathryn Sutherland, Faculty of English, University of Oxford, involves applying quantitative methods to address existing challenges within humanities disciplines. It's characterized as a convergence of different fields rather than a standalone discipline. The core idea is to leverage computational tools and techniques to analyze and interpret humanities-related data, offering new perspectives and insights. Matthew Vincent, co-director of the National Inventor with the American Center of Research in Amman, Jordan, defines digital humanities as the application of computational techniques to cultural heritage. He characterizes this field as a "miracle" due to its unique ability to bridge the gap between traditionally disparate areas, such as practice and theory, as well as the humanities and other scientific disciplines. This interdisciplinary approach allows for new perspectives and methodologies in understanding and preserving cultural heritage.

The definition of Digital Humanities (DH) has been a subject of ongoing debate, with no definitive scholarly consensus reached over the past decades (Róbert Péter 2021). This lack of a clear definition, as highlighted by Matthew Milner, stems from the expansive possibilities that the digital age offers to humanities scholarship. A core question in this debate revolves around whether DH represents a distinct field separate from traditional, analog humanities, or if it simply involves the adaptation and application of digital technologies and media to existing humanities disciplines (Matthew Milner (2012)).

Some scholars, including Allington et al. (2016). and Brennan (2017) i, have expressed concerns about the integration of digital methods into the humanities. Their argument centers on the belief that this incorporation may compromise the core principles of the humanities, specifically agency and criticality. They suggest that the digital realm could potentially "pollute" or undermine these essential aspects of humanistic inquiry. Lorella Viola (2023) critiques the early opposition to Digital Humanities, noting that the "digital" was often portrayed as an immaterial, agentless, and ultimately untrustworthy force. This perspective framed the digital as a threat to the authenticity and authority of original sources. Lorella Viola (40) argues that these criticisms failed to engage with the complexities of digital tools and methods, instead reducing the digital to a simplistic, non-human entity lacking critical agency. This oversimplified view hindered a more nuanced understanding and application of Digital Humanities.

The discourse surrounding Digital Humanities (DH) raises fundamental questions about its nature and scope. Key among these is defining the criteria that qualify a project as belonging to DH. Whether DH possesses sufficient unity to be considered a distinct disciplinary field, complete with its own standards and subfields. Also, a central point of inquiry in the discourse is whether DH is primarily about applying computational methods to humanities research or if it represents a more profound shift towards computational and algorithmic thinking within the humanities. Furthermore, the debate considers whether DH signifies a genuine paradigm shift in how humanities research is conducted and understood (Róbert Péter 2021). Ultimately, these discussion seeks to clarify the boundaries, common practices, and unifying elements within the diverse applications of Digital. These debates surrounding the definition of digital humanities have spurred significant insights from scholars in the humanities. These insights have largely clarified the concept, effectively addressing and, to a great extent, resolving the initial arguments and ambiguities that surrounded its definition. The field has matured to a point where a shared understanding is emerging, overshadowing previous disagreements.

David M. Berry (2019) argues that understanding the digital humanities requires a shift in perspective. Instead of viewing digital technology as an external force encroaching upon academic disciplines, scholars should recognize that computer networks, especially the internet, have fundamentally altered the accessibility and usability of digital resources worldwide. This perspective highlights the transformative impact of digital networks on scholarly practices. Access to information has significantly transformed research capabilities within the arts and humanities. The field of digital humanities is a testament to this, as it integrates knowledge and methodologies from diverse disciplines such as language, literature, history, music, media and communications, computer science, and information studies. By merging these varied perspectives, digital humanities provides a novel framework for exploring and understanding complex research questions. This interdisciplinary approach allows for a more comprehensive and nuanced analysis than traditional methods might offer (David. M Berry 2019).

In his introduction to *What Is Digital Humanities and What's It Doing in English Departments?* Matthew G. Kirschenbaum (2010) quoted Cynthia Selfe that, people who say that the last battles of the computer revolution in English Departments have been fought and won don't know what they're talking about. He asserted that if our current use of computers in English studies is marked by any common theme at all, it is experimentation at the most basic level. As a profession, we are just learning how to live with computers, just beginning to integrate these machines effectively into writing- and reading-intensive courses, and just starting to consider the implications of the multilayered literacy associated with computers.

The integration of digital technology is not only crucial for English Departments but also holds significant relevance for other humanities disciplines such as music, theatre arts, film studies, religious studies, philosophy, and language studies (including African languages like Igbo and Yoruba, as well as languages like French). These departments are increasingly recognizing the potential of digital tools to enhance and diversify their educational approaches, ultimately contributing to the advancement of the education sector as a whole. The adoption of these technologies allows for innovative teaching methods, broader access to resources, and new avenues for research and creative expression within these fields. Concretely speaking, the digital humanities cover a wide range of subjects, such as compiling online primary source collections, integrating methods from traditional humanities disciplines such as rhetoric, history, philosophy, linguistics, literature, art, archaeology, music, and cultural studies and social sciences, and it encompasses both digitized and born-digital materials, utilizing computing-provided capabilities including digital mapping, digital publishing, data visualization, hypertext, hypermedia, information retrieval, data mining, and statistics. According to Wikipedia online, the field of digital humanities is interconnected with several other academic disciplines. These related areas include software studies, which examines the cultural and social impact of software; platform studies, focusing on the specific characteristics and effects of digital platforms; and critical code studies, which analyzes the underlying code of software to understand its implications. Furthermore, fields like new media studies, information science, media theory of composition, game studies (particularly concerning the design and creation of digital projects), and cultural analytics share common ground and contribute to the broader understanding of digital humanities. These disciplines often intersect and inform the methodologies and perspectives used within digital humanities research and project development.

The field of digital humanities is increasingly utilizing computational methods to analyze large datasets of cultural information (Roth 2024). A defining characteristic of digital humanities projects is their collaborative nature. These projects often involve diverse teams or labs comprising faculty, staff, graduate and undergraduate students, IT specialists, and external partners from institutions like galleries, libraries, archives, and museums. This collaborative approach distinguishes digital humanities from more traditional humanities research, which is typically characterized by sole authorship.

Computational techniques are increasingly utilized in the digital humanities to explore existing research areas and challenge established theoretical frameworks. This application of computational methods leads to the formulation of new research questions and the development of innovative approaches to understanding humanities subjects (Grant 2012). The integration of computation allows for a fresh perspective, pushing the boundaries of traditional humanities research. Digital Humanities therefore presents significant opportunities to re-evaluate the role of humanities within society. Scholars in this field are redefining the scope of humanities research, providing innovative perspectives on both historical and contemporary cultures. This transformation allows for new understandings and interpretations of our world, past and present (David. M Berry 2019).

Digital instruments have facilitated the integration of the humanities into broader societal culture. The emergence of digital humanities as a sub-field allows individuals, particularly humanities scholars, to connect with places they haven't physically visited. This connection enhances their understanding of the past and its significance for the present and future, as highlighted by David M. Berry (2019). The digital humanities, therefore, serve as a bridge, linking historical context with contemporary relevance through accessible digital tools and resources. The Digital Humanities (DH) have significantly broadened the scope and influence of humanities disciplines. This expansion is evident not only within academic settings but also, and perhaps more crucially, beyond the confines of academia. The integration of digital tools and methodologies allows for new forms of research, analysis, and dissemination of knowledge, ultimately enhancing the impact and relevance of the humanities in the wider world (Anne Burdick et al 2012; 4).

Digital humanities projects are revolutionizing how we engage with history and culture. By leveraging digital technology, we can now connect with the great minds of the past in new and immersive ways. Furthermore, digital platforms are fostering connections between cultures and communities through access to digital art museums, concerts, theatre performances, and virtual reality experiences. This digital exposure enhances understanding and appreciation across diverse backgrounds.

Digital humanities significantly broadens our understanding of global cultures (Humanities ND), fostering greater respect for them. The integration of digital technologies, media, and evolving social models is reshaping public life and creating novel avenues for intellectual exchange. This digital shift also influences how humanistic research and artistic creations are disseminated and engaged with in the public sphere (Matthew Milner 2012), marking a significant transformation in the landscape of humanities.

Catherine et al. (2023) highlight a growing trend where scholars, previously unfamiliar with digital research methods, are increasingly utilizing social media and digital tools. This shift is largely driven by the accessibility of data and the availability of tools that facilitate large-scale

data collection and analysis. The ability to, for example, scrape millions of tweets from platforms like Twitter and employ tools for efficient data coding has sparked significant interest among researchers studying online phenomena such as activism, harassment, violence, and racism. The digital transformation compels scholars in the humanities to revisit core questions about knowledge creation and pedagogical approaches for future generations (Lorella Viola, 2023 p29, 30). This transformation is not a passing trend but a permanent shift in society, academia, and the overall process of knowledge creation. It necessitates a fundamental rethinking of how we approach these areas within the humanities.

Summary and Conclusion

This article addresses the question, "What is Digital Humanities?" and explores its definition, scope, and impact, particularly in the context of its emerging recognition. It begins by defining the core components: the humanities, the concept of digital, and the process of digitalization. The humanities, rooted in the study of human culture and civilization, are being transformed by digital technology, influencing research, funding, and interdisciplinary collaboration. "Digital" refers to electronic technology using binary data, while "digitalization" involves integrating digital technologies into various aspects of life, from creating new products to modifying existing ones. The paper also traces the evolution of Digital Humanities (DH) from Humanities Computing, highlighting its interdisciplinary nature and the ongoing debate surrounding its definition.

DH involves applying digital tools and methodologies to humanities research, enabling scholars to explore questions in innovative ways. While some scholars have expressed concerns about the potential impact on the core principles of the humanities, others emphasize the transformative impact of digital networks on scholarly practices and the accessibility of digital resources. The article emphasizes the collaborative nature of DH projects and the use of computational methods to analyze large datasets of cultural information. It also highlights the opportunities DH presents for re-evaluating the role of humanities in society and connecting with the past in new and immersive ways. Ultimately, DH broadens our understanding of global cultures, fosters intellectual exchange, and compels scholars to revisit core questions about knowledge creation and pedagogical approaches. The increased accessibility of literary and historical artifacts through online platforms and digital databases is a key impact, making content more widely available than previously possible.

This paper introduces the concepts of digital, digitalisation, and the humanities, emphasizing the crucial role of digital humanities in the future of traditional humanities disciplines. Digital humanities utilizes computer-based technology to create digital tools and databases for texts, artworks, and other artifacts. A key impact of digital humanities is the increased accessibility of literary and historical artifacts through online platforms and digital databases, making content more widely available than previously possible with print formats.

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